



rajneesh
spontaneous talks

STOP



DROP
DEAD





spontaneous talks
mystic rose gatherings

world tour 2010
europe



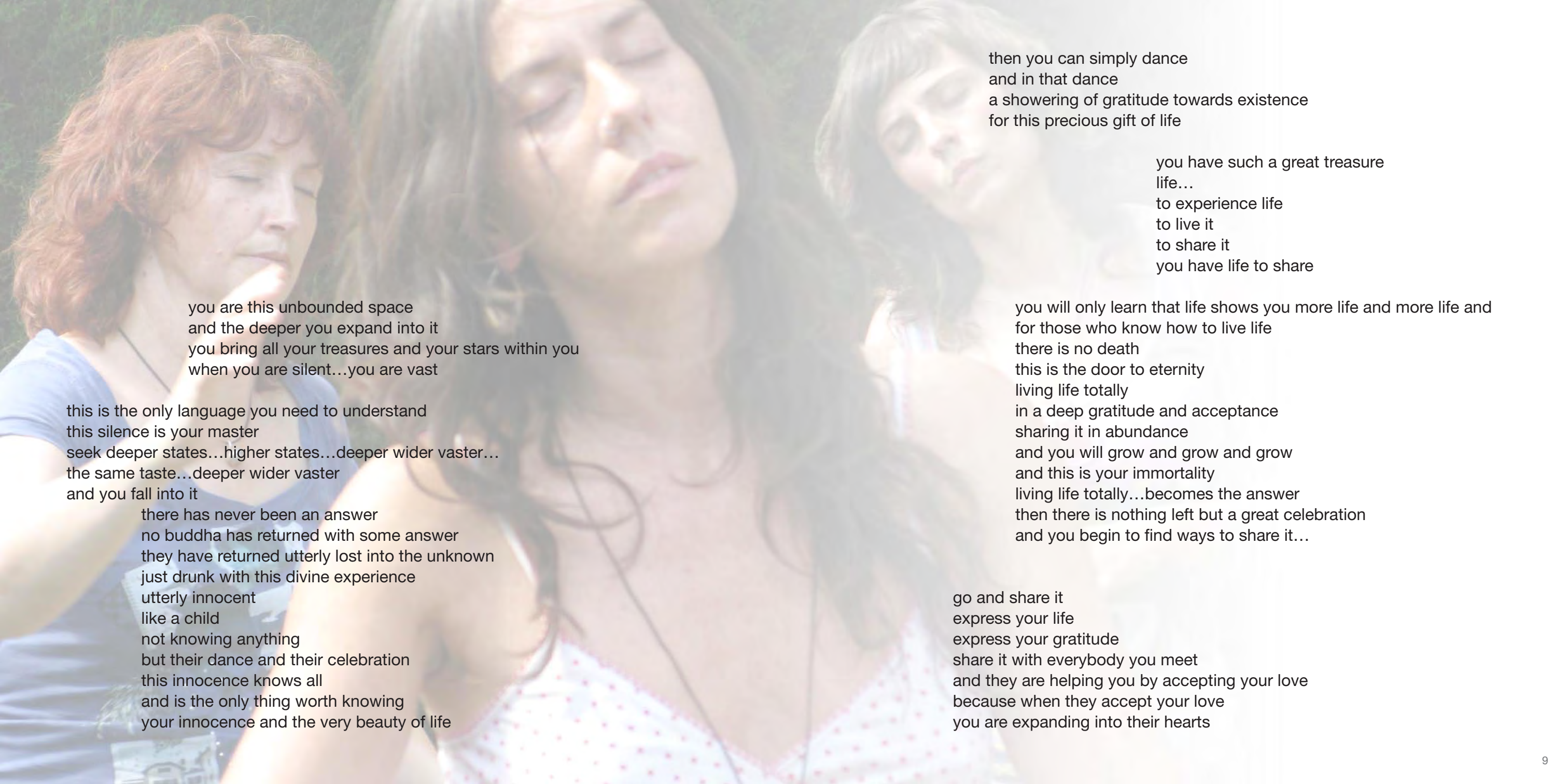
mystic rose gathering

rajneesh enters
everything becomes still
sitting in silence with closed eyes
soft music playing
the music builds into a rhythm
rajneesh gets up and we all move into dance
dance dance dance ...higher and higher to a peak...peaked crescendo
stop
the music stops
everything stops
we sit still in deep total silence

this silence...this stillness...is you
this is your inner voice speaking to you
the art of listening to the inner...
the silent contentment within you
you are made of this
and if you can taste it...drink it
you are understanding your inner nature
there is nothing to understand...but to dissolve into it...
and silence dissolves
it is the only answer...and nothing is heard
just an overwhelming showering of silence

such grace...such beauty opens its door to you
and in this silence
you connect to the whole universe
nothing can stop this silence from spreading
you are touching the sky

spain
san sebastian
5 june 2010



then you can simply dance
and in that dance
a showering of gratitude towards existence
for this precious gift of life

you have such a great treasure
life...
to experience life
to live it
to share it
you have life to share

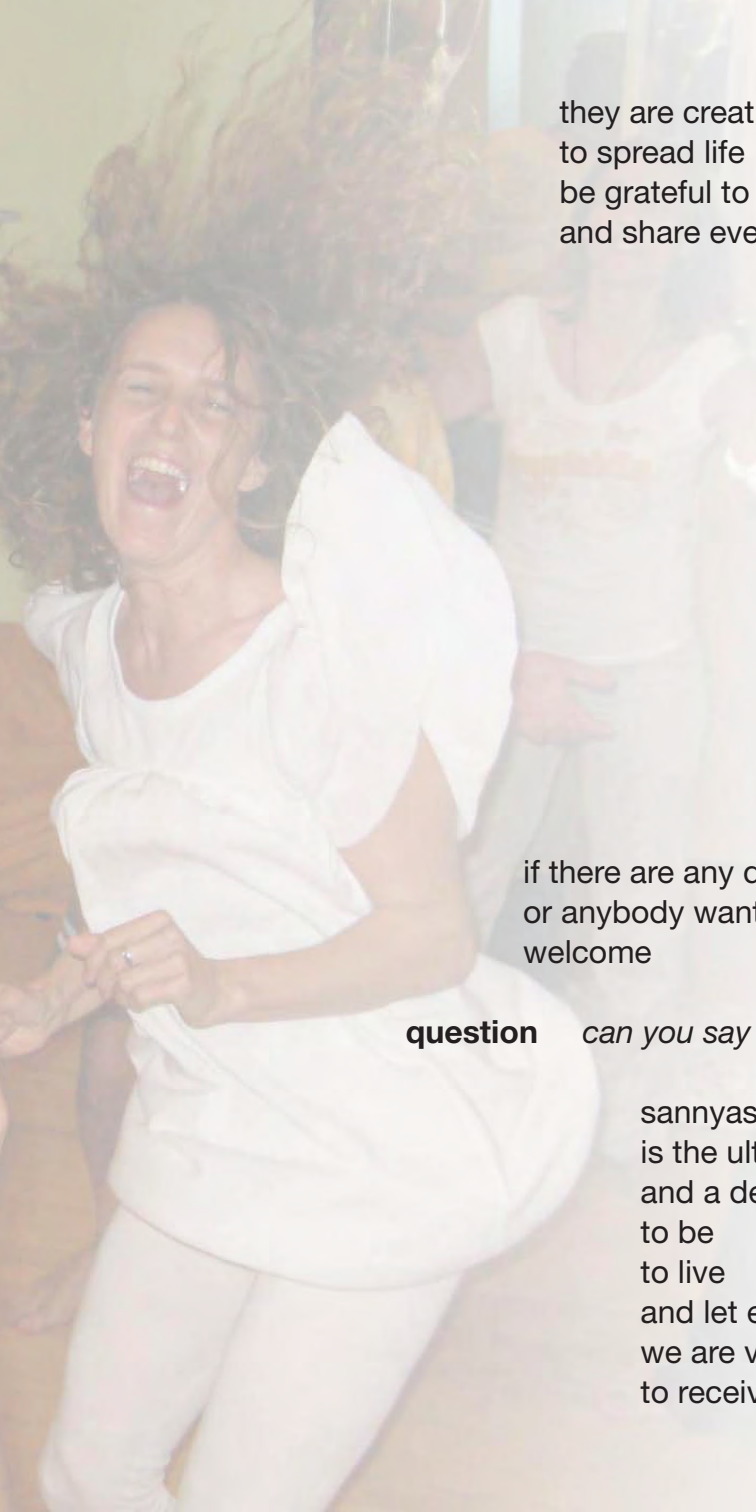
you are this unbounded space
and the deeper you expand into it
you bring all your treasures and your stars within you
when you are silent...you are vast

this is the only language you need to understand
this silence is your master
seek deeper states...higher states...deeper wider vaster...
the same taste...deeper wider vaster
and you fall into it

there has never been an answer
no buddha has returned with some answer
they have returned utterly lost into the unknown
just drunk with this divine experience
utterly innocent
like a child
not knowing anything
but their dance and their celebration
this innocence knows all
and is the only thing worth knowing
your innocence and the very beauty of life

you will only learn that life shows you more life and more life and
for those who know how to live life
there is no death
this is the door to eternity
living life totally
in a deep gratitude and acceptance
sharing it in abundance
and you will grow and grow and grow
and this is your immortality
living life totally...becomes the answer
then there is nothing left but a great celebration
and you begin to find ways to share it...

go and share it
express your life
express your gratitude
share it with everybody you meet
and they are helping you by accepting your love
because when they accept your love
you are expanding into their hearts



they are creating a space for you
to spread life
be grateful to those you meet
and share everything that you have
the other is you
living the same expressions of life
life does not separate its sources
it is flowing everywhere
the sun shines everywhere
and the only learning is how to share
just for the very nature of sharing
and it is such a great reward
so fulfilling...that you realize the gift of life
life is so precious
that you can feel...experience deeper...
this inner search is the ultimate
live your life totally

if there are any questions
or anybody wants to say anything
welcome

question *can you say what is sannyas ??*

sannyas
is the ultimate freedom
and a declaration of freedom
to be
to live
and let everybody live their lives totally
we are very blessed
to receive sannyas from osho

totally unconditional
accepting you exactly the way you are
not creating any conditions
none
total acceptance
into this buddhfield of bhagwan
no rejection...especially for women
sannyas was never allowed to women
and women are three fourths of humanity...
women are not half of humanity
she creates two children
that is three...three souls
and one man
the woman is three parts of this world
and sannyas was never allowed to women !
sannyas was allowed to men
but only under many conditions
leave your home
leave your family
leave your life
osho sannyas is total freedom
a total acceptance
of everything in life as it is
and shows you how you can transform the world into paradise

sannyas is such a vast experience
it cannot be spoken
it can only be lived
the moment you dive into sannyas
a new universe opens for you
and that universe is no ordinary universe
you are entering the buddhfield and the mystery school
of the great masters

suddenly you are part of that family
of the millions of seekers of truth
your very taking of sannyas
proclaims that you are open...available
and you will be receptive to all that is showered upon you

the moment you receive your sannyas
a new life begins
you have a silent guide
the master is a silent guide
he knows
you do not know...
he gives you his eyes
you give him your heart
and slowly slowly he will pull you
and bridge you to the universal

it is a very mysterious journey
you are connecting to millions of souls
who have all decided
that they are willing to understand the truth of their being
and they have entered the heartbeat of millions of seekers
they are no more ordinary
they may not realize it then
it may take time for that realization to dawn upon them
but in that moment of sannyas
the master is watching
the sky is open
and the miracle is happening

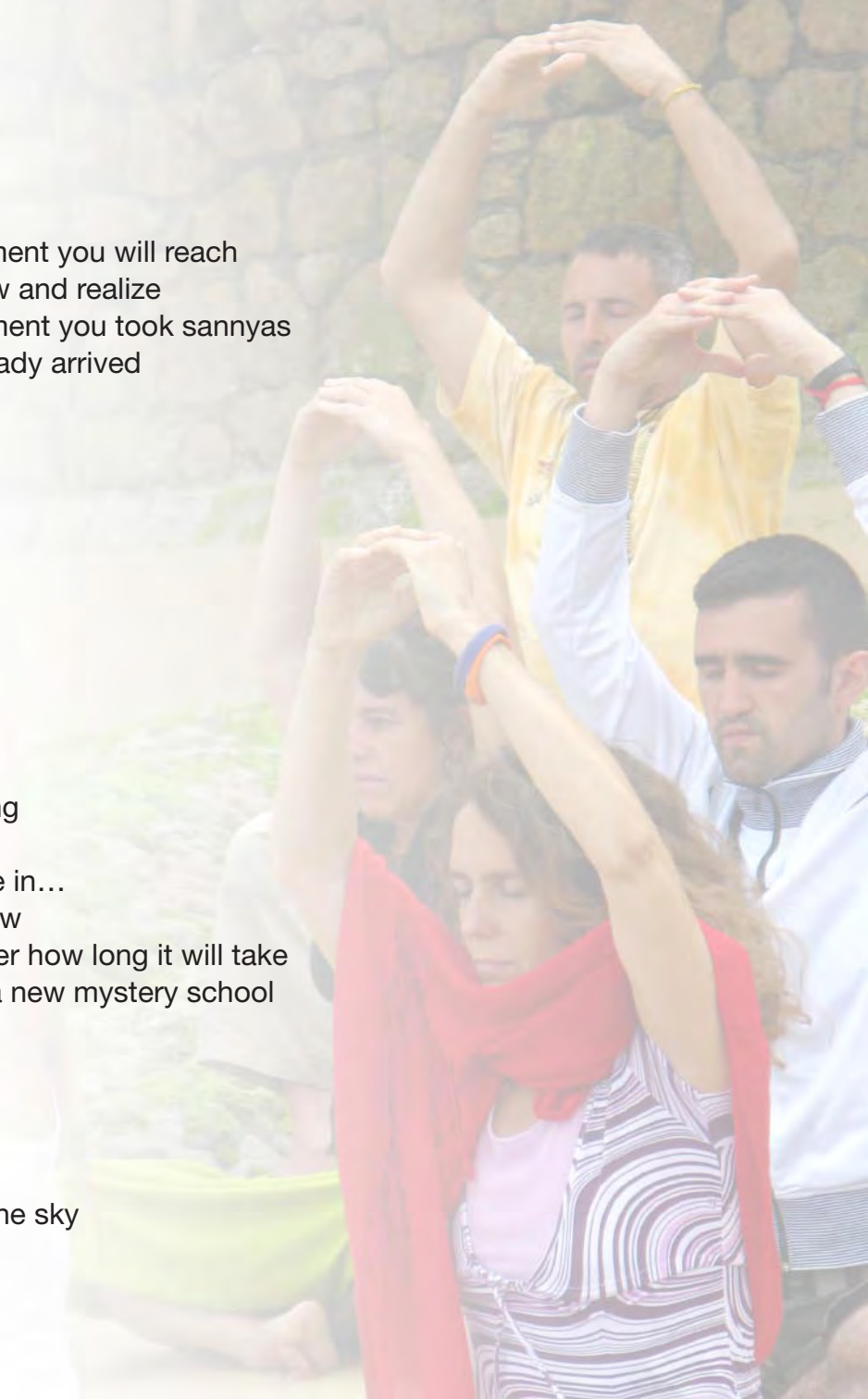
it has already happened
faster than the speed of light
you are already enlightened
now you need to wait
just wait for your rebirth

and the moment you will reach
you will know and realize
that the moment you took sannyas
you had already arrived

when the disciple is ready
the master appears
he has always been there
he has always been watching
but you were not ready
when the disciple is ready
the master comes for you...

that is sannyas
he is present...
you are searching
it is a mystery
you need to dive in...
and you will know
it does not matter how long it will take
now you are in a new mystery school

the master is a mother
a big womb
a big hara
a vast ship floating in the sky
you are one with it
just waiting



remember one thing
i do not give sannyas
my hands are too small
i simply watch the miracle
i do not do anything
you do not do anything
you cannot receive it...
it cannot be given to you...

the moment you will come home
you will understand
that you already had it
all the master did is to help you disappear

so i do not give sannyas
i do not give anything
i have stopped giving...
nothing to give
nothing to receive
strange ??

so do not think that i am giving sannyas tomorrow
i only watch...in wonder
this great happening of sannyas !
we always celebrate
those who know the secret
they know

the mala is a chain...
a big chain of love around your neck
now start crying !

after that...this chain will be around your neck
what to do...love is love
the mala is a chain of love around your neck
until you dissolve into it
until your heart beats like one...
and you are gone

anybody
hmm...afraid ??
only nartan ?
be very afraid
you are not afraid of sannyas ??

you are going to die
better be afraid !
fear is very good
do not worry...but fear...yes...
fear makes you alert
danger awakens you
be afraid !!

hahaha
bhagwan is lsd
osho is pure lsd
pure...the best stuff

wait...wait...
you know all my secrets now...what can i do ?
we are banditos !
we just came from mexico...

you are the ultimate drug
the ultimate ecstasy is you when you are total
when you are total...samadhi enters into your being
it is so intoxicating

that is why it can give you wings
it is the ultimate drug
it awakens you
it shows you what is behind the wall
and it is a psychedelic world
this world of matter...and the world of light
how they are dancing hand in hand together

through these eyes you can see the matter
and with closed eyes...in this ecstatic state...everything is light
everything is awakened
it is the greatest dream awakening
you can never go to sleep again
the moment you will close your eyes the inner window opens
just a psychedelic experience of light
that is the lsd in you
and that is the only contentment
the only search

you need to find that inner drug...illumination
and it is simple
it is your very birthright
existence has given it to you as a gift
that is the search...the greatest search
and this very simple ordinary finding
makes you laugh...sing...dance...celebrate

have you seen children when they look ?
their eyes are twinkling
what are they seeing ?
mind has not entered
they are still looking at the light
they are looking at everything in a psychedelic way
they can see the feather like energies

the auras of trees and rocks and plants and the water
this is exactly the drug you are searching for
you are blessed

hmmm...
enough for today
take what you have and rest
have a deep sleep
let it enter deep in your sleep
absorb
sleep and be refreshed for tomorrow
hmm...





spain
san sebastian
4 june 2010

this emptiness...this absence...
is a vast pool of silence...presence...just a mirror...
you come to a mystic to get a taste
once you have the taste of looking in
and if you have truly understood this simple clarity
the miracle is everywhere...
wherever you go you will see the same mirror
this whole existence is a mirror
the whole existence is mirroring truth
this beautiful nature
the trees...rivers...mountains...waterfalls...
nature is a pure mirror
totally uncorrupted and uncontaminated
each leaf and each blade of grass
is mirroring truth

except human ego...there is not a drop of lie in existence
we are away from nature and not mirroring truth
there is nothing ugly in existence...just naturalness
the whole existence lives in harmony and flow...
it simply mirrors existence and the truth
you can see a waterfall...millions of drops of water cascading...
you can see the ocean...millions and millions of waves of the ocean...
all waving...flowing in a total natural state

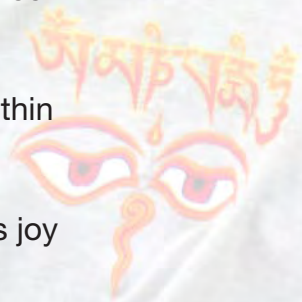
the sound of the each drop of the waterfall...pure truth
not one drop fighting
it is simply pouring...pure energy
that is the mirror of truth...
we miss because we do not know how to listen
we do not know how to look
we do not know how to feel
the moment you understand this message
this beautiful existence is reaching out to you


you will feel compassion for those who do not live naturally
for millions of people who are suffering because they are living unnaturally
not in harmony with themselves...with that that surrounds them
the moment they will find that rhythm of truth
they will understand the truth is everywhere
and everything that they come across is a living master
if you have the eye to see...feel...and understand
truth is everywhere
wherever you will go you will experience the same emptiness
the same silence...the same showering
the buddha is utterly ordinary
pure ordinariness
the awareness that everything is perfect
and there is no more struggle to be special

just close your eyes...go into your heart
and you will find it silently present
go into your heart...find your own beauty
if you can feel me herenow...why can you not feel yourself ?
you are closer to yourself...i am still far away
why not move within and ask this question
by becoming the answer to yourself

i have searched the last twenty years for people
who have the courage...the honesty...the simplicity
and the beauty to move inwards
i am only searching such people...that is why i am in such joy
when i find people something awakens in me...i beginning to dance...

it is like walking in a desert and seeing only desert
and then you find a beautiful oasis of beings searching within
such a joy !
we need to find such beautiful beings
we need thousands of buddhas to share this love and this joy
it is not about one person...it is about each one of us...
people are very happy to meet me
you cannot imagine how happy i am to meet people





you search...i too am searching
a different search but i am searching too
i am always grateful to those who come
and are ready to listen to their own inner being
it is so rare to find human beings
who find time for their inner self
for their inner journey...for truth
you cannot find such beings anymore
we are lost in this world...making a living
everybody is making their living...not living their lives
just rushing outward...blindly following their dreams and desires
not for their survival...just for desires to accumulate more...

life is so precious
it is the ultimate value
in your search for truth you learn to value your life
and the life which is given to you by existence
this inner search is a gratitude towards existence
a deep thank you for this wonderful mystery of life

that is why i say...when you sit in meditation
the whole existence starts supporting you
because you have began to listen to existence itself
existence will look out for you

and whosoever has gone on the inner journey
has never returned empty handed
you always win...
it may take time but you never lose
and whatsoever you have to lose...you are going to lose it anyway
what you can take with you is your love...your light...your compassion
and that is the ultimate treasure...this is the path

question *could you specify a bit more how is the process
to go up and up and up ?*

up and up and up and up !!!!
let go...let go totally
just let go and see where the energy takes you
do not desire...higher and higher

it will pull you higher and higher...
just sit...be silent
gather a pool of stillness
deep and balanced
a still...silent...pool of energy
feel it in your heart
feel it and start moving and dance
let the heart guide you
the heart will find the way
it will find the way

you do not interfere...just go into dance
totally...totally...totally...totally...
just dance totally wherever you are
it knows how to go higher
and life moves in abundance
the higher you go...the higher you go...the higher you go
it finds the balance...it moves into balance...

it cannot go higher when it knows to the right it may fall
it cannot go higher when it knows to the left it may fall
it finds the balance
it finds a way to move in balance and rhythm
and something in you will guide you...
 go totally into dance
 you will be lost...completely gone
 you will not be there to find where you are
 when the whole body is in dance...you will disappear
 that dance will remain and you will watch the miracle
 you have reached the state beyond the mind
 you cannot go beyond the mind with the mind
 you can go beyond only when you are total and in let go
 do not guide it...let it guide you
 it knows...it is the master within you

do not try to find the master
the master will find you when you are absent
you move out of the way
you find ways to get lost in anything that you do
it can be swimming...it can be cooking...it can be cleaning the floor
just be totally lost and absorbed in the act so there is no duality in you
 just washing the floor...wash the floor totally
 just brooming...brooming...you are not there
 anything that you do...do it totally
 with the totality of your heart and your being
 body mind emotion...all oneness...
 this totality makes you disappear
 body mind emotion...action
 this act is coming from such a totality
 that nothing is left behind
 then you are absent...totally present...
 a state of grace flows through you

that is why living in zen...each and every act is meditative
live meditatively and totally
so you disappear within the act
and the moment you disappear
the whole space becomes one with you
the whole power of this universe
you can feel the pulsation
you are not separate from the ocean of life

totality dissolves...makes you one
in harmony with everything that surrounds you
do not think how to raise higher
see how to disappear
do any act totally
any small act...do it totally
i always say that the greatest act is the smallest act
just moving the hand can be so total
and if you cannot be total while moving your hand
what else can you do ?
 begin by doing small acts totally
 and it will spread as a way of life into your whole form
 walking walk...sitting sit...eating eat...
 and reduce all that work that you are doing mechanically unconsciously
 your action is not total
 half of it is complete...half of it is incomplete...that is called misery
 any incomplete act is an accumulation of misery
 of not having lived the full act
 even if you are a simple farmer or a beggar on the road

just do what you are doing totally and there will be contentment
anything...choose anything that you do everyday
watch your simple action...see the source
feel through the heart and simply do it
right or wrong is not the question
just simply follow it
and you will be always right
when you do not follow it...everything is wrong...

question *can i ask you a question ?
i feel very tired...i have so much fighting with myself inside
taking care of so many people and their troubles...*

take a holiday !
you are always taking care of others
of their problems...this people...that people
when do you have time for yourself ?

now you come here
and you see us all dancing and in celebration...such joy
you can see the contrast even more
if you were living in the world
and just shopping and living day to day life
you will not feel so much pain
you will feel more pain than others because this is your work
everyday you are seeing people
and you wonder when will i live for myself ?
you are going to be in deep misery
the ones who own centres like this are in misery
the doctor is always going to the patient
and slowly slowly they become sick
all doctors are sick
all psychoanalysts are mad because that is their job

they need a holiday from psychoanalysis
i have seen people giving massage totally sick and burnt out
they absorb too much...they do not know when to stop
people who run centres are the most miserable people

nobody is interested in truth
people are interested in lies
lies are a great consolation
very comfortable
it pays you...
this society pays you to lie and remain silent
everything is beautiful and correct
they do not want to admit they have lived wrongly
and they force their opinion on everybody
you understand ?

truth has many enemies
very strange !
the moment they recognize truth they become your enemy
very strange !!
you think those enemies are misunderstanding you
no...they have understood correctly
that is why they become your enemy
because to see a man of truth hurts them
it is very painful
because that man of truth reminds them of their lies
he is not saying anything
just his joy and his presence hurts you
you feel like getting rid of that person

these enemies are afraid to open their hearts
just to open their heart
to bow down and surrender to love
they think they become small
how to bow down to love ?
how to surrender to love ?
love is so painful

you understand ?
i am travelling the world
very few people reach me
most are afraid...most are bitter
like enemies...spreading lies
and i know why
they need more love
that is why they are afraid

truth has very few seekers...very rare people
truth has few friends
remember jesus and his six fishermen
jesus had six fishermen
and today the whole world is catholic
where were they when he was there ?
they crucified him !
that is the reward of truth
crucifixion...
two nails and a wooden cross and that is the truth
that is why i love jesus...he is authentic...
more than my master osho with his rolls royces
i like jesus and his cross...
hmmm...sitting on his donkey
ha ha ha...mmm...i love the donkey





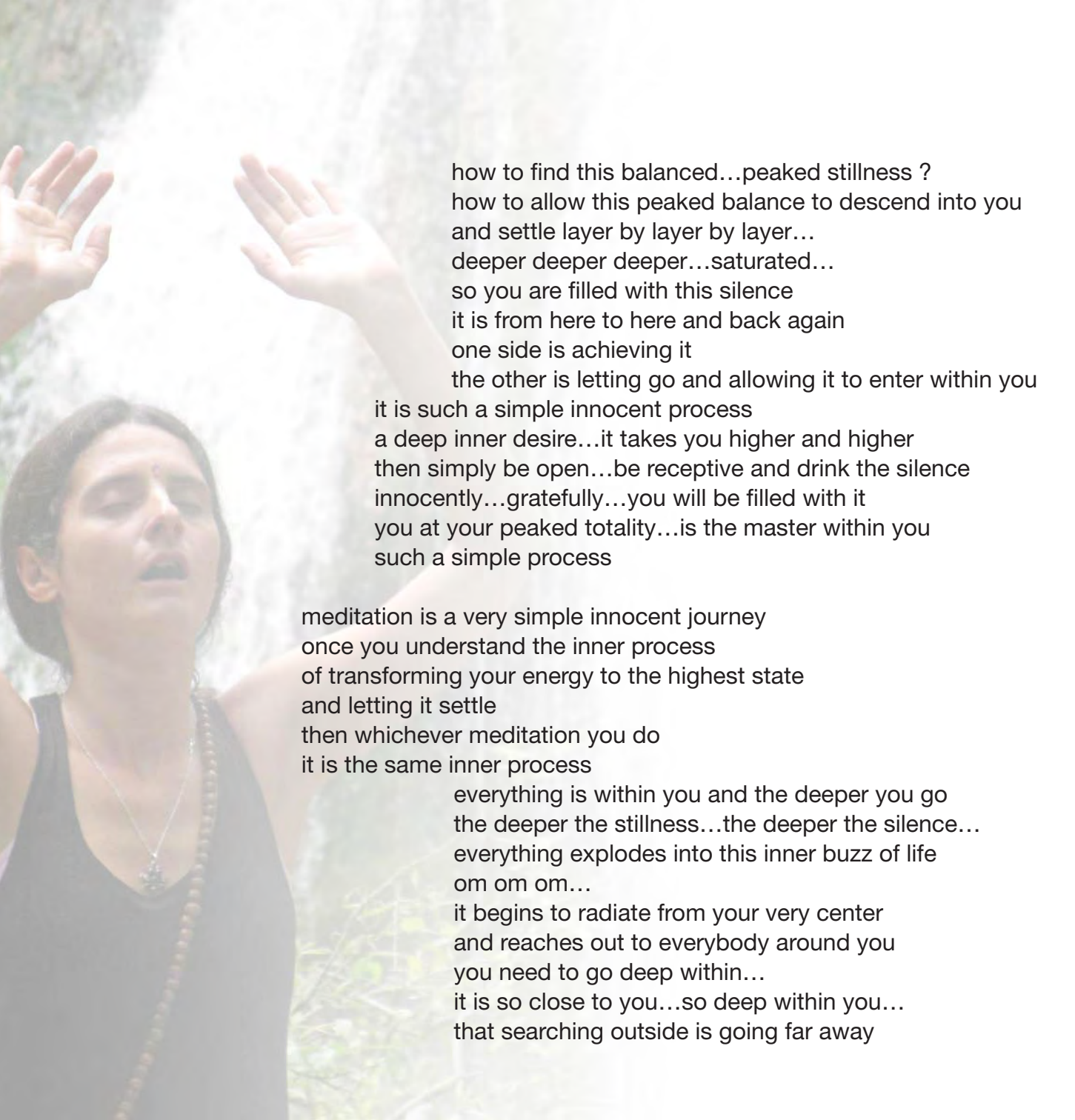
spain
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10 june 2010

this silence is alive
how to deepen
and dissolve into it ?

the whole process of meditation
does not give you any answers...
the only answers you receive is a deep silence
in which all questions simply disappear

when you dive into this silence...
the mind stops...you come to this state of stop...
and you are totally alive
this vertical stillness takes you higher and higher and higher
and at the very peak you disappear
and with that all your troubles...your mind and its conditioning
everything simply disappears...

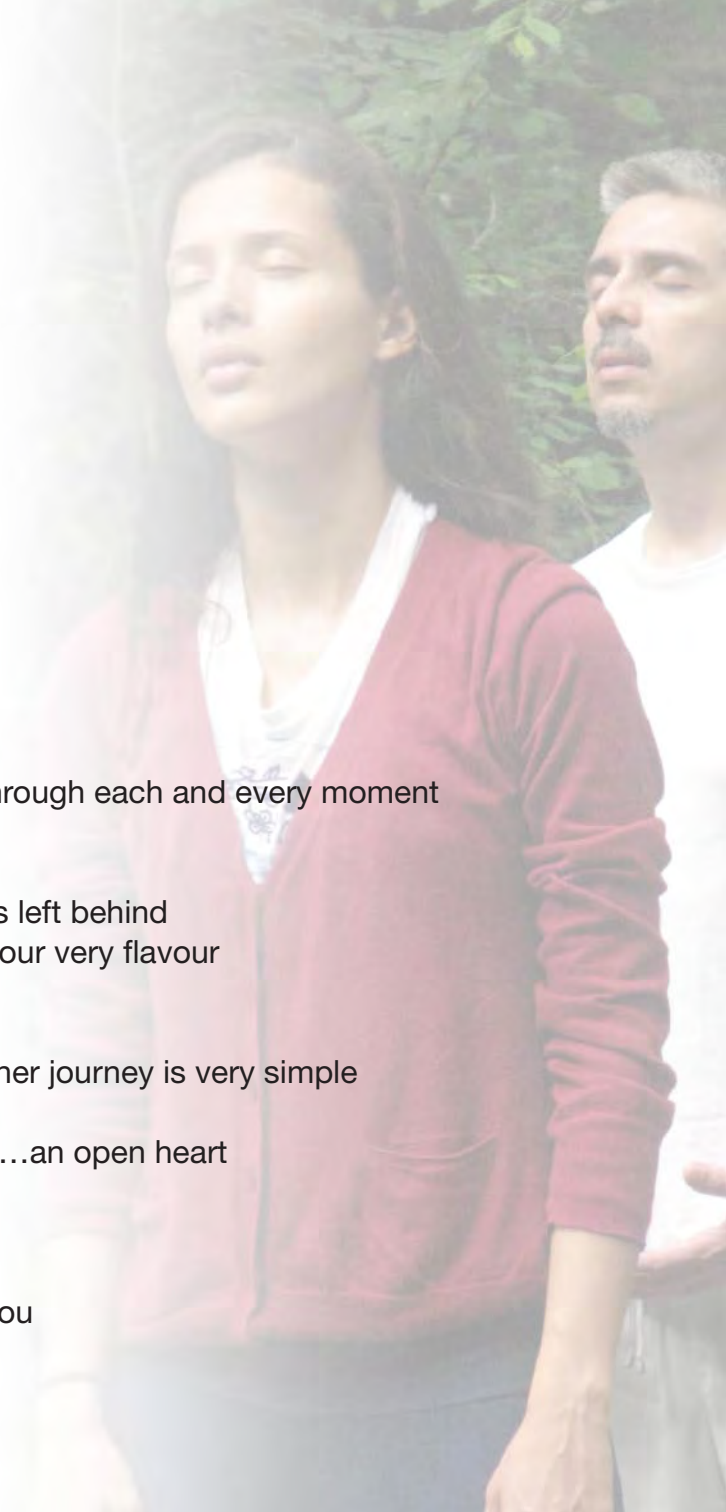
this is the whole process of the vertical journey
how to move your inner states higher and higher within you
till you come to the highest point in you
that is the search
it is not far away
it is not somewhere else
it is vertically within you...



how to find this balanced...peaked stillness ?
how to allow this peaked balance to descend into you
and settle layer by layer by layer...
deeper deeper deeper...saturated...
so you are filled with this silence
it is from here to here and back again
one side is achieving it
the other is letting go and allowing it to enter within you
it is such a simple innocent process
a deep inner desire...it takes you higher and higher
then simply be open...be receptive and drink the silence
innocently...gratefully...you will be filled with it
you at your peaked totality...is the master within you
such a simple process

meditation is a very simple innocent journey
once you understand the inner process
of transforming your energy to the highest state
and letting it settle
then whichever meditation you do
it is the same inner process

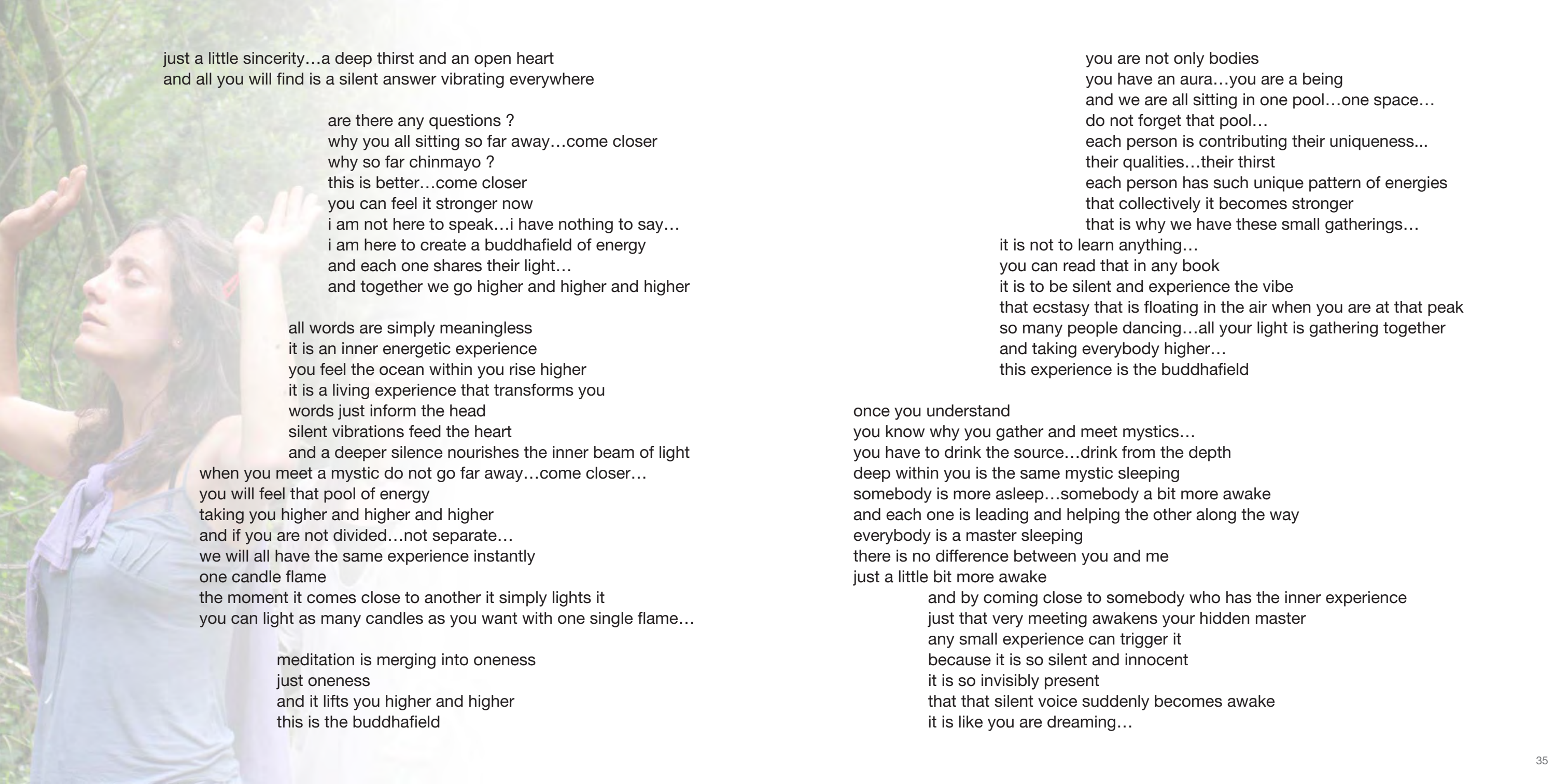
everything is within you and the deeper you go
the deeper the stillness...the deeper the silence...
everything explodes into this inner buzz of life
om om om...
it begins to radiate from your very center
and reaches out to everybody around you
you need to go deep within...
it is so close to you...so deep within you...
that searching outside is going far away



we have been speaking of inner trust
total acceptance of your own self
a deep trust in life that is present within you
listen to life flowing within you
listen deeply and it will show you the way
you are the way...it is not outside you...
and the deeper you fall in the inner world
you will be totally lost...no way out...
and slowly slowly you will find
that you are so lost...that you have found it...
you have drowned into it...
the path itself has become the answer...

live meditatively...
the inner path is created through each and every moment
that you live totally
these moments of totality
dissolve you and nothing is left behind
slowly slowly it becomes your very flavour
it becomes your very taste
you become the answer

please try to understand that the inner journey is very simple
the closest word is innocence
just a wondering eye...not knowing...an open heart
trust existence
it has given you life
it will give you more
it is abundantly flowing all around you
listen deep within
it is a simple knack



just a little sincerity...a deep thirst and an open heart
and all you will find is a silent answer vibrating everywhere

are there any questions ?
why you all sitting so far away...come closer
why so far chinmayo ?
this is better...come closer
you can feel it stronger now
i am not here to speak...i have nothing to say...
i am here to create a buddhafield of energy
and each one shares their light...
and together we go higher and higher and higher

all words are simply meaningless
it is an inner energetic experience
you feel the ocean within you rise higher
it is a living experience that transforms you
words just inform the head
silent vibrations feed the heart
and a deeper silence nourishes the inner beam of light

when you meet a mystic do not go far away...come closer...
you will feel that pool of energy
taking you higher and higher and higher
and if you are not divided...not separate...
we will all have the same experience instantly
one candle flame
the moment it comes close to another it simply lights it
you can light as many candles as you want with one single flame...


meditation is merging into oneness
just oneness
and it lifts you higher and higher
this is the buddhafield

you are not only bodies
you have an aura...you are a being
and we are all sitting in one pool...one space...
do not forget that pool...
each person is contributing their uniqueness...
their qualities...their thirst
each person has such unique pattern of energies
that collectively it becomes stronger
that is why we have these small gatherings...

it is not to learn anything...
you can read that in any book
it is to be silent and experience the vibe
that ecstasy that is floating in the air when you are at that peak
so many people dancing...all your light is gathering together
and taking everybody higher...
this experience is the buddhafield

once you understand
you know why you gather and meet mystics...
you have to drink the source...drink from the depth
deep within you is the same mystic sleeping
somebody is more asleep...somebody a bit more awake
and each one is leading and helping the other along the way
everybody is a master sleeping
there is no difference between you and me
just a little bit more awake

and by coming close to somebody who has the inner experience
just that very meeting awakens your hidden master
any small experience can trigger it
because it is so silent and innocent
it is so invisibly present
that that silent voice suddenly becomes awake
it is like you are dreaming...



from a distance somebody says hello...wake up
if you are silent and receptive you will hear the message
but if you are running around...busy...thinking...not available
even if somebody hits you on the head
you will not hear the message
you will simply be too busy and bypass it...

slow down...

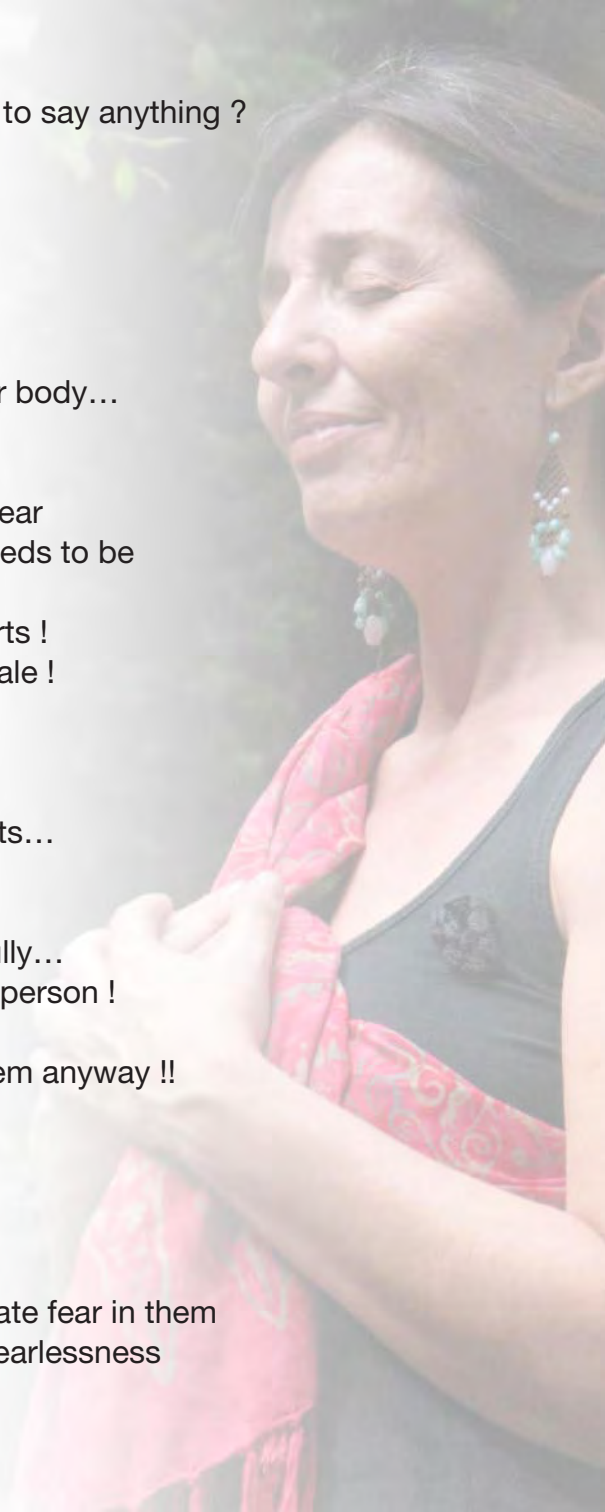
feel the silence...it is alive and living...
and the moment you are listening and you feel that silence
the one that is listening from within you
is your master
otherwise from where is this listening ?

the moment you feel the silence...it is you
you are feeling yourself...
you are beginning to recognize
and awaken your own inner buddha
just a little tuning in...a deep listening and there it is
and then you lose it
again you close your eyes and listen...and there it is
it is present...become available to your inner truth
and the moment you will become available
slowly slowly it will expand
be gentle with yourself
trust that inner hearing

the mind will take you here...the mind will take you there
others are there to take you everywhere
your friends...your society...all pulling you...
you are going mad...there is nothing but madness inside...

trust your inner voice
that is a simple understanding for meditators

any questions or anybody wants to say anything ?
you...rebecca ?
welcome rebecca...



her parents will not allow her to go to india
because they thought we will sell her body parts !!
and now looking at you...may be they were right...
they said...if you go to india they may sell parts of your body...
your liver...your kidneys...and she looks so innocent !
somebody is bound to sell her heart or her liver !!
her parents will not allow her to go to india just out of fear
something inside is telling her that this is where she needs to be
so innocent...something catches her being...

she is worth more than her liver or other body parts !
i would not sell her for a millions dollar...not for sale !
how much you will get for a liver ?
the whole person is far better !!

do not be afraid...we do not trade in body parts...
we trade the whole person !!
head to toe...no dissections...
whoever comes to us...we take everything...fully...
we are human traffickers...we steal the whole person !
this society is working hard to create people
we just dance sing and celebrate and steal them anyway !!
no hard work...
so simple
just share your love
and everybody is searching love

they keep creating children
and feed them their misery and create fear in them
we feed them our love and create fearlessness
in a way they are helping us...

that is why we catch such people
you can see...they are all here...
and we accept all kinds of people
even those who are not willing
we catch them some way or another...
and for those who are not willing to come...we send ravi
they look at him and say...ok ok...i am coming...i come...
wherever he is going he is catching someone...

just give them your love...
accept them the way they are
that is enough...

question *i came to try...because i never did any meditations
is it possible to meditate without music ?*

everything is possible
you are born for meditation...
it is so natural in you
very rare
you are a rare person
i have been watching you for a while
such clean energy
so balanced...incredible
you are magical...
i am saying what i see of you
you have such a immense presence

very rare for a woman...very rare...
that peak that you have present...you can see it...
this is the ida...this is the pingula
this channel is passing through the eye...to the crown...

when these two come to a peak it creates an opening in the third eye
and the balance of these two...yin and yang...creates the sushumna
these two balanced...is the third eye
usually women are not so centered in the third eye...

so for you candlelight meditation and hypnosis is perfect
you are perfect for candle light meditation...
any meditation for the third eye
like hypnosis...these are perfect spaces for you
you have reached a higher state...rare...
have you done candle light meditation ?

questioner *yes...i have been meditating with candle light
i did vipassana and mahamudra with open eyes...*

it can support
you should try to come for my vipassana event
it will be totally different from what you have experienced
vipassana can suit you...many possibilities for you

question *i have been working hard to transform myself...for 20 years...*

you misunderstand the word transformation as working on yourself
transformation needs no work...
change needs a lot of work...
you want to be better
you want to do this...
you want to achieve something...
you want to go to a higher level
all this needs hard work and effort
transformation simply needs let go
it is an energetic phenomenon

an easy example...dance dance dance dance
what work are you doing when you are dancing ?
you do not need to work hard to dance...
simply dance and go in the rhythm...go higher higher higher
and you will find that ecstatic point...everything will stop
just let it settle and drink it...drown into it...let go...

the higher energies filtering down transform the lower
transform the lower...transform !
transform...mutate...it is an energetic transformation
you can dance...you can swim...
anything you do that is a vertical movement
that takes you higher and higher...
and the second step is
let go...accept...
surrender and have a deep rest
it needs no effort...
it needs understanding

that is the difference between transformation and change
just yesterday i was speaking against therapies
these groups are about changing...
being better...learning more...doing more...efforts to change...

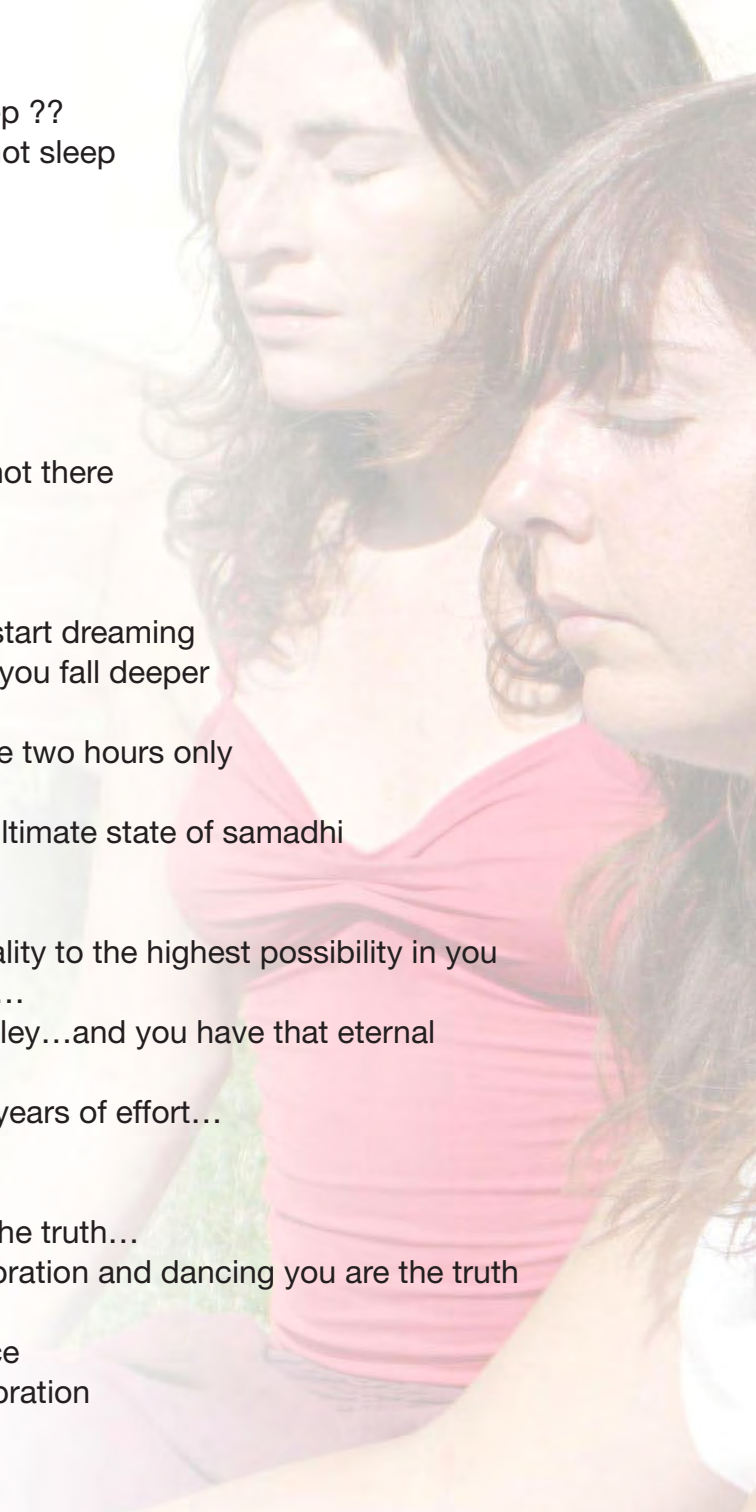
but it is not a learning process...it is an unlearning
it is going deep within...into a relaxed state
all information...all change is going to lead you nowhere
it will take you away from your centre...
away and away and further away...
and you will feel everything is lost...
exhausted...burnt out...

i do not know what methods of transformation you are using
anything you try should have an energetic transformative element
and how to let go...have a deep rest...absorb...

do you make great efforts to go to sleep ??
if you make an effort to sleep you cannot sleep
it is the same for meditation
an effortless let go...

just imagine every night you say
i am going to try very hard to go to sleep...
but if you try hard you will never sleep...
understand the mystery of sleep
only when you are in total rest and you are not there
you fall asleep...
and falling asleep you reach a new world
where the mind does not exist
from the head you fall to the heart and you start dreaming
slowly slowly you get tired of dreaming and you fall deeper
you go into a dreamless sleep...
that moment of dreamless sleep lasts maybe two hours only
but it completely refreshes you
if you can fall deeper...you will fall into the ultimate state of samadhi
an astral state of rest

the other way is peaking in totality to the highest possibility in you
and joining these two together...
the high peak and the deep valley...and you have that eternal
moment
so do not try so hard...twenty years of effort...
just relax !
do not search for truth
when you are relaxed you are the truth...
when you are in bliss and celebration and dancing you are the truth
do not search it...
it is searching you in your dance
it is searching you in your celebration





just relax accept dance and celebrate
find any excuse to start dancing
spreading your love and within love will be life itself
and it transforms naturally...
no effort

you are meeting the wrong people...therapists and teachers...
they are trying hard to change you...

try to understand
to transform yourself...just enjoy...enjoy yourself...
i am sure that you are understanding what i am saying
do not make any effort anymore...
truth searches those who know how to celebrate
who know how to love...who know how to dance
just in your naturalness something will enter you
and when it enters just feel grateful...feel its presence
and drink it totally
that transforms you

we are searching how to live our lives
you are perfectly ok the way you are
accept yourself...
be soft...be gentle...do not fight yourself
already something is happening to you

ok ?
if you are searching truth make your life simple
truth is simple...the world is complicated
search for truth...make it simple...



spain
sant cugat
18 june 2010

a mystic creates a certain device
to give you a taste...the state of nomind...
how does it taste to drink from that state of nomind ?
how does the universe feel when the mind has disappeared ?
with all its chitter chatter and gibberish
all its problems and miseries...
all its dreams and desires...
how does it feel to arrive to the state of nomind ?
and how to get a glimpse of it ?
what is the way ?
how to reach inwards ?

this is a device...
just sit silently
create a pool of energetic silence...centre it...
slowly slowly raise it higher and higher
through a dance in totality
so the whole inner being reaches upwards...
and peaks to that orgasmic state within you

in that moment of totality
mind disappears and you have touched the highest point in you
you have transformed...vertically...energetically...
and drunk from the beyond
such a simple experiment

peak the energy to get higher and higher and higher
come to the moment of complete stop
and allow it to settle deeper and deeper
drink it...drink it...drink it

drink this moment of stillness and deepen it
it is a simple journey
a mystic is one who does not tell you how to do it
he creates a device...
through his dance...through his peak...through his stillness...
and the only way to drink it and have a taste
is to dance and totally let go into it
the window is not here...it is not there...
it is vertically above you
this is the path...higher and higher...

no need to look at me...i am not dancing...
i am simply not here when I am dancing...
so looking at me when i am dancing is absurd
you are missing the dance !!
close your eyes and disappear
when a mystic is dancing the sky opens
dance totally...let go...disappear and the sky can descend into you
i am not just a dancer...i am spirit...a being filled with silence
my dance is to awaken you...to trigger your totality
i am not a dancer...i am creating a situation...an energetic situation...

i am not giving you new information
many new people come
and they do not know why we are dancing
we are just dancing...nothing else to do...
yes...we are mad dancers !
this dance is our innocence...our ecstasy
the whole sky descends and fills you with a new universe
this is the device...

and there is nothing more
if you cannot dance to that peaked state
if you do not know how to drink the silence
then you can keep reading books
studying all kind of stupid teachers...reading thousands of books...

i have nothing to say
whatever i have to say
i can only convey it through my silence or dance
and if you are open and total
you will experience the same ecstasy
that is descending
i am nobody
i am utterly lost
just a hollow bamboo
everything is simply floating downwards
whatsoever i am receiving
is spreading on its own
i am not present

when you dance be totally lost
no need to be here...
it is a vertical inner journey
this is the meaning of transformation
using whatever you have within you...
vertically upwards...towards transformation
understand the inner process on how to transform its state
how to excite the lower to the higher to the higher to the higher...
and to the highest in you
and let it dissolve you...

you do not need to change anything in you
transformation is an inner vertical journey
the highest in you will settle and settle and settle
and will transform you...

whatever it needs to do it will do...
you simply keep out of the way
you do not do anything about it...please !
you are already doing too many things
that is why you miss this inner experience
just get out of the way...be total...disappear
and the master is present within you...

it is your light...your whole buddha nature
it is vertically suspended above you
why go on searching masters everywhere ?
all you will meet are idiots who tell you what is wrong with you
how to change yourself...how to behave in a better way...
and how to do something to improve yourself...
how to add more...how to subtract...
how to accept that part of you and reject another part
they tell you...do this group...do this therapy...work hard...
because you are not good enough

i say that you are perfect...you could not be better...
you are perfect in that peaked moment
there is no other way...so simple
i am surprised how people keep missing this simple message

everybody is asking you continuously to change
parents...family...friends...neighbours...society...
teachers...group leaders...therapists...masters...
you slowly start thinking that the only way
is to change yourself
but there comes a buddha
who says...accept yourself totally and be yourself
be utterly yourself...accept yourself totally
what is he trying to convey to you ?

this is it...
peak...stop...watch...drink...let it settle
you do not need anything...this is transformation

the other word that is totally misunderstood and misused
by the western world is awareness
they think awareness is
i am becoming aware of the green house effect
i am becoming aware of the deforestation
i am becoming aware of the oil spill in the ocean
i am becoming more aware of my neighbourhood

all kinds of things that they are becoming more aware of
so they keep doing more groups and more therapies
learning more...to become more aware of...
because they have to become more aware
they are becoming more and more aware of the world...
what utter nonsense !!!

awareness has nothing to do with the idea of becoming more aware of...
who asked you to gain more knowledge of what is happening around you ?
you do not even know who you are
and you are searching more information of what surrounds you...
as if awareness is an object that you need to know

they even have a group called self awareness
self awareness is stupidity...

when there is awareness...there is no self !!

what is awareness ?
it is a very simple inner light...a silent flame...
when it reaches to the peak
that flame of consciousness moving within you
is the flame of awareness
it is not aware of anything
it does not know the other
it is simply aware of awareness itself



awareness is a heightened state of consciousness
a heightened peaked energetic state
silently watching...
nothing !!!

it is simply watching nothingness...
whatsoever it shows becomes part of the mind
and that is not the state of awareness
you are becoming aware of the object
you are the subjectivity itself
you are awareness itself
in its pure innocence and in its pure light
innocently...not knowing anything...

it is like a flame
the flame is light and it knows itself
it may show you the objects in the darkness...
but it does not know there is an object
it is simply fulfilling its nature being a light...
and that light in the dark
is simply moving like a flame
it does not become the object that it shows
the furniture...the chair...your mind...
it does not know it...
it is oblivious to it
it is simply living its inner nature of light
the moment you become aware of something...
it becomes part of the mind
you lose the quality of witnessing
you have lost awareness

it is like this joke...
somebody went to the sun to complain...
that all these dark shadows are coming to trouble me all the time
my anger...my frustration...my jealousy...my greed...
all these enemies are all around me all the time
please come and help me...you are the sun....

the sun said ok...no problem...
take me and show me all these shadows
i will take care of them...
so they take the sun
but wherever the sun goes searching for the shadows...
they disappear...wherever the sun goes there is no darkness...

the suns says...show me the darkness...
they say it was here...just a few moments ago...it was here !!

this is your mind
there is no mind...there is no darkness...
just you do not know where the light is !
it is an illusion !!
everything that is dark within you...is just the absence of light

this is where the term awareness becomes meaningful...
the sun is not doing anything special
the sun is searching to find darkness
it is looking for the shadows...for the darkness...
but does not find it
the sunlight is utterly innocent
it is simply a natural radiation that is showing you things...
it does not know anything like shadows or darkness...

this is the mystery of awareness
awareness does not know anything...
awareness knows nothing...but itself !!

that is why when you come across the taste of awareness
you will come across a being who is totally innocent
because that quality of awareness knows nothing
it is simply complete within itself
try to understand this phenomenon...
awareness knows nothing at all...

so in the world when you go to all these awareness groups
and awareness classes....becoming more aware of...
it is utter rubbish...
you are just filling your brain with more knowledge
it has nothing to do with the state of awareness
this is the greatest understanding given by buddha
awareness...watchfulness...detached silence

now you can understand this word awareness
it is not attached to anything
it does not need to attach
it does not need to detach
these are too many jobs for it !

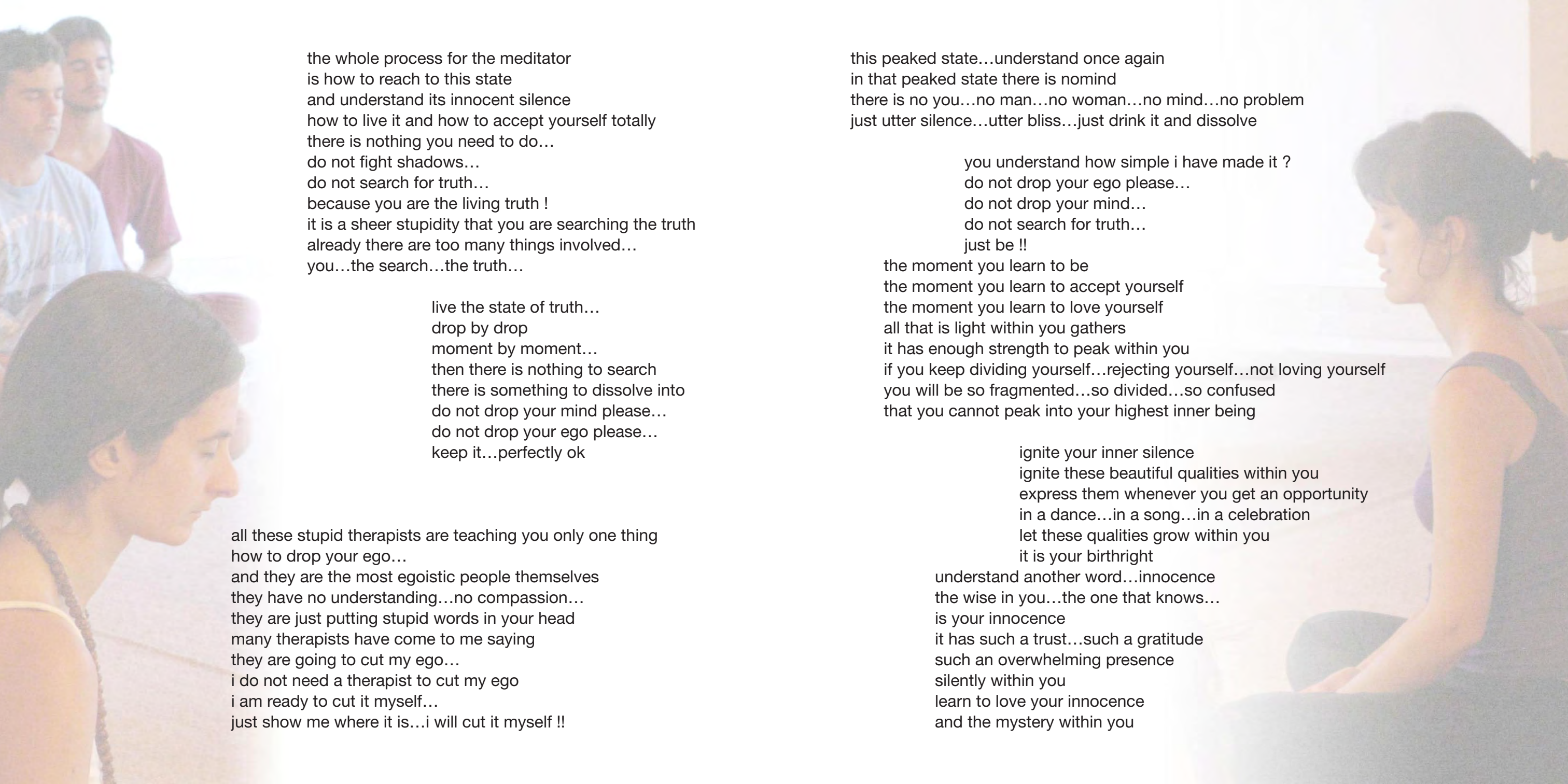
that is why i laugh at people who say...drop the mind...
you do not need to drop anything
do not drop your mind...
your mind is like darkness
just bring in the light !
you do not need to drop anything...
it is simply a shadow...it will disappear
so you do not need to pick it and drop it...

all these idiots who say...drop your mind...
are giving an unnecessary reality to the mind and its problems
so you go and analyze your mind and you try to drop it
it is a shadow...do not try to find it...
people are so busy fighting shadows
creating a reality out of a shadow...

they go to the psychoanalyst and therapist...to find shadows !
and these so called therapists need a job...
so they show you the shadows
they tell you these shadows are real...it is your conditioning...
they tell you...do family constellation groups
this came from your grandfather...
this is rooted in your childhood...
your parents must have abused you...
they give you a million and one reasons
and the shadow is ignorant...waiting for some light...
just creating realities out of nothing
stupidity...do not fight shadows...

nobody has been psychoanalyzed ever
and you can see all these great therapists
they look more miserable than you
after thirty years of therapy
what have they have been doing for thirty years ?
they missed the point...
they missed the whole point !!

do not fight shadows
understand how to slip out of the mind
how to reach the state of nomind
get utterly drunk and dissolve
do not solve things...dissolve things...
and they dissolve when you bring the simple taste of awareness
a peaked heightened orgasmic state
the moment it looks at something it disappears
this is the state of nomind



the whole process for the meditator
is how to reach to this state
and understand its innocent silence
how to live it and how to accept yourself totally
there is nothing you need to do...
do not fight shadows...
do not search for truth...
because you are the living truth !
it is a sheer stupidity that you are searching the truth
already there are too many things involved...
you...the search...the truth...

live the state of truth...
drop by drop
moment by moment...
then there is nothing to search
there is something to dissolve into
do not drop your mind please...
do not drop your ego please...
keep it...perfectly ok

all these stupid therapists are teaching you only one thing
how to drop your ego...
and they are the most egoistic people themselves
they have no understanding...no compassion...
they are just putting stupid words in your head
many therapists have come to me saying
they are going to cut my ego...
i do not need a therapist to cut my ego
i am ready to cut it myself...
just show me where it is...i will cut it myself !!

this peaked state...understand once again
in that peaked state there is no mind
there is no you...no man...no woman...no mind...no problem
just utter silence...utter bliss...just drink it and dissolve

you understand how simple i have made it ?
do not drop your ego please...
do not drop your mind...
do not search for truth...
just be !!

the moment you learn to be
the moment you learn to accept yourself
the moment you learn to love yourself
all that is light within you gathers
it has enough strength to peak within you
if you keep dividing yourself...rejecting yourself...not loving yourself
you will be so fragmented...so divided...so confused
that you cannot peak into your highest inner being

ignite your inner silence
ignite these beautiful qualities within you
express them whenever you get an opportunity
in a dance...in a song...in a celebration
let these qualities grow within you
it is your birthright

understand another word...innocence
the wise in you...the one that knows...
is your innocence
it has such a trust...such a gratitude
such an overwhelming presence
silently within you
learn to love your innocence
and the mystery within you

innocence is truth itself
it is the greatest quality you have within you
on the inner search...
on the mystical path...
treasure your innocence !!

the ultimate truth will never be known
you will be consumed by it
you will be drowned into it
and you will fall into the state of innocence
just like a child...
stop grabbing knowledge and information
stop becoming more aware of things
you do not need to add anything...

learn the art of disappearing
and you are a buddha
i tell you...
you are a buddha in your peaked silent state

question *just listening to you since the last two years
i get more and more informed about the world situation
financially...environment...pollution of spaces
and its unawareness...
i see myself and i see people surrounding me
we are doing tai chi and yoga but we are still polluting...
we are travelling from one end to another
we are not eating organic
some people keep eating meat and fish
is there any way to avoid it or just go inside ?
is there an action that comes out of our awareness ?*

you see the word awareness is not correctly understood...
you are becoming more concerned and you know more about the outer world
the outer world is about knowledge and knowing things
whatever it may be...destruction or creation...positive or negative...
both are objectively outside
find the core first
search your inner subjectivity
search the person who is concerned
who are you ?
that is the first search
who am i ?
before you go to help somebody
at least you should know who you are

for example dolphins are being killed so you have become aware of it
you must act consciously to save the dolphins
but you cannot save yourself in the first place
who is this person going to save the dolphins ?
like mother theresa...she is going to save the orphans...
but she could not save herself
all outer actions come second...
otherwise you will just become an activist and do all these outer things
and ignore your inner being...

most activists are so miserable and lost within themselves
they need to forget about their inner miseries
so they go and help the dogs and the cats and the dolphins
i am not saying it is wrong
it has its place...its rightful place...and i totally agree
but first become conscious about yourself
and after that...all your actions will make sure
that the poor dolphins are not killed
you will not need to go to save them
nobody will destroy them in the first place if they were conscious



so all these words and all this knowledge that you are gathering
is from the outside world
it is not awareness...
it is not creating the state of awareness
but giving you information about what is wrong with the world today

the very root of what is wrong...
is the unconsciousness of human beings
first comes consciousness....
first you become conscious...

soon you will be gone and somebody else will come and kill the dolphins
how many years will you fight for the dolphins
and the ocean and the forests and the trees ?
this has been going on for generations...
but people are not becoming more conscious

to grow your inner sky is difficult and arduous...
it is very easy to become an activist
somebody is a politician...somebody is an activist...somebody is a pacifist
all kind of ists running around and around...

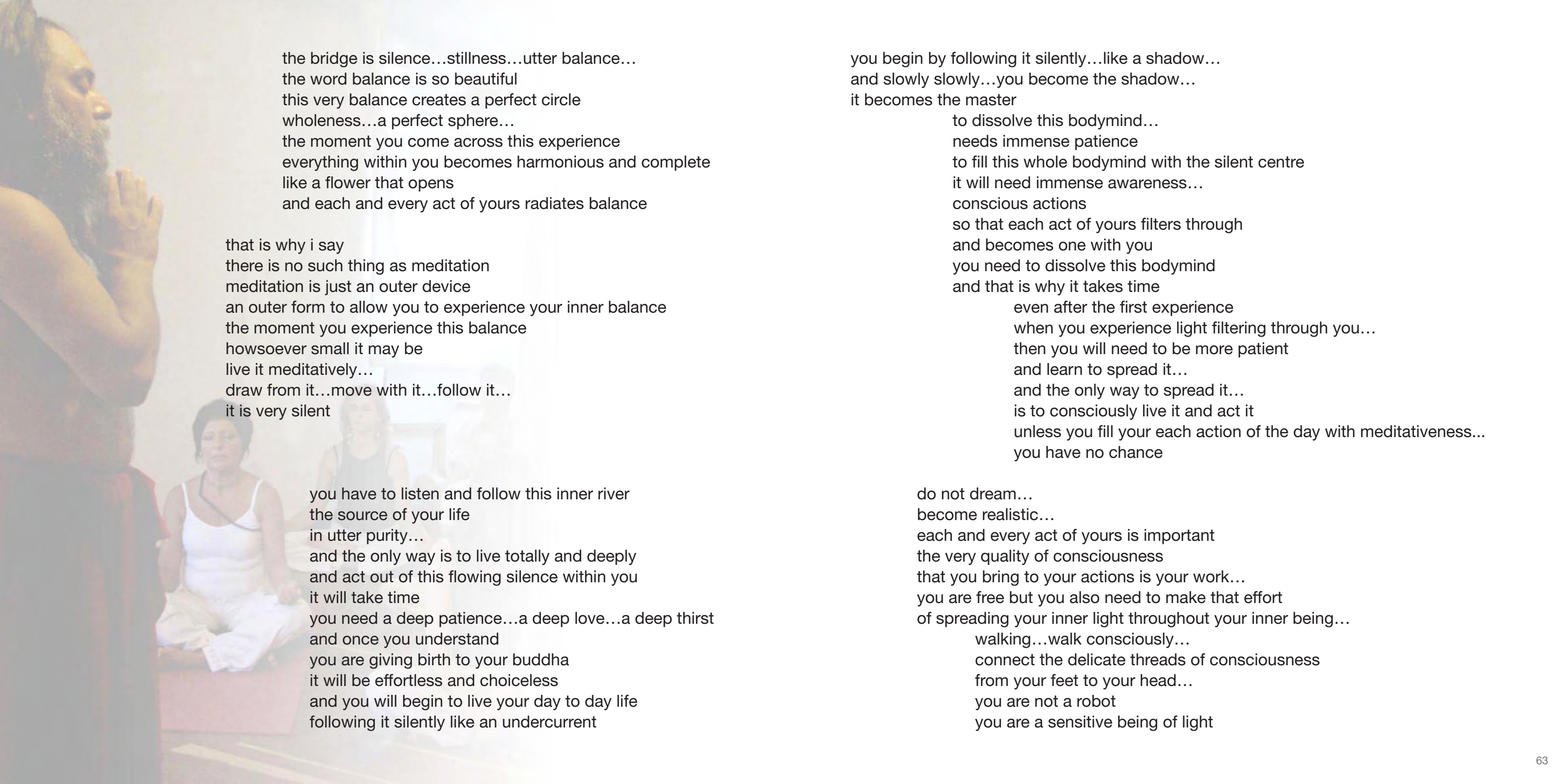


italy
ancona
25 june 2010

this weightlessness...this grace...
comes from silence and stillness which is in deep harmony
a deep inner balance
the moment you come to this balance
you reach the very centre...
this vertical centre

buddha calls it the middle path
this middle path transcends duality
it is oneness...one...
in the very centre
weightless...graceful...silent
you are transported to another world
the world of grace...no gravity...
that is your being

it is beyond this bodymind and its weight
it is the weightlessness in you
which can go beyond gravity...
nothing can touch it...
it simply remains watching silently
like a cloud floating high above you...
looking at the world below
your sky
a mirror...
the pure witness



the bridge is silence...stillness...utter balance...
the word balance is so beautiful
this very balance creates a perfect circle
wholeness...a perfect sphere...
the moment you come across this experience
everything within you becomes harmonious and complete
like a flower that opens
and each and every act of yours radiates balance

that is why i say
there is no such thing as meditation
meditation is just an outer device
an outer form to allow you to experience your inner balance
the moment you experience this balance
howsoever small it may be
live it meditatively...
draw from it...move with it...follow it...
it is very silent

you have to listen and follow this inner river
the source of your life
in utter purity...
and the only way is to live totally and deeply
and act out of this flowing silence within you
it will take time
you need a deep patience...a deep love...a deep thirst
and once you understand
you are giving birth to your buddha
it will be effortless and choiceless
and you will begin to live your day to day life
following it silently like an undercurrent

you begin by following it silently...like a shadow...
and slowly slowly...you become the shadow...
it becomes the master

to dissolve this bodymind...
needs immense patience
to fill this whole bodymind with the silent centre
it will need immense awareness...
conscious actions
so that each act of yours filters through
and becomes one with you
you need to dissolve this bodymind
and that is why it takes time
even after the first experience
when you experience light filtering through you...
then you will need to be more patient
and learn to spread it...
and the only way to spread it...
is to consciously live it and act it
unless you fill your each action of the day with meditateness...
you have no chance

do not dream...
become realistic...
each and every act of yours is important
the very quality of consciousness
that you bring to your actions is your work...
you are free but you also need to make that effort
of spreading your inner light throughout your inner being...
walking...walk consciously...
connect the delicate threads of consciousness
from your feet to your head...
you are not a robot
you are a sensitive being of light

from your feet to the head
carry your temple with love...
do not live mechanically
the more mechanical you become
the more you become dead
live spontaneously and consciously...
and make that inner effort
to transform your actions into light

if you want your eternity
it is up to you...
you will need to earn it...
you will need to earn it !
it is your eternal treasure

how long can your body last ?
fifty years...seventy years ?
and the older you become
these mechanical habits are so deep
that you cannot move back in time
today is the day...now is the time...
start living consciously today
there is no tomorrow
tomorrow is death

each act of yours...
move consciously from now on...
and now is the moment
if you can catch it now
it will become your very flavour
it will become your very taste
and it will draw you...
and bring light into your life...
do not wait for tomorrow...
tomorrow never comes

today i am here with you
remember i am saying this
you can come to me ten years later
and ask me the same question
and i will give you the same answer

it is up to you
you need to understand this
walk consciously...
move your body consciously...
use your hands gracefully...
these are your hands
be sensitive at least to your body
love your body

fill it with light
do not waste your life...
life is so precious
even you are here today
listening to this message
listen deeply...
drink it

and let me see you again next time
i will see your conscious act
and i will know...
that there is a illuminated being within you
it is acting consciously
and you deserve it

i watch people doing their meditations
as soon as the meditation is over...
they move around so mechanically
i wonder why they did the meditation in the first place...
if you cannot carry it with you

that failure will hurt you deeply...
it is better not to try
do not fail your inner being...
fail the world
you can be a failure in the outer world
you have lost nothing

in your inner world
deep sincerity and a little effort...
do not fail to listen to your inner being...
when you will fall...
that is all that will remain with you
carry your light...
do not leave it behind
carry it with you...

if there are any questions
or anybody wants to say something welcome...

question *i have no question...
i want to say something
which i feel is true for me...
what i am trying to do with success ?*

success ?!!
a joke for you...
the only way to succeed is to fail
you can never succeed...

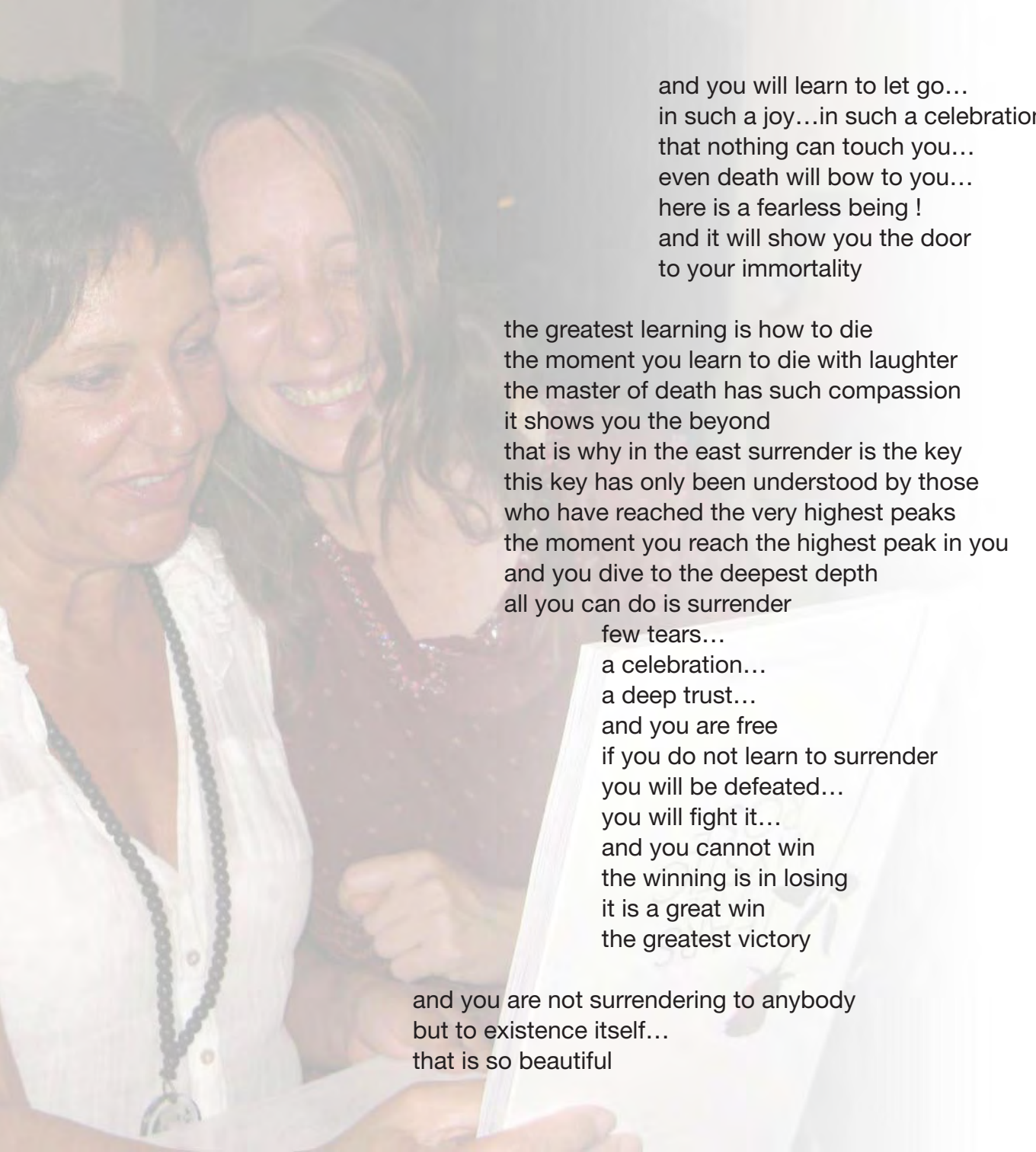
on the inner journey success is impossible
you can only lose totally
what success will you achieve in becoming natural ?

it is not a success
it is simply dissolving
this word is very dangerous
mind wants to succeed
you cannot accept failure
failure...the mind recognizes as failure

questioner *it is not true for me...*

i know when you will lose...
i will see a loser sitting in front of me
i can see losers very easily...
you will look like me...stupid !
you do not look so stupid yet
you look too intelligent
too much...all together
i am all over the place...
you have not lost yet
and that grace is in losing...
it only comes when you lose
and when you lose
you accept it so totally
that life is so vast
what are you going to fight with ?
that losing is such a surrender
you automatically become weightless
and start flying...

it creates a new being out of you
that is why only the warriors know how to surrender
and a defeated warrior is an emperor
because you are going to be defeated in love
this universe is going to swallow you



and you will learn to let go...
in such a joy...in such a celebration
that nothing can touch you...
even death will bow to you...
here is a fearless being !
and it will show you the door
to your immortality

the greatest learning is how to die
the moment you learn to die with laughter
the master of death has such compassion
it shows you the beyond
that is why in the east surrender is the key
this key has only been understood by those
who have reached the very highest peaks
the moment you reach the highest peak in you
and you dive to the deepest depth
all you can do is surrender

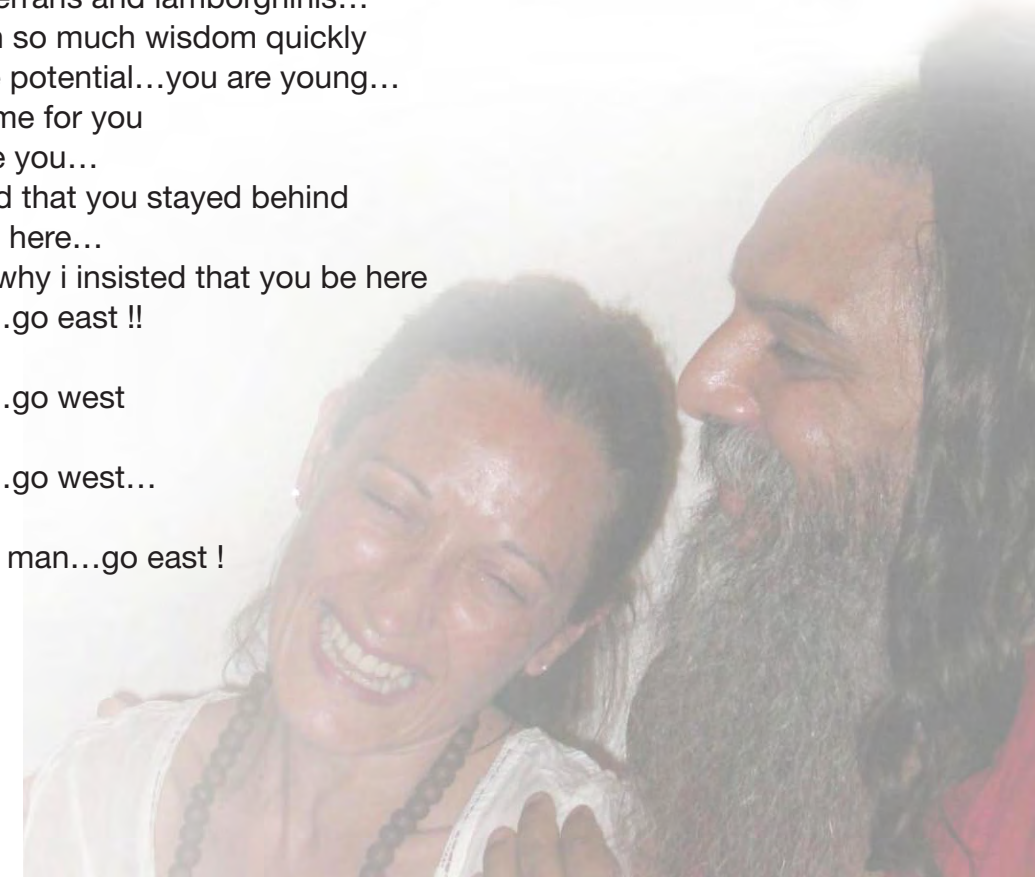
few tears...
a celebration...
a deep trust...
and you are free
if you do not learn to surrender
you will be defeated...
you will fight it...
and you cannot win
the winning is in losing
it is a great win
the greatest victory

and you are not surrendering to anybody
but to existence itself...
that is so beautiful

you are on the path
be patient...ask the right questions
and you will receive a silent answer
be sincere...
you are sincere
few things you will need to learn
so perhaps i suggest to you...
a short journey to the east
meet some mad people there
italy is too safe

find a few stray cows in india
a few bullock carts...
it is so nice to sit on a bullock cart
after italian ferraris and lamborghinis...
you will learn so much wisdom quickly
you have the potential...you are young...
now is the time for you
so i welcome you...
and it is good that you stayed behind
i wanted you here...

time will tell why i insisted that you be here
make a trip young man...go east !!
they used to say
make a trip young man...go west
very american !
make a trip young man...go west...
you know ?
i say...make a trip young man...go east !



question *i want to know more about surrender*

you want to know about surrender
just cut off your head...
live without you head
live with your heart
and the day you recognize truth
take it and throw it
at the feet of truth
and you have arrived...
carry a sword with you !

all the samurais carry a sword
in the right moment
they use it to cut their own head
that is why they carry the sword...

when you meet the buddha on the way
they say...cut off the head of the buddha
but i say...cut your own head !
your head cannot get you there...
it is too far from your being
the heart can understand...
the pulse of love

so cut your head...
you have already surrendered
and take your heart...
offer it at the feet of a master...
and these masters are pure love
they will show you your true original face

questioner *i agree...*

do not agree so quickly !

just wait...
when the pain will come...then !
it is a painful journey

today he says i agree...
but when the head will be cut
it will be so painful !
then we will see
whether you agree or not...
right now everything is sweet and sugar
ok....ok...you are accepted !!!

question *i feel that my truth and my path is mine*

sounds very nice...
there is no...my truth
there is no...my path
there is no...my heart

when the heart is open it is one with everybody
truth is universal...
you do not have a path
you are the universe !!
your heart has become the other
you lose your heart also
so forget your heart...live with an open heart

everybodys path is yours
there is no my path
it has happened in the osho movement
they are saying...this is my truth
i am living my truth...
as if truth has becomes theirs
i am living my truth
i am living my path

they have completely misunderstood...
there is no my path and no my truth
how can it be yours ?
you are just a dewdrop in the ocean
so language is very important
you are defining your understanding...
you are expressing that inexpressible
and you are saying my heart and my path

be alert
not only in words
because it shows and reveals
that the taste has not happened
and when it has not happened
keep an open space...
keep open and available
it can happen...
do not decide any time that now i know
it will destroy you

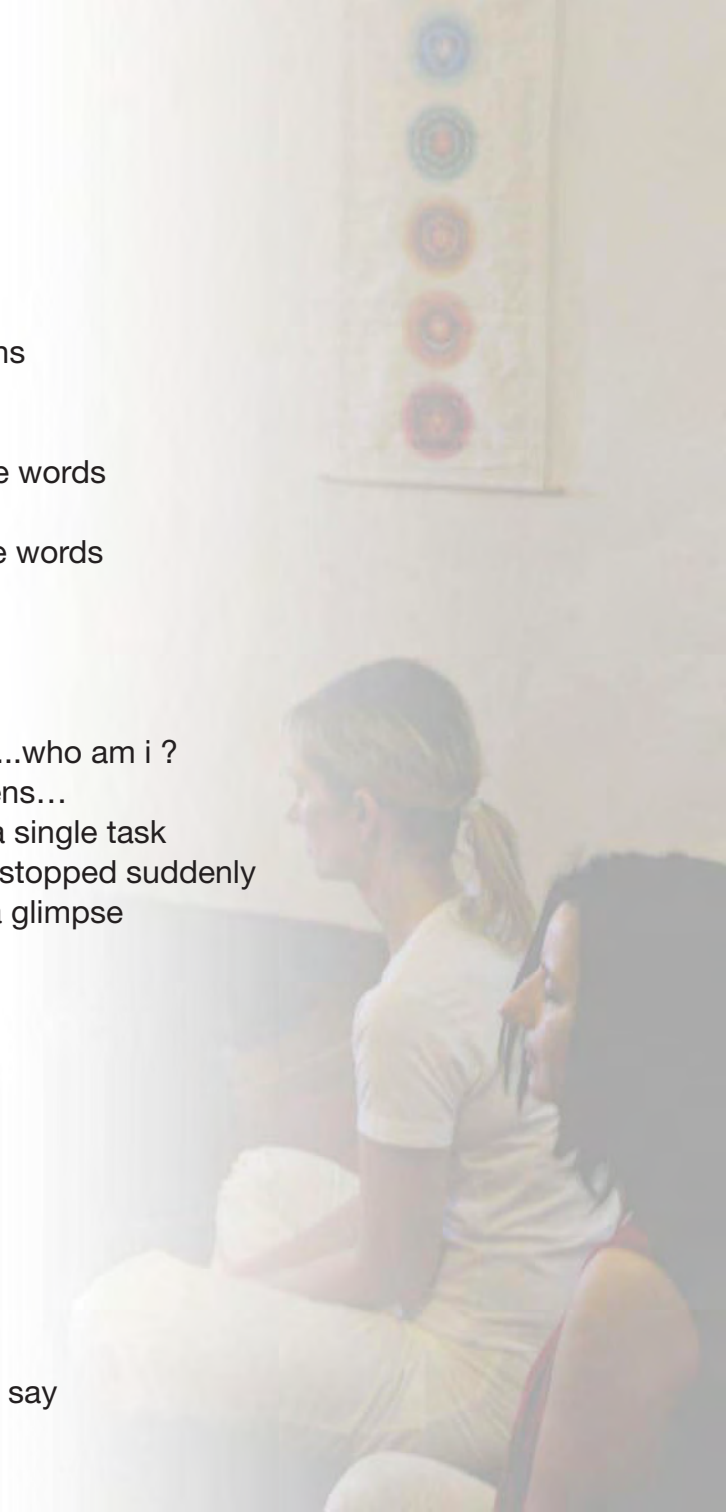
i am just helping you
you are young
and you seem wise too...
i am offering you wisdom
and you can absorb it...that is your beauty...
you are capable and intelligent enough to see the difference
that in itself is unique
you have the qualities
you are keen...you are alert...


words are important
they mean much and they mean nothing in itself
one who has experienced will simply shift the emphasis
just a slight emphasis and something triggers in you...
you have to be very alert
it can open your inner understanding...

it has happened many times before
a person is waiting right on the edge
just a single word from a master...
suddenly out of the blue...
and the mind disappears
just that shift...

that is why masters have used koans
they use simple words
two words...three words...
and you keep looking at those three words
it is like a mantra...who am i ?
you are just focusing on these three words
and when the moment is right
the master will show you
who you are...suddenly !
just a single word...
and all that you have been thinking...who am i ?
simply disappears and the wall opens...
the koan method pinpoints you to a single task
so that the mind can be shocked...stopped suddenly
when you are ready you can have a glimpse

words are important
because today at this speed
internet age...continuously chatting...
blah blah blah blah...blogging...
people are so lost in the world of words
they are not living those words authentically
they are borrowing words of wisdom
and throwing them here and there
it has become a fashion...
people are speaking so much
they are not living even a fraction of what they say





this is the calamity of spoken words
there is no living message behind it
the pulse of truth is missing...
and you can see osho words today
six hundred books...but the pulse is missing
the being who created that space
is no more physically here
so the words have just become mere words
and his words are so refined...
oshos words are so refined...
that to cut it finer has become impossible
osho spoke on hinduism...buddhism...christianity...
on all the religions
and he refined it with his intelligence through words
so the whole world has his books...
and they are reading osho words
and they are falling asleep

how to bring back the fire
and not merely like a parrot repeating his words ?
how to bring truth back without using his words
and refining it once again
so that the message comes through ?
it is a very difficult task...
it is like cutting a diamond
all those facets have been cut before...
they have been cut in every shape
now you have to destroy the diamond and start again !!
it has happened to the osho movement
truth has disappeared
only dead words are remaining
and people are using them like postcards
nice words...they fit anywhere...

any part you like...you take it
any part you do not like...you cut it...
there is nobody there to tell you otherwise
so you edit...cut...slice...produce nice posters...
this is the danger
be alert
you are alert
i wait for you...ok ?

question *i watch you...i see you
inside you your face changes...*

for better or for worse ?!!

questioner *it just changes...*

beautiful...go deeper...you will see a ghost !
i do not want to tell you who the ghost is...
i am not going to tell you
who is the innermost face of mine...

a disciple is always carrying the face of his master
each disciple is known by the mother
being in the womb of the master so long
something from him will be your innermost face
when you love a master deeply
you are carrying every single vibe of his within you
and you disappear so deeply...
that the face that comes out
is not yours...but his...
that is the real revolution of love
when the disciple disappears utterly into his master
the face becomes the masters face...

it is like doing pottery...inside there is emptiness...
and you fill your inner sky of emptiness with your master
you slowly slowly fall in love with your master
and this outer layer of clay slowly slowly starts reflecting the master
really speaking...the moment you become enlightened...
you will look like your master
because you lived in his womb so long

he has given birth to me
so look deeply and you will see that i am not here
and what is present is the masters compassion...
so you can guess...who i am...
or rather guess...who i am not...

keep looking...you will understand
this is interesting...is it not ?
i think i have revealed too many secrets today...

sannyas is the greatest gift given to us by osho
the moment you decide enough is enough
you heard about it...you have read about it...
now it is time to live it...
time to dance your buddha
that is the greatest moment in your life
 this decision of sannyas if taken deeply
 transforms you instantly...
 by receiving sannyas the master looks at you
 and takes you into his being
 and you can just relax and float
 and wait for your rebirth...

now for those few people who want to be reborn again
some music and dance !





italy
ancona
26 june 2010

the inner journey is a simple vertical movement of your energy
you create a pool of silence...
then slowly slowly you lift it
higher higher higher till you come to that stop
that orgasmic silence
you are perfect !
the state of nomind is the master
no man...no woman...
no this...no that...
no worries...nothing...

that moment is what you are searching for
that is why in every meeting we create a peak...
a dance...so you come to that peaked moment
then you drink it...drink it...drink it
you let it settle deep within your being
this is the only journey...
drink it deeper and deeper and deeper
nothing more...
vertical energetic transformation

how to reach to the state of nomind ?
where is that state of nomind ?
in your peaked moment you are it...
that is the search !
how to disappear into this point
nothing more...a simple journey

this is the difference between change and transformation
transformation needs nothing from the outside
it is an inner energetic upwards movement...
and that silence descending into you transforms you
you understand how simple this message is ?

you do not need to be more
you do not need to become more
you do not need to make a effort outside
it is all an inner vertical state
whenever you reach that moment
everything is silent...
no effort
no watching
no watching the mind

just pure watchfulness....

do not understand ??
it is meaningless whatever i am saying
but what i am conveying to you...you can feel it...
do not understand the words
words are just barriers
feel this moment...each moment...

one movement
one drop
one drop
one drop
movement to movement to movement to movement
deeper deeper deeper deeper deeper
higher higher higher higher higher
stop
disappear

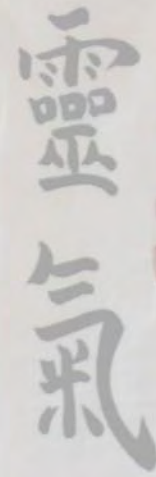
first understand the inner message
and then the words...gibber gibber gibber gibber gibber
just understand...see...

enlightenment is that one moment
and one moment is enough...
you do not need to search a constant state
you are enlightened in that one moment
if you can drink one drop...
you know the taste of the ocean
that is enough

drink the drop
drink it totally
and it will prepare you for the next moment
and again you will learn to absorb...the next moment...
drink it totally...totality is here...this way...vertically...
all meditation is showing you is how to be total...
this vertical way

when you peak...peak totally
when you drink...drink totally
this is the path
and slowly the path...
becomes wider and wider and wider
and you are no more

you have become the path itself...
you have drowned into the path...
you are no more...
you are the path...
you are the goal...
you are the answer...
you do not receive any answer
the answer dissolves you...



靈氣

drinking this moment totally
you become the answer
even for one moment...it is enough

you have known your master
you have known that moment...that is enough
you understand what means vertical transformation
each time learn to drink deeper...
this moment becomes deeper
and the deeper you drink
the next moment allows you to celebrate
the state of nomind

whenever you hear people say
drop your mind...drop your ego...
do not drop anything...
when you are in that moment of nomind
who is there to drop anything ?
too much effort...watching the mind...
dropping the mind...dropping the ego
too much effort !!!

this is the work of therapy and therapists
drop your mind...drop your ego...
do not drop anything !!
just understand this simple state
and how to reach there

you are wasting your time
analyzing...criticizing...judging...labelling
this is not good...that is good...i do not like this...i like that...
everything is perfect
you are perfect...
just understand how to reach that perfect moment

and slowly slowly its light will fill you and transform you
nothing is imperfect...it just needs light
bring in the light...
it will come with silence and a deep contentment

question *usually i do not have headache but now i have a headache
i do not understand what it is...it is a kind of pressure that i cannot let go off*

very good !
when your inner starts opening
it creates a certain grip
a big headache...specially in the crown
in the third eye...a pulsation...

something is creating pressure in you
this is the experience of kundalini
when the gravity around the body reduces
something from within you releases...
and that hits the crown centre
and you feel the pressure
it is the kundalini experience...continue !

pressure in a small space is too much energy
you will feel the pressure
slowly slowly it will create a space in you
and that pressure...your headache...will slowly become pleasure...
all meditators have headaches...
headache is energy in the crown pushing from inside

i will explain it like this...
this is my finger
when i press it i feel pain
too much energy too less space
release it...it flows...there is pleasure

too much energy confined in a small space is pain
release is pleasure...
and then again there is pain
and then again pleasure...
pain pleasure...pain pleasure...pain pleasure...
this keeps making the space grow bigger and bigger
you understand ?

it is growth...

if pain gets too much just tie your head...

cover your head...

the head is a circle

the energy will go back into the body

there are different kinds of silence

one silence makes you heavier and sad

it takes you lower...

and one silence lifts you higher and higher

this silence is your vibration going vertical

because you have peaked

the state of energy is so peaked

it is like standing waves

it lifts you higher...

it is a living silence

and it makes you alive

it pulls you upwards...

you feel the pull upwards

it is the buddhfield

it is difficult for me to speak anything sensible

it is very difficult for me to speak

and with translation it is even more complicated...

so many years i have been sitting in silence in the mountains

it is difficult to bring words

and to create silence while speaking

if i speak to you

and you start thinking what i am saying

you have lost the meaning

whatsoever i am saying is so meaningless

such rubbish

but if you are just silent and you watch

something is moving silently

you can see the state of stillness...of awareness...

being reflected in the movements

by watching this state you can catch it

it is like tai chi...

when the master is moving slowly...

just by watching...something within you connects...

you connect from being to being

and you feel the inner movement...

because you are not sitting there

and i am not sitting here...

at the very centre we are all connected

if you can be silent and wait and watch

something from the very centre connects to you

and each movement triggers something within you

i can connect to your centre because we are one

each movement that i am expressing...

you can feel it and sense it within yourself

this inner sensitivity can trigger...

and pass the message of stillness

because we are connected...

how to gain the experience ?

how to drink the experience of someone who is in that state ?

you have to drink

you have the buddha present within you...
and the buddha is watching
and suddenly you remember...aha...yes...it is present within me

we are like mirrors
this is the way to transfer inner experiences...
just by sitting and watching
almost like in a trance...
you understand the message...not because it is said in words
but something invisible...the inner expressing itself in the outer
through actions...through a silent gesture

this is the sensitivity you need when you go to see a mystic
what is spoken is not so important...
what is important is the space
how to drink the space...the emptiness...
it is coming from the source...

if i was to remain silent
and not speak
you will start thinking...
you will start dreaming and imagining...
so these words are just to engage you and to bring you here...
and while you listen a deeper message of stillness and silence
is being conveyed to you

that is why it is difficult to speak...
specially when there is translation
because i am not saying anything...to me...it is all gibberish !
truth cannot be spoken in words
if it could be spoken in words there will be so many books

you will keep reading words of truth of the greatest master
but nothing will trigger in you...
because it is a living energetic state
you have to tune into it

i am silent
unlearn into silence...


it is not easy to convey this message
you see the life that is moving and speaking to you
it is life...
i am so alert
that every single movement is stilling the space
it has to stop your mind and your thinking
and create a buddhafield of stillness
you have to catch it...

question *when i am meditating i can see better my limits
now what i have to do ? now i am aware of my limit but
i want to know how can i go beyond my limit ?*

totally absurd...first you create a limit
and then you go beyond it...
there is no limit !
how you can see the limit ?
what is seeing the limit ?
if you can see the limit
you are greater than the limit itself
otherwise you cannot see the limit...

this is an open sky
you are seeing a limit from above ??
why you need to see any limit ?

who said you have a limit ?
in which dimension is there a limit ?
in feeling thinking doing being...what is the limit ?
what limit are you seeing ?



a financial limit...yes i understand...
a material limit i can understand...
a spiritual limit ? a physical limit ?
body...i can understand...but being ?
there is no limit
stillness has no limit
silence has no limit
what limit ?

please explain...
it will help you understand your question
you take a piece of paper
you write the word limit and look at it carefully
what limit am i talking about ?
what is the limitation ?
body...mind...spirit ?
what is the limitation ?
and everything has a limitation !
you cannot fight against gravity
so even a rock has a limit
a rock cannot fly
so it is behaving naturally the way it is

if you are living naturally
then you are simply natural
where is the limit ?
when the apple is ripe it falls
it is not a limit...it is natural...

so tomorrow write down your limits and bring them to me
i will remove all your limits in one minute !
today she said she cannot sit cross legged...
just today...first day she said i cannot sit

and she asked...can i sit against the wall ?
i said...come here...you sit here without the wall...
when the meditation was over i asked her
how are you ?
she said i am fine...
there is no limit !
you are creating limits unnecessary...
even in small small things...

you do not have any limit in celebration
dance...silence...love...
all these beautiful qualities in you
all that is living in you...has no limits...none !
you can share your love with the whole sky
you can dance with the trees and the wind
no limits !
you can drown into the silence
silence has no limit !
it can go through the walls
it can go from italy to france to spain to the sky !
silence connects...
love connects...
life connects...
search the meaningful unlimited spaces within you

and tomorrow you bring your limits
i promise you i will solve it in one second
and nothing to solve
just a simple understanding...

we are so used to labelling...we label...
that this is not good...this is good...this is bad...
the meditator knows no labels

we just look at everything
we look at everything as an energetic state
and we see how to transform it
that is the only way
higher and higher and higher and higher

the moment you come to a limit
go higher...
take it higher...take it higher...
that is the only way...
but good...you have come first day...very good
already you are moving...

this reminds me of a so called great therapist
she has written in her website
that you should know your limits...
and that by making great effort to change yourself
you can break your limits
you will not believe who it is...she was a lawyer...ma anando...
who has now become a so called great osho therapist
she is only talking about limits...how to overcome your limits...
how to make a great effort...to change yourself...to become better...

these are the people who show you your limits
who show you that you have to make great effort to change
it is their business !
because when they show you your limits...
then they give you the solution...
how to go beyond it !!
this is why therapists have become the new priests
they show you your limits...
and they show you how to change...
how to go beyond these limits...

they give you the tools to change yourself...
to make a great effort...so you join their groups...
these are lies !
these are great lies
you do not need any effort
to fall into your inner being...
do you need any effort to go to sleep ?
imagine you are going to sleep
making great effort to fall asleep...

when you go to sleep your head stops working
you are tired from the days work
the mind stops...the body becomes relaxed
slowly slowly you fall within
you enter your heart...
you start dreaming
slowly slowly tired of the dreaming you fall deeper
you fall into your being...
and suddenly pop...
you are out of the body
you are deep asleep

are you conscious of where you have gone ?
you have gone somewhere
you are out of the body mind emotions
and you are in a deep unconscious sleep
like a coma
you are floating on the ceiling
how much effort you make to go there ?
none !

letting go is an inner secret...
letting go is like falling asleep...
out of body mind emotion...into sleep
deeper rest is samadhi
it awakens you...

so it is an art of letting go
no limit...no effort...
how to let go and relax ?
trust your inner being to find its way to the hidden secret
the art of let go
no effort...

effort is of the mind
effort is to become
relax and accept yourself totally
no more inner struggle
no more inner fight
total love of your inner light
total acceptance
a deep trust and let go...
and it will lead you to the deepest secret within you
so there is no effort

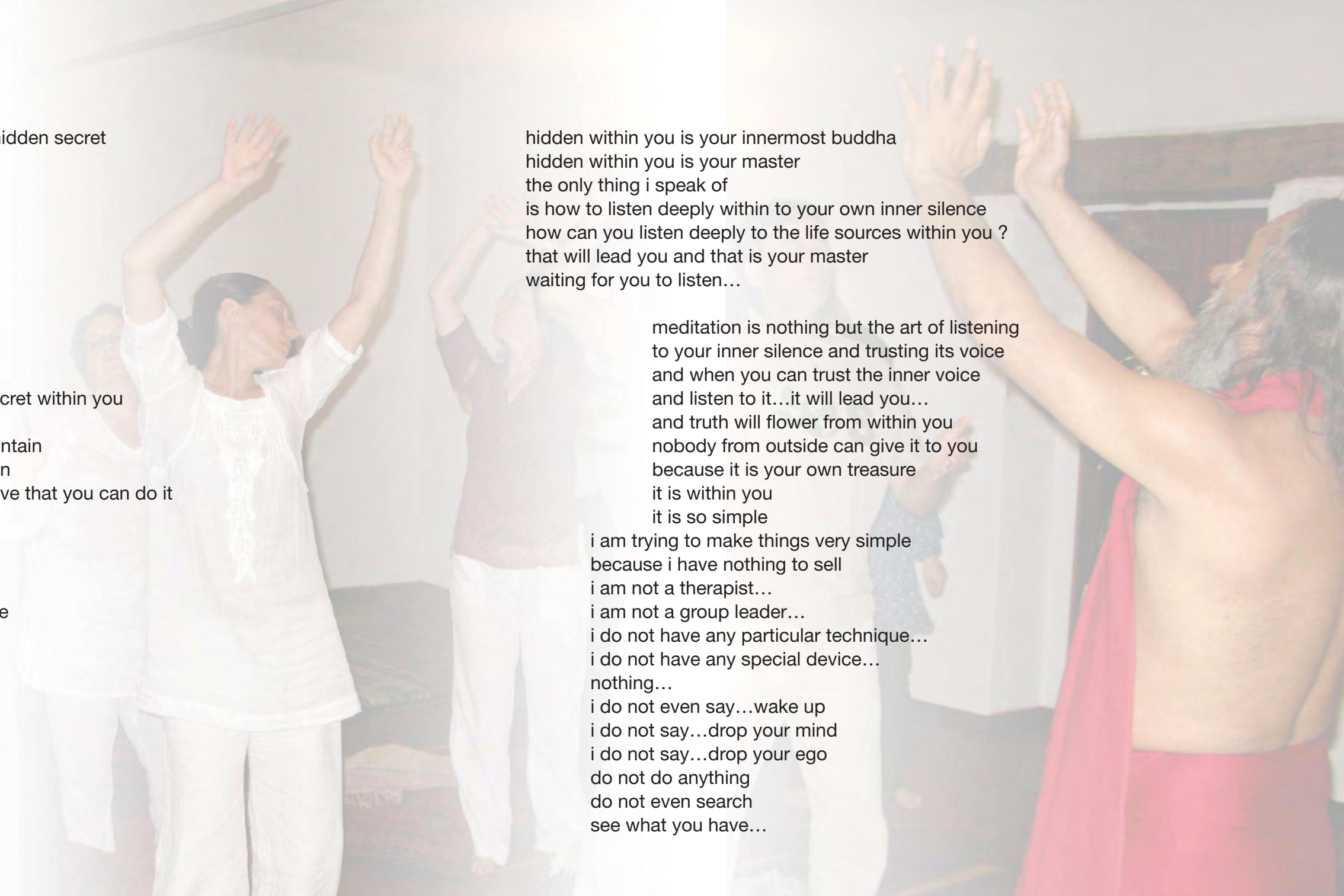
if you are told to climb the mountain
then you will climb the mountain
because the mind wants to prove that you can do it
this is why you are in misery...

understand the beauty of let go
surrender within and you are whole...
but you cannot believe that truth is so simple
it is so simple !
it is like falling asleep
you will stumble upon it
you will fall into this state
when you are innocent open and loving...
it is a state of let go...no effort...no change
i do not teach any therapy
you do not need any therapy
you do not need anything at all

hidden within you is your innermost buddha
hidden within you is your master
the only thing i speak of
is how to listen deeply within to your own inner silence
how can you listen deeply to the life sources within you ?
that will lead you and that is your master
waiting for you to listen...

meditation is nothing but the art of listening
to your inner silence and trusting its voice
and when you can trust the inner voice
and listen to it...it will lead you...
and truth will flower from within you
nobody from outside can give it to you
because it is your own treasure
it is within you
it is so simple

i am trying to make things very simple
because i have nothing to sell
i am not a therapist...
i am not a group leader...
i do not have any particular technique...
i do not have any special device...
nothing...
i do not even say...wake up
i do not say...drop your mind
i do not say...drop your ego
do not do anything
do not even search
see what you have...





and know perfectly well
that the whole universe is within you
and if you cannot go four feet within
why waste your life going miles away ?
just few inches within you in a deep relaxed state
let go and have a nice deep sleep...
and see what comes to you
if truth has to come let it come to you
how will you run behind it ?
is it north or south or west or east ?
where is it ?
is it above you ? is it below you ?
where will you search ?
just relax totally and truth will come to you
it is searching you when you are in a relaxed state
it is searching you when you are dancing and celebrating in that state of bliss
it is searching you...it is you !
it is truth itself knocking and that is why you feel bliss
you see how simple i am making things

everywhere you will find me speaking
it will bring you back to this simple message
and i never searched for truth
do you think i am stupid searching for truth ?
i have nothing better to do in my life ?
i am simply living my life totally...
wherever i went...truth was searching me...
so when i tasted it
it was so sweet
so i said what is it ?
it says truth...
i said...ok...welcome
wherever i go...a sweet taste in my mouth of total living
i tasted it...aha ! this is truth
i just kept drinking and sleeping...
you got it ?

everywhere i have to speak this simple message
because the world has become so full of liars
all selling truth !
it has become such a big business
everybody speaking about truth
wherever you go
masters...gurus...teachers...therapists...groups leaders
all kinds of idiots !
and you look at them
they look so miserable...they cannot even dance...
no stillness...no silence...no grace....
just gibber gibber gab gibber gab
and they know so much...
when i see all these elite idiotic therapists...
i feel like a child...like a little baby...
not knowing...just buzzing silence...innocence...



italy
ancona
27 june 2010

this silence...this silence...is your real search
this simple innocence...
so utterly simple...so ordinary...just this silence...

we have forgotten how to listen
we have forgotten how to live totally...how to dance totally
and come to this celebration within us
in this peaked state...in this state of nomind
everything disappears
all that remains is you in your purity...
you in your innocence...silence...

this is the taste of your buddha
of the master within you that is waiting for you to listen
it is always present...but you are not present to it
how to come to this moment
and realize its beauty...its grace...
it fulfils you and you are perfect

how to find this perfect state within you
and deepen this experience
live more deeply...come to this moment again and again...
and whenever it comes to you
enjoy the moment...celebrate it and move in

this is your inner search...to find your pure inner being
in which even you are not there
even you have disappeared
because one day even you are going to disappear

this body...this mind...will fall...

what will remain will be this essential silence

and if you have lived it...if you have danced it...if you can taste it now

the moment this body will fall you will have this taste surrounding you

and you know your eternity

eternity is this present moment...

deeper deeper and deeper and deeper...

the sky is open when you are not present...

what remains is the buddha

such a simple innocent message

and there is nobody that i have seen

who is not capable to understand this message

this message sets you free

you are free...totally free

nothing is preventing you

nothing can prevent you

from this inner experience

and the moment you taste it

even for a single moment...

you know it is present

just remember it more often

remind yourself continuously

that is all a buddha can do

he is just a reminder that you too are a buddha

live totally...celebrate yourself...

because within you...you have the gift of life

within you is your eternity

and you deserve it...you deserve it !

it is yours

and you do not need to do anything for it

it is your very nature

drown into your own inner nature in deep gratitude

and you will see nothing else but your open sky

the inner search is not a search

it is a deep love affair with your inner beauty...

it is an expression of your love...

celebrate...express yourself...

share your beauty...

and the more you will share the space within you

the more space will grow

we are here out of the abundance of nature...

nature has so much to give

it has given us life and the human form is the highest evolution in nature

it is such a creative loving gesture of this universe to give you life

all you can do is celebrate and share all that is beautiful in you...

express it...share it...

do not be afraid that people may close their heart...

you live your life...you share what you have

and remember at this peaked state you are no more human...

but a divine being filled with light

it is present in each and every act of yours

spread this grace...this beauty...

into each of your actions...

and you will see that slowly slowly

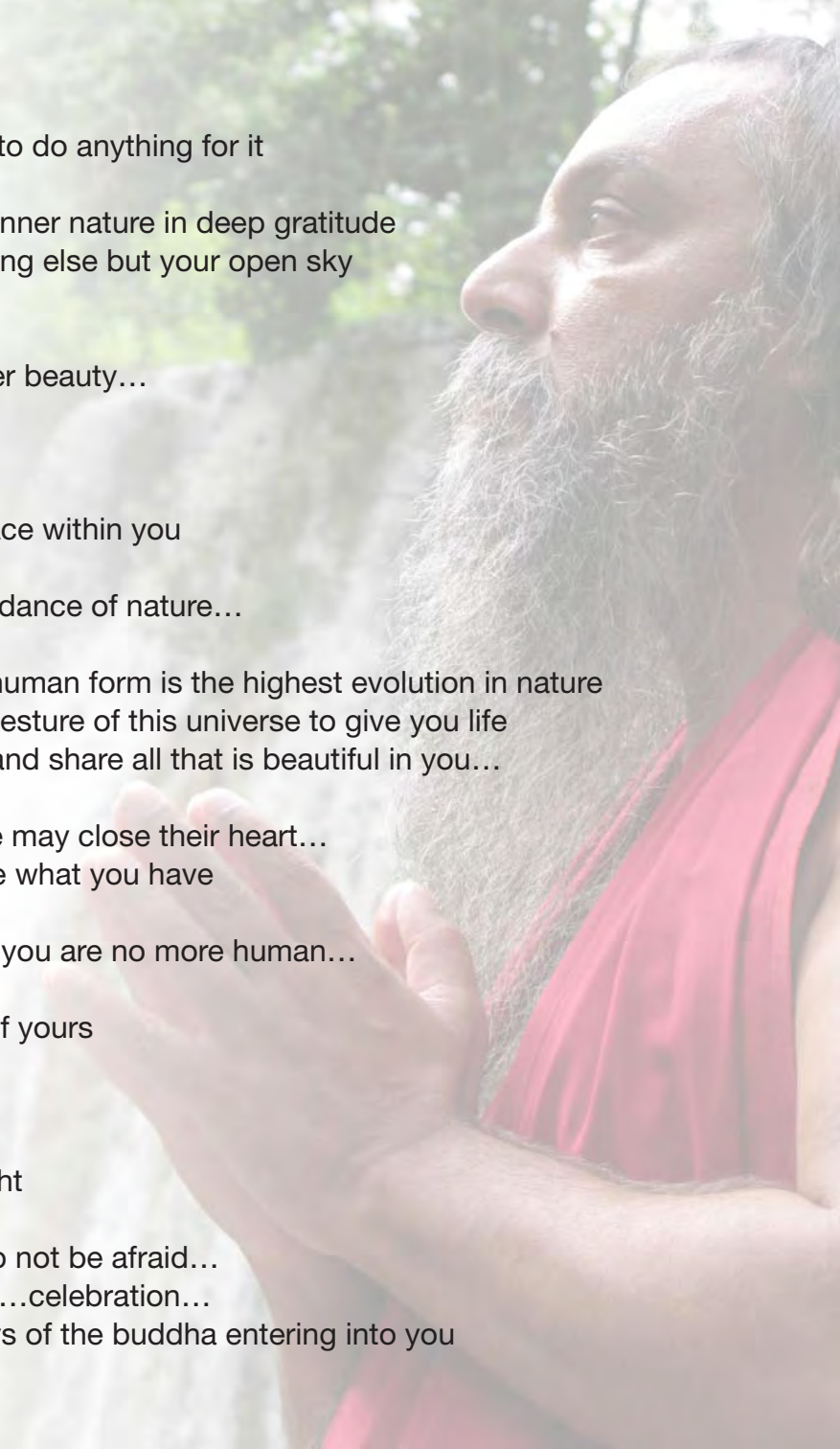
what is coming out of you is this light

there is no way but to live it...

live your light...do not be afraid...

creativity...dance...celebration...

these are the ways of the buddha entering into you



it is not about doing a meditation...
meditation is just an indication
how to celebrate and enjoy life totally
how to be creative and share your beauty
it is all about living
living the truth...living the light...
utter freedom...the sky is yours
paint it the way you want to paint it
life is your painting...choose your brush
choose your colours and be a painter...
create your life...it is up to you
and nothing prevents you...
nothing prevents you !

i have not come across a single individual
who cannot drown into this state
just they do not know what it is
how to arrive there
and those who know should share
out of their love and joy

it is not a special message
it is pure innocence
that of a child...just giggling and laughing
and you can see in the eyes of the child the light and the beauty
and the bubbling of life...so pure...
this is where we belong...
we are sannyasins...
search your inner innocence

not knowing is such a beauty
who wants to know ?
when you are dancing and celebrating
do you want to know the way to truth ?
you do not search anything...

you are it in that moment
you are drinking and celebrating...
who cares what is truth ?
you are truth itself
and truth is nothing but life expressing itself in totality

i do not understand why people are searching
they are searching what is flowing within them
how to elevate this flow...
how to live and breathe deeper...
how to become more sensitive to what you have within you
you are a treasure and that treasure is life
do not search life...live...live totally...
and know that you are free
just to know that it is a simple taste
you see the weight fall off your shoulders
you are light...you can fly !!

this message liberated thousands of people
you do not need to undo the past and remove your karmas
search into the meaning of life
correct all the imbalances within you

and now they even have family constellation groups....
It is such a joke !!
you are free
now they are telling you
it is due to your mother...to your father...
because his father and his grandfather...
his great grandfather...great great...
and deeper and deeper into the quicksand...
till adam and eve...
family constellation...

you are never born...never died
who gave birth to you?
no father can give birth to you
and nobody can kill you
the body and mind...one sperm one egg
are you a sperm and an egg?
that is the body

your father is one sperm...your mother is one egg
and now they will start digging into that egg and sperm
their dna...this and that...just forget it !!
simply transcend all this rubbish

you can dig and dig and dig but it is going nowhere
you can make it look more intelligent...
but mind will completely fail when you reach
you do not even know who you are...
why search your fathers problems ?
this is a way to lay the blame on others
you blame your family constellation
you think you need to do a group
you have to solve this problem
you are paying for your misery...
because of...family constellations...

you have no misery
you only have a celebration
and it has nothing to do with your body or your mind
your being is ultimately free
it has no name...no father...no mother...
it is simply free and it is your eternity

and the only way to reach this state of no mind
is one big celebration...
one dance...and everything disappears...
and in that disappearance just drink the light

it will dissolve all the miseries
and again dance and again drink...
deep stillness
what have you got to do with this body mind conditioning ?
meditators are not concerned
with body mind conditioning...
emotions...settling the emotions...
they simply transcend
and that transcendence brings in the light
utterly drunk and dissolved
this is transforming yourself
do not try to do anything...

i know they do family constellation groups here
it is the most stupid out of all the groups i have come across
it is a stupid psychoanalysis...
you do not even know who you are

and you are searching for your fathers problems...

you are searching the root to your problems of your mother...

half of them have not even seen their parents...

they have not seen their grandparents

when will this end...this chain...this blame game...

when will it end ?

which is the end ?

god ???

god has run away

he is not your father...your mother...

he says bye bye...adam and eve...run away...

do not do any miserable stupid groups

you are enough unto yourself

and the moment you realize it

you do not become arrogant and start teaching others

but you become blissful silent and innocent

the moment you realize you do not go to tell others what is wrong with them...

or tell them this is the cause of their misery...

you go to them to show them their celebration

you go to them to show them the beauty they have

that space that is within them...

you begin to see so much beauty in each person

and you try to help them...celebrate their beauty...

and draw the best out of them so that it creates the path

therapists have one weakness

they are constantly looking for misery in you

and the cause of misery and they want to remove it...

very good intention but why look for the misery

and its cause and remove it ?

forget all about it...see the beauty...

the celebration pouring within you and celebrate more...

love will win...the love within you...

the light within you is far more powerful

far more vast than the little darkness that each one carries...

and there is no darkness...

it is just an absence of light...

bring more celebration and it disappears

there is nothing negative in you

it is only positive...it is only beautiful...

i am saying from my knowing

everybody has a few weak spots

but that is the beauty...that humanness...

we are humans...not machines...

that little trouble within you makes you vulnerable

and you open your eyes and search

therapists should help others to see the beauty in them

they cannot remove your misery...

they themselves are miserable

and they do not need to point to the troubles of the others

they can point to the beauty...to a dance...

they can make them dance...make them laugh...

you will see...misery will disappear...

but if you keep looking at the misery

it will become bigger and bigger

then you need a big psychoanalyst

and if the problem becomes too big

then you need a great master

bigger the problem...bigger the master

big heavy karma you are carrying on your head

you feel so good...i am not an ordinary human...

i have got so many bad karmas...

i have to find great answers



so many came to me
i have this big problem...
i have gone to all the therapists...no answer...
so i say...come...just dance with me...
you are making a joke out of me ?
i have such a big problem...you are saying dance ?
this stupid guy...not serious at all
i have such a big issue and he says start dancing
what to do ? i do not know any other way !!

you can ask all therapists
have they solved their problems ?
i have not solved any problem...
i never went to solve them !!
wrong question...wrong answer...
go to solve your problems and you will only see problems
go to live your life...you will only find life...
i had more problems than all of you put together...
so i decided forget about it
too many problems...
i am one man...i cannot solve them...
i gave up...i started dancing...
i cannot do anything so i started dancing
and slowly slowly in my dance
everything started disappearing

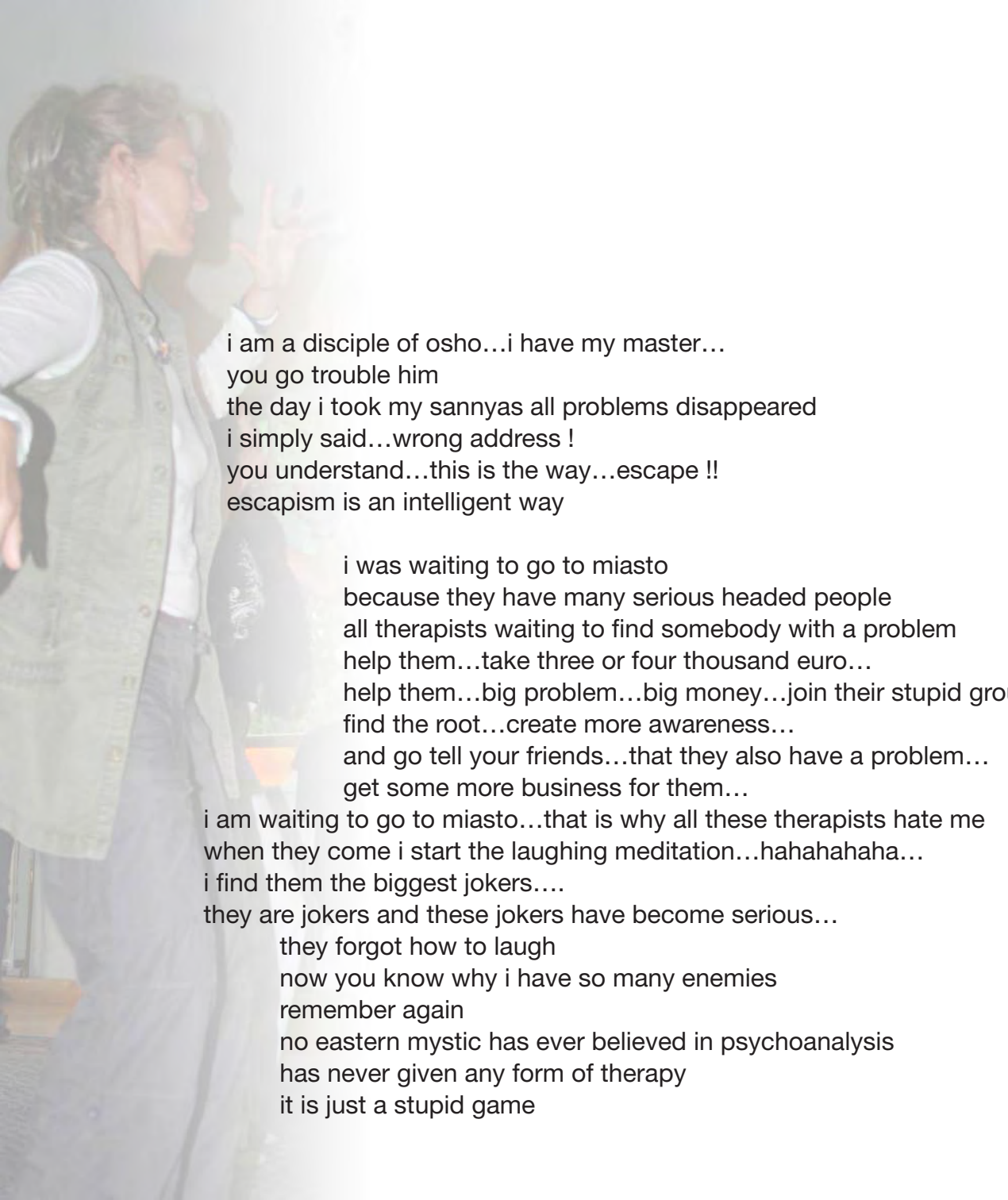
when i went back to look at that big problem
it says to me...hey...you do not even listen to me ?
all my problems started running away...
because i am simply a joker...i am not even listening to them
i never listen to the problems
they are all standing everywhere...all around...
i simply ignored them all...

life is too short...i want to live first...
when the problem will come...i will see...
slowly slowly they got bored of me...
they got tired...the gave up and went...to other people !!

problems are very busy people
they do not have time...
a problem needs a solution quickly
they are very busy and serious people
you cannot ignore them
they are standing on your face
they say...i am your problem...look at me carefully...

problems do not like me...they go to the neighbour...
they find all the serious people
i never respected the problem...i simply ignored...
i dissolved them
i never gave them a solution...
my neighbour...my father...my mother...
my grandfather...my grandmother...
go anywhere you want...
if it is my grandfathers problem...you find him...
i have got nothing to do with him !!


when my family came to me
i said which family you are talking about ?
i have dropped all the family
i am an osho disciple
i am a sannyasin...swami rajneesh...
who you are talking about ?
he died long ago
you are searching the wrong person



i am a disciple of osho...i have my master...
you go trouble him
the day i took my sannyas all problems disappeared
i simply said...wrong address !
you understand...this is the way...escape !!
escapism is an intelligent way

i was waiting to go to miasto
because they have many serious headed people
all therapists waiting to find somebody with a problem
help them...take three or four thousand euro...
help them...big problem...big money...join their stupid groups...
find the root...create more awareness...
and go tell your friends...that they also have a problem...
get some more business for them...

i am waiting to go to miasto...that is why all these therapists hate me
when they come i start the laughing meditation...hahahahaha...
i find them the biggest jokers....
they are jokers and these jokers have become serious...
they forgot how to laugh
now you know why i have so many enemies
remember again
no eastern mystic has ever believed in psychoanalysis
has never given any form of therapy
it is just a stupid game



transcend the mind and reach that state
become silent and watch from that state
you will understand
do not get caught up in these games
they take you deeper into the quicksand
it is quicksand
the more you will pay attention to your misery...
the more misery will find you
and it can create great logic
because of this reason and because of that and due to this...
and what you will do with all this rubbish knowledge ?

you just want to go and eat an ice cream
and the therapist is telling you about your parents
see...here is ice cream...eat it and go to sleep...
gelato ice cream...very good...
you see...i am just a simple fool...
i do not make any sense
because i am not a therapist or a psychoanalyst
i am just a lover...innocent...

whatever comes...i simply speak it
but i like to poke...i like to poke therapists...
just to help them...find the way out...
these doctors are the most sick people
the whole day the poor fellows...
one sick person...another sick person
i have a lot of compassion for therapists
poor people...always listening to others problems

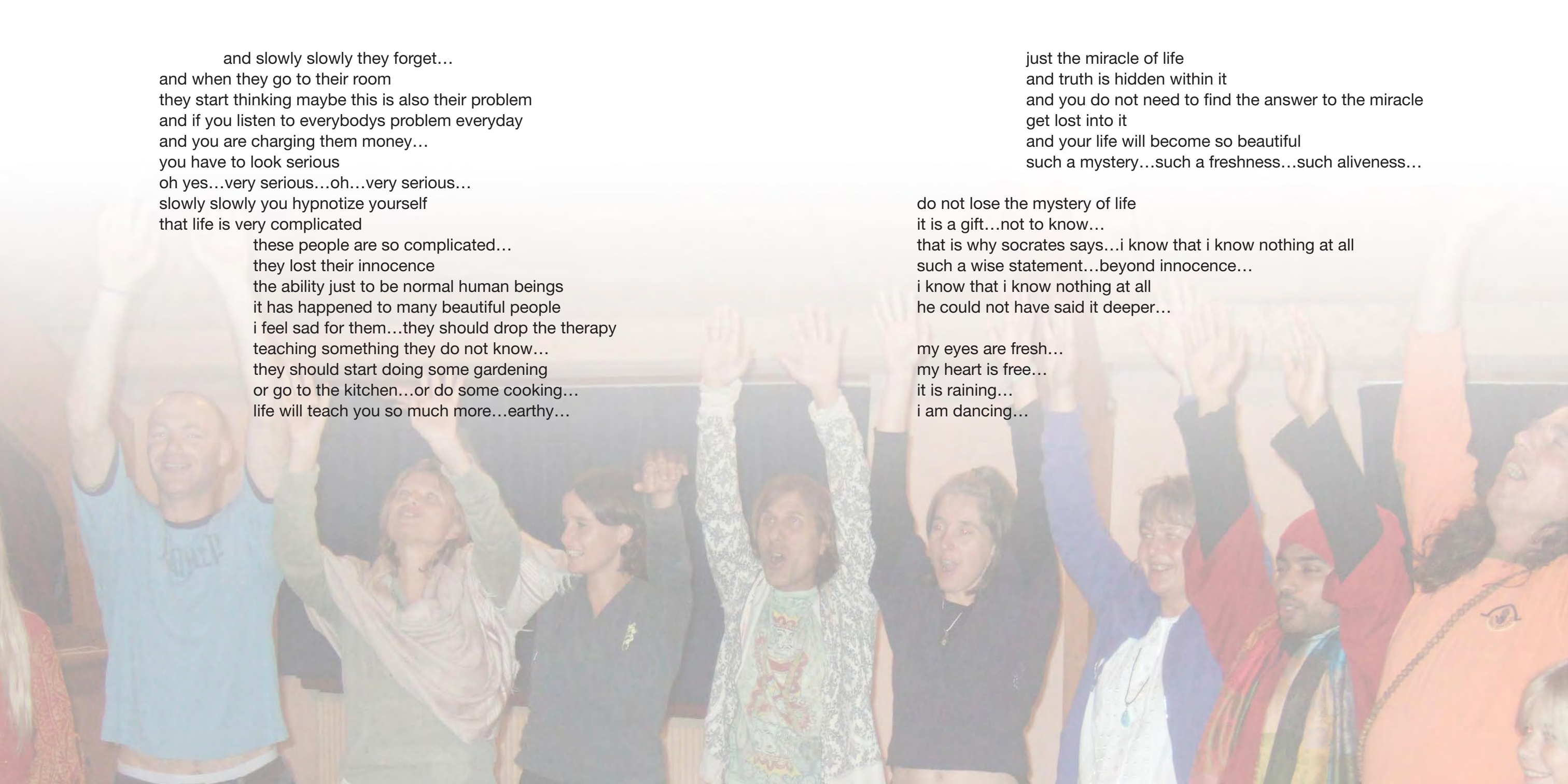
and slowly slowly they forget...
and when they go to their room
they start thinking maybe this is also their problem
and if you listen to everybodys problem everyday
and you are charging them money...
you have to look serious
oh yes...very serious...oh...very serious...
slowly slowly you hypnotize yourself
that life is very complicated

these people are so complicated...
they lost their innocence
the ability just to be normal human beings
it has happened to many beautiful people
i feel sad for them...they should drop the therapy
teaching something they do not know...
they should start doing some gardening
or go to the kitchen...or do some cooking...
life will teach you so much more...earthy...

just the miracle of life
and truth is hidden within it
and you do not need to find the answer to the miracle
get lost into it
and your life will become so beautiful
such a mystery...such a freshness...such aliveness...

do not lose the mystery of life
it is a gift...not to know...
that is why socrates says...i know that i know nothing at all
such a wise statement...beyond innocence...
i know that i know nothing at all
he could not have said it deeper...

my eyes are fresh...
my heart is free...
it is raining...
i am dancing...





italy
nottoli
3 july 2010

this innocence
this state of silence
this deep stillness...
such an innocence state
the whole search
is how to arrive to this state of nomind
where everything becomes silent and still

it is a perfect moment...
just a simple vertical flow of energy
going higher and higher and higher
till it reaches the very peak
and the moment it reaches the peak
everything stops...

just drink it...drink it...
drink it as deeply as possible
let it fill you completely with its silence
this is your masters silent presence

when you are in this state of nomind
you are at that peak of your very buddha nature
you are experiencing your vertical totality
and this is your search
the search of nomind....
and how to drink this state...
and fill your entire interiority with its silence

it is just such a simple innocent way
it is simply a vertical dance within your being
and a deep inner settlement
this is transforming your inner states...
to higher and higher states...
in that moment you are perfect

this is the beauty of transformation
that you are always perfect...
you just need to know how to reach...
with a simple dance

just gather your whole energy
collect it together
slowly slowly raise it
higher and higher within yourself
and you have reached an open sky
nothing is holding you down
and you are free
the sky is open

and start drinking it
you do not need to change anything in you...
you do not need to add anything to yourself...
the way you are...you are perfect
but where is that perfect moment in you ?
and what does it mean to arrive there ?

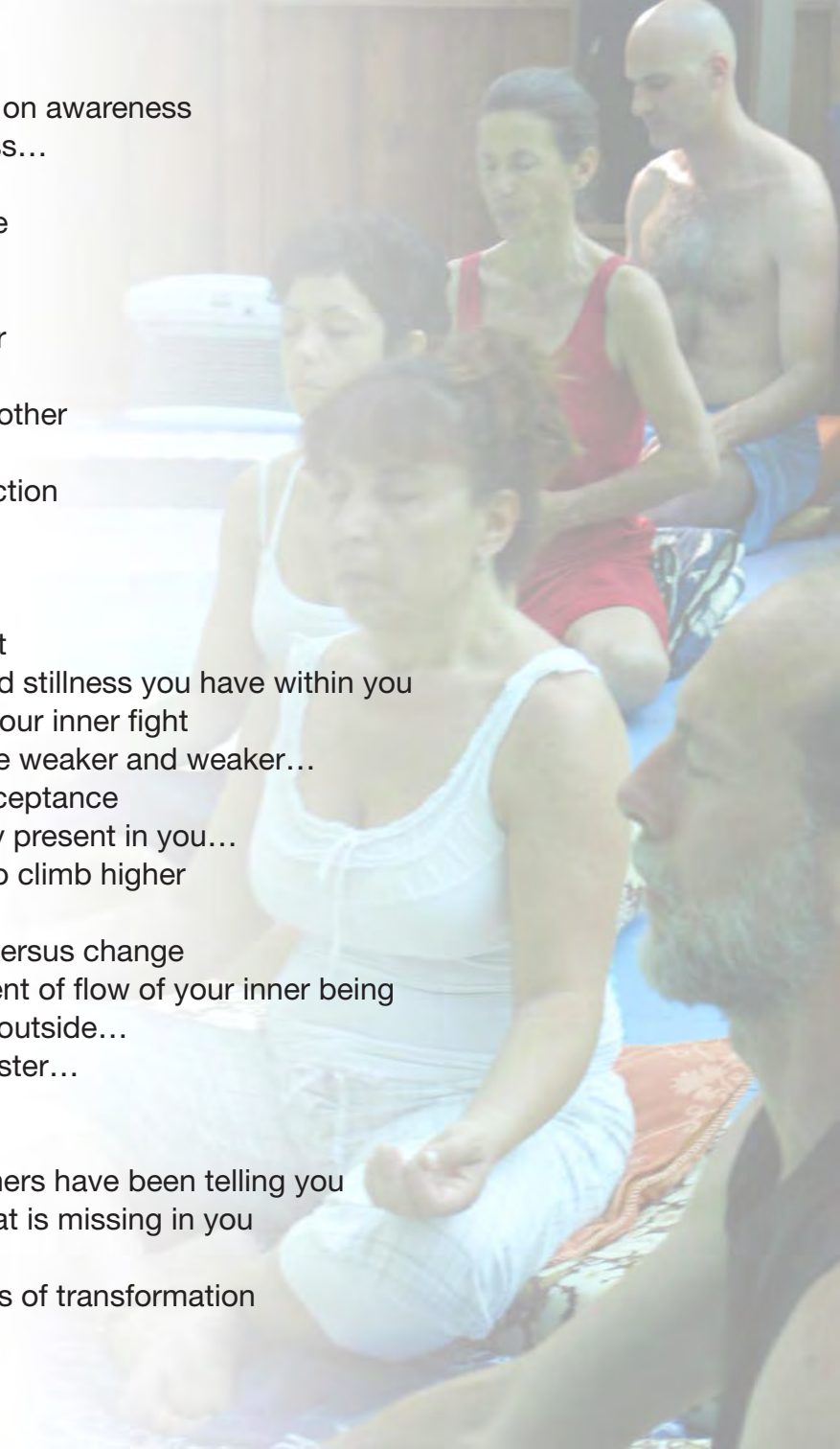
nothing
just a pure innocence...
a celebration and a dance...
you do not need anyone to tell you how to reach there
each one is capable to reach that peaked state
and to drink its silence

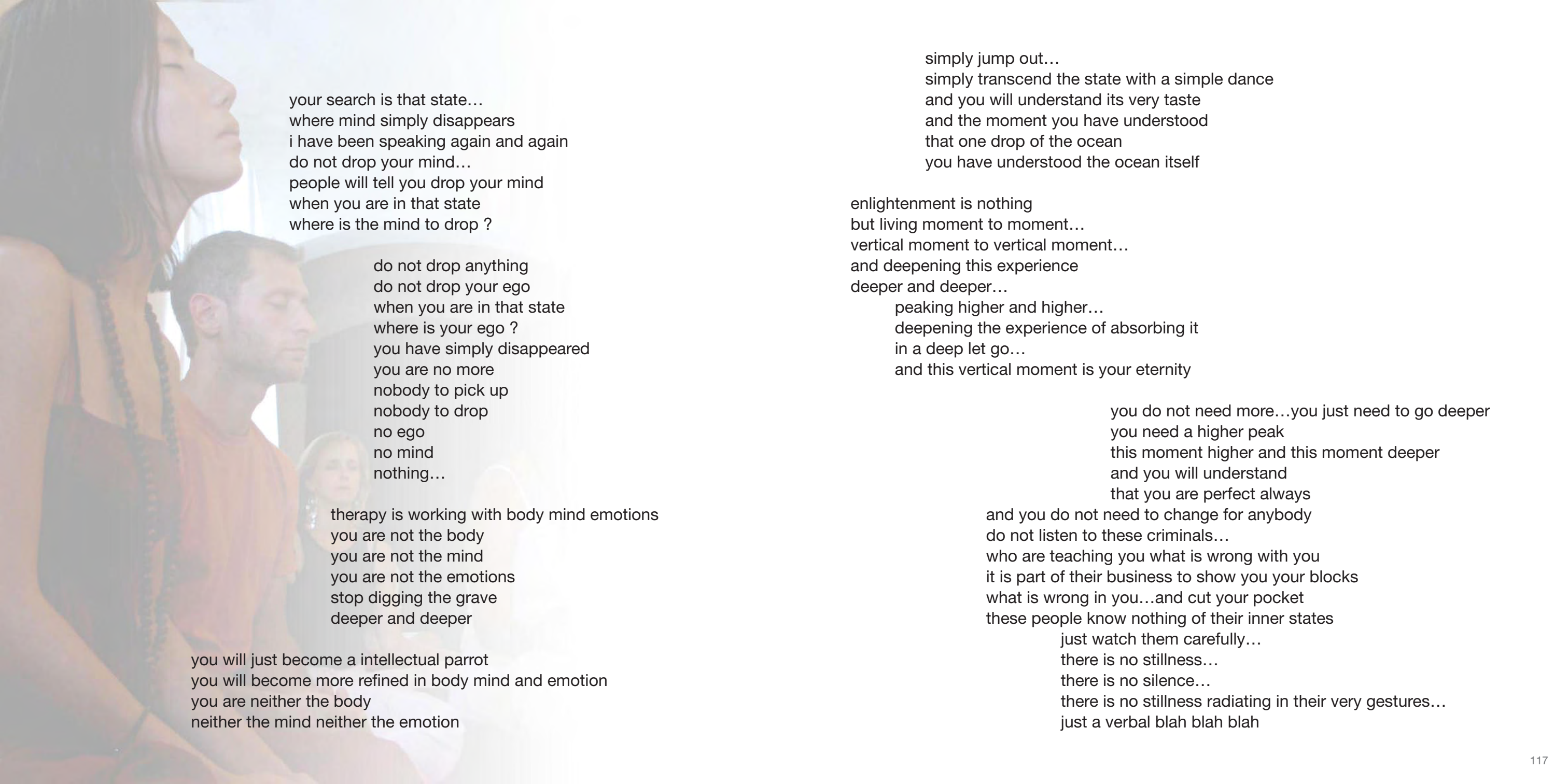
that is why masters speak on awareness
vertical states of awareness...
not change
change is becoming somebody else
changing yourself for another
making yourself a better person
adding something to become better
subtracting something to reduce
that which is not acceptable to the other

all this adding and subtraction
removing and labelling
what is wrong in you
and what is right in you...
creates such an inner fight
that whatsoever clarity and stillness you have within you
is simply destroyed with your inner fight
and you become weaker and weaker...
and that self acceptance
that was already present in you...
has no energy to climb higher

please understand transformation versus change
transformation is a vertical movement of flow of your inner being
you do not need anybody from the outside...
you do not need any guru...any master...
any teacher or therapist...

all these therapists and teachers have been telling you
what is wrong in you and what is missing in you
there is nothing missing...
just understand vertical states of transformation
to the state of nomind





your search is that state...
where mind simply disappears
i have been speaking again and again
do not drop your mind...
people will tell you drop your mind
when you are in that state
where is the mind to drop ?

do not drop anything
do not drop your ego
when you are in that state
where is your ego ?
you have simply disappeared
you are no more
nobody to pick up
nobody to drop
no ego
no mind
nothing...

therapy is working with body mind emotions
you are not the body
you are not the mind
you are not the emotions
stop digging the grave
deeper and deeper

you will just become a intellectual parrot
you will become more refined in body mind and emotion
you are neither the body
neither the mind neither the emotion

simply jump out...
simply transcend the state with a simple dance
and you will understand its very taste
and the moment you have understood
that one drop of the ocean
you have understood the ocean itself

enlightenment is nothing
but living moment to moment...
vertical moment to vertical moment...
and deepening this experience
deeper and deeper...

peaking higher and higher...
deepening the experience of absorbing it
in a deep let go...
and this vertical moment is your eternity

you do not need more...you just need to go deeper
you need a higher peak
this moment higher and this moment deeper
and you will understand
that you are perfect always
and you do not need to change for anybody
do not listen to these criminals...
who are teaching you what is wrong with you
it is part of their business to show you your blocks
what is wrong in you...and cut your pocket
these people know nothing of their inner states
just watch them carefully...
there is no stillness...
there is no silence...
there is no stillness radiating in their very gestures...
just a verbal blah blah blah

just ask them to become still for one moment
stand up and walk and sit
and you will know
that the presence of nomind is missing...
it is not even a shadow
certainly it has not permeated the body
and unless your whole body becomes silent with this state
you have not understood the way of the buddha

how to dissolve this bodymind
and not to look for solutions to solve them
you need to dissolve it...
and therapies and groups are not the way
they only refine your body your mind and your emotion
and you are none...
when you will fall what will remain...
will be your vertical states and peaks

that is why all the therapists are against me
i am here to destroy their business
their exploitation of the innocent seekers

you can cut their pockets if you want
but leave their beauty
their innocent search
their heart which is vulnerable
leave them alone...

simply say i do not know...
and explain it clearly
that therapy and groups are not the way...
they are just part of the entertainment
and entertainment should not cost you so much
life is very short
understand the simple message of osho
you need nothing...


you need nobody...
just a simple message...
a vertical energetic transformation
and the ability to let go
and drown into its silence

and slowly slowly
the vertical path will become wider and wider
and deeper and deeper
and this whole body will melt and disappear
with no answer left behind
just a state of pure silence and innocence

wherever i am going
i am simply giving this simple message
the inner journey is very simple...
it is profound and delicate
you need to be intelligent
you need to be sensitive
you need to be silent
you need to learn to listen to your inner voice
that comes out of this peaked experience

all the rest is mind...
do not waste your time decorating the mind
it is your life
you will go to the grave with too many decorations
a nice tie and an armani suit to your grave...
but you came naked and you will go naked
and as a mystic you are searching your eternity...

do not forget that message
that you are a diamond
a being of light in utter nudity




stop this decoration and all this false pretence...
and you know for whom this message is
for these corrupt hypocritical therapists
whom i call the rapists

they are rapists...
they are robbing you of money
that they do not deserve...
and they are exploiting those who are searching the truth

the inner journey is utterly simple
but you do not want to listen to this simple message
slow down...
become silent...
before you go to search for truth anywhere outside
go deep within
and see what you are carrying...
and you will know that you carrying
everything that you need for this road...
and this path is not far away
it is vertically above you...

you do not need to take a single step
you just need to learn to dive vertically deep
without a single step
knowing who you are
being utterly present
to this vertical state of stillness within you
and you have arrived

just you are missing...
you are in a hurry
you are searching outside you
you moved away from your centre
come back home and just settle
you are pure light

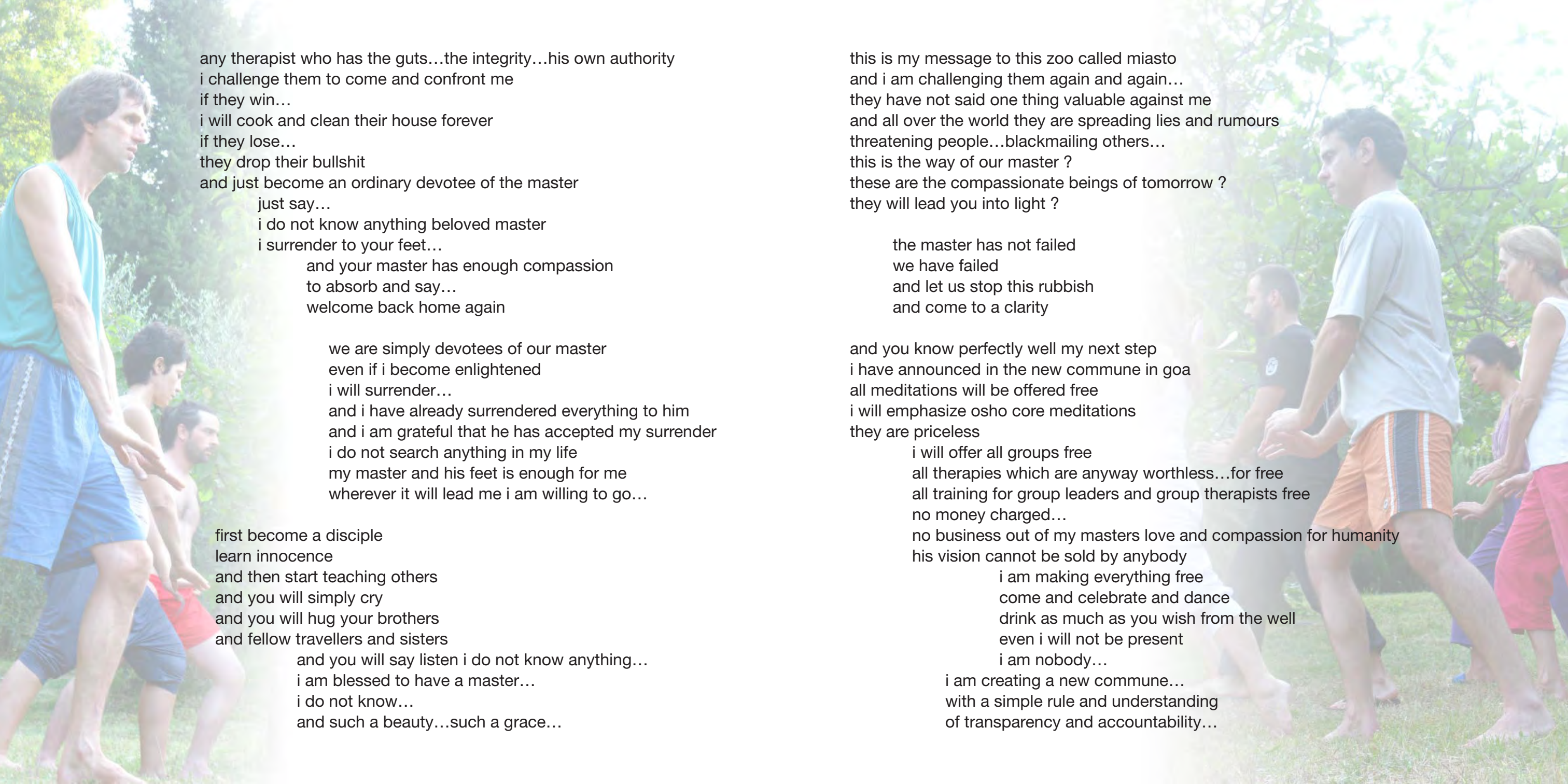


then if you understand this...
if you want to play a few games...
that is very good
then you go to all these stupid groups and therapies
and search teachers and masters and gurus...
that is just an excuse to dilly dally and waste your life
people cannot live with bread alone...
you need some cheese and some pasta
and you are italian after all...
you need italian mamas food...
that is all fun...
enjoy the game...but know it is a game

and once you understand the inner beauties
and what you are carrying within you...
you will go beyond these petty games
go deep within you
just a simple dance
a deep silence and innocence
a celebration of yourself

if there are any questions...accusations...attacks
anything welcome now...it is good moment...

i am waiting for people
from this great osho centre of miasto
who speak behind my back...
to come and challenge me
all these gutless toothless tigers
just yap yap yap behind my back
up till now i have remained silent...
but my message is going loud and clear
swami rajneesh is here to cut your heads off



any therapist who has the guts...the integrity...his own authority
i challenge them to come and confront me
if they win...
i will cook and clean their house forever
if they lose...
they drop their bullshit
and just become an ordinary devotee of the master
just say...
i do not know anything beloved master
i surrender to your feet...
and your master has enough compassion
to absorb and say...
welcome back home again

we are simply devotees of our master
even if i become enlightened
i will surrender...
and i have already surrendered everything to him
and i am grateful that he has accepted my surrender
i do not search anything in my life
my master and his feet is enough for me
wherever it will lead me i am willing to go...

first become a disciple
learn innocence
and then start teaching others
and you will simply cry
and you will hug your brothers
and fellow travellers and sisters
and you will say listen i do not know anything...
i am blessed to have a master...
i do not know...
and such a beauty...such a grace...

this is my message to this zoo called miasto
and i am challenging them again and again...
they have not said one thing valuable against me
and all over the world they are spreading lies and rumours
threatening people...blackmailing others...
this is the way of our master ?
these are the compassionate beings of tomorrow ?
they will lead you into light ?

the master has not failed
we have failed
and let us stop this rubbish
and come to a clarity

and you know perfectly well my next step
i have announced in the new commune in goa
all meditations will be offered free
i will emphasize osho core meditations
they are priceless

i will offer all groups free
all therapies which are anyway worthless...for free
all training for group leaders and group therapists free
no money charged...
no business out of my masters love and compassion for humanity
his vision cannot be sold by anybody
i am making everything free
come and celebrate and dance
drink as much as you wish from the well
even i will not be present
i am nobody...

i am creating a new commune...
with a simple rule and understanding
of transparency and accountability...

this commune will be for people...
not for masters
masters do not need anything
the beautiful disciples of osho need a space to grow
this space will be for them to grow...
to celebrate and express themselves unconditionally
no banning...no barring...no threatening...
all will be welcomed
and the freedom of expression will never be curbed

even if somebody wishes to declare they are enlightened...
the hall will be open for them to speak
if people want to come and listen...
they can go and watch the movie
it is simply a movie
and if it moves some people
it is beautifully ok

i am going to invite all enlightened disciples of osho
right or wrong is not the question
they have the freedom to express their celebration...
their joy...their finding...and in that very expression...
something of great beauty...a human heart will flower

if we want our people to flower
we need to keep an open transparent space...
for the growth of these beautiful beings
who are seeking the truth

there are seven and a half billion people on this planet
and less than a million sannyasins...
not even a fraction
a drop in a bucket
and these people have nowhere to go...

i am going to create a free space
utterly free
masters come second
disciples come first...
the value of the disciple has to be raised...
so that the masters are not the only begotten sons of god
each sannyasin has something beautiful to contribute
we should encourage their beauty...their joy...
their celebration...their love...their fire...

and we will see where it leads us
in the space of freedom of my beloved master osho
nobody will charge any money

he is priceless...
we cannot put a price tag to his vision
you are enough...
that you have come is the answer
and i do not want to put price tags on human beings
certainly not on a stupid gate pass...
because you are worth far more than any gate pass

the moment you have taken sannyas
you are welcomed and accepted totally
for whatever you are...however you are
you cannot deny anybody just because he is sick
give them more love...

hospitals will stop working
if they do not accept sick patients....
and these doctors...the so called therapists
they only want people they can control and manipulate
those whose money they can take for their own personal games...

they do not even have the guts to declare...
that they are somewhere on the inner journey
they hide behind this garb of therapists
they put all the books of the masters on the wall...
one stupid certificate and they pretend to know it all
do not borrow words of our master

they say i imitate
i do not imitate anybody
perhaps osho imitates me...
because i am his lover
i have welcomed him into my heart
and whenever he wishes to express anything
he is welcome...

and if he does not want me
he can go to amrito or jayesh or any miasto crackpot
and he can express through them...
i am dissolved and i am expressing my masters love
and if i do not behave like my master
then like who will i behave ? like adolf hitler ?

this is the miracle of love...

you dissolve
and you see nobody but your master...
and if i am deluded
then let them come here to remove my delusion
i am an easy target !!
but nobody is coming

all you beautiful people who have come from there
send them this message
that this man is instigating you
are you impotent ?
face the man
come on...finish him...

twenty great therapists can come and finish me in one minute
i should be trembling here
if they are so great they can see my delusion
they can finish me

am i that foolish
to put my head to the gallows
no...they know perfectly well
that this is swami rajneesh
do not mess with him face to face
keep a distance...

i think i have said enough serious things...
now a good laugh
i am just joking
i have to sound serious
if i do not sound serious they will think...
i am not really sending them the message
but i am a humorous fun loving guy
i am very chilled...easy going...
that was just for them...for the miasto crackpots...

welcome all new people !
yes if any questions...welcome
you like the show so far ?
it is the best on earth !!

anybody who can imitate osho
must be
either a genius
or has real guts
that is why osho said
this guy give him the name swami rajneesh

i was speaking today
that thousands of letters went against me to osho
while he was physically in the body
letters against the way i walk...
against the way i look...
against my very gestures...
against the way i move my hands...

and osho got tired
enough is enough
so he decided to send a message to buddhahall
that swami rajneesh is the model disciple of my ashram...

hundreds of idiotic therapists...listen to this message...
and they are greater than their master
because they have already understood who i am
that i am simply imitating...
and my master has said that
swami rajneesh is the model sannyasin of the ashram...

hundreds of letters went to bhagwan
saying his name is rajnish and he behaves like you
and this is getting too much
you must tell him to drop his name
you must change his name

they called me to the office
that this is going too far
change your name
drop your name

i said...listen
i am just a stupid idiotic egoistic disciple of osho
i am not going to drop any name...
i am going to cling to my name...
osho is a master
his name was not osho at that time

it was simply rajneesh
he can drop his name...
he has no problem
he has dropped everything...
he can drop his name
i am not against it
having the name rajnish
why i should be against myself
having the name rajnish ?
if he wants he can drop it !
i am not dropping it
he can drop it

i am a disciple
i am egoistic
you know perfectly well
i am egoistic...
so the message went to bhagwan
he said...yes change his name...
enough is enough...change his name
make it rajneesh
wrong spelling !!

now people are asking me why i have this name rajneesh
as if they are my judges and i am in some court of law
this is my name...what can i do ?
it is simply my name that he gave me...swami rajneesh
now why should i change my name rajneesh ?
why should i imitate ?
who are they to judge me ?

if i wish to imitate...i can imitate...whomsoever...
they can imitate whosoever they want to...they are also free...
we are free...

question *do you want to imitate ?*

i am finding it perfectly natural
and i am accepting myself
this is the way i am...
i am a crackpot

today we were discussing how these therapists
misuse the authority of the community of osho
whether in miasto or in poona
they misuse the instrument of spreading oshos message
they use it against disciples...
to cut and behead...ban and blackmail...
anybody who happens to have any experience
which does not suit them...

question *my experience with therapy since many years...
when i worked on my conditioning there is a space of silence...*

really ?

just one single sentence...

when i worked on my conditioning

very beautiful news for a therapist !
he is very happy with you
you are working on your conditioning...
oh...what great effort...
you have to pay for it also
what an effort...
working on your conditioning...

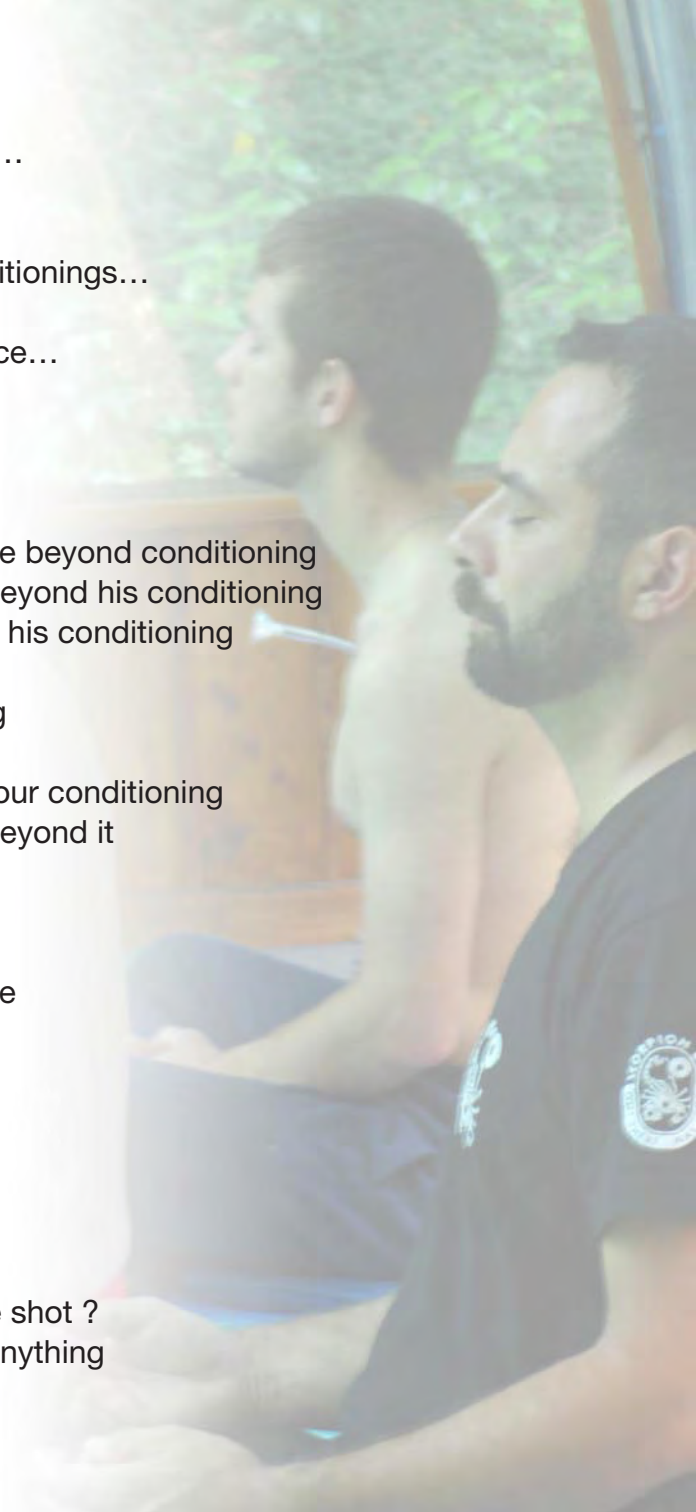
you do not need to work on anything...
please ! just simply drop it...
because you are working on your conditioning
you are giving it a life...
conditioning means that which is not real in the first place

it is like a darkness
so you decide to work upon darkness...
because there is no light
and you cut and chop mind logic...
the darkness...and these are my conditionings...
and i need to work hard...
and have to come to the state of silence...

there is no such thing as conditioning
how to evaporate it and not work on it ?
just heat water and it evaporates...
nobody in the whole history of mankind has gone beyond conditioning
osho declared that krishnamurti had not gone beyond his conditioning
even gautama the buddha has not gone beyond his conditioning
and let me put it correctly
even osho has not gone beyond his conditioning

you do not need to change and work on your conditioning
you simply need to find a space that is beyond it
and live in that state
and let the conditioning continue...
your body has a certain conditioning
and it needs to go to sleep at a certain time
that is also a conditioning...
you like to eat pasta and not chinese
that is your conditioning also
all is conditioning...
your bodymind is conditioned

how to drop this bodymind
with all its conditioning in one shot ?
you do not need to work on anything
to reach the state of no mind



when you are at the state of nomind...
there is no conditioning
you are not even a person
you are not a man
you are not a woman
which conditioning are you going to remove ?
in that state you are not even present !
you are absent...
and there is a nobodiness
evaporated

so do not come down the ladder
and again start working on your conditioning
you need to bring in the light
you do not need to work on the darkness
you are fighting a shadow...
and you tell yourself i need to work...
on this conditioning...on this shadow

you just need to understand the state of nomind
that which is transcending all states
therapy can never help you

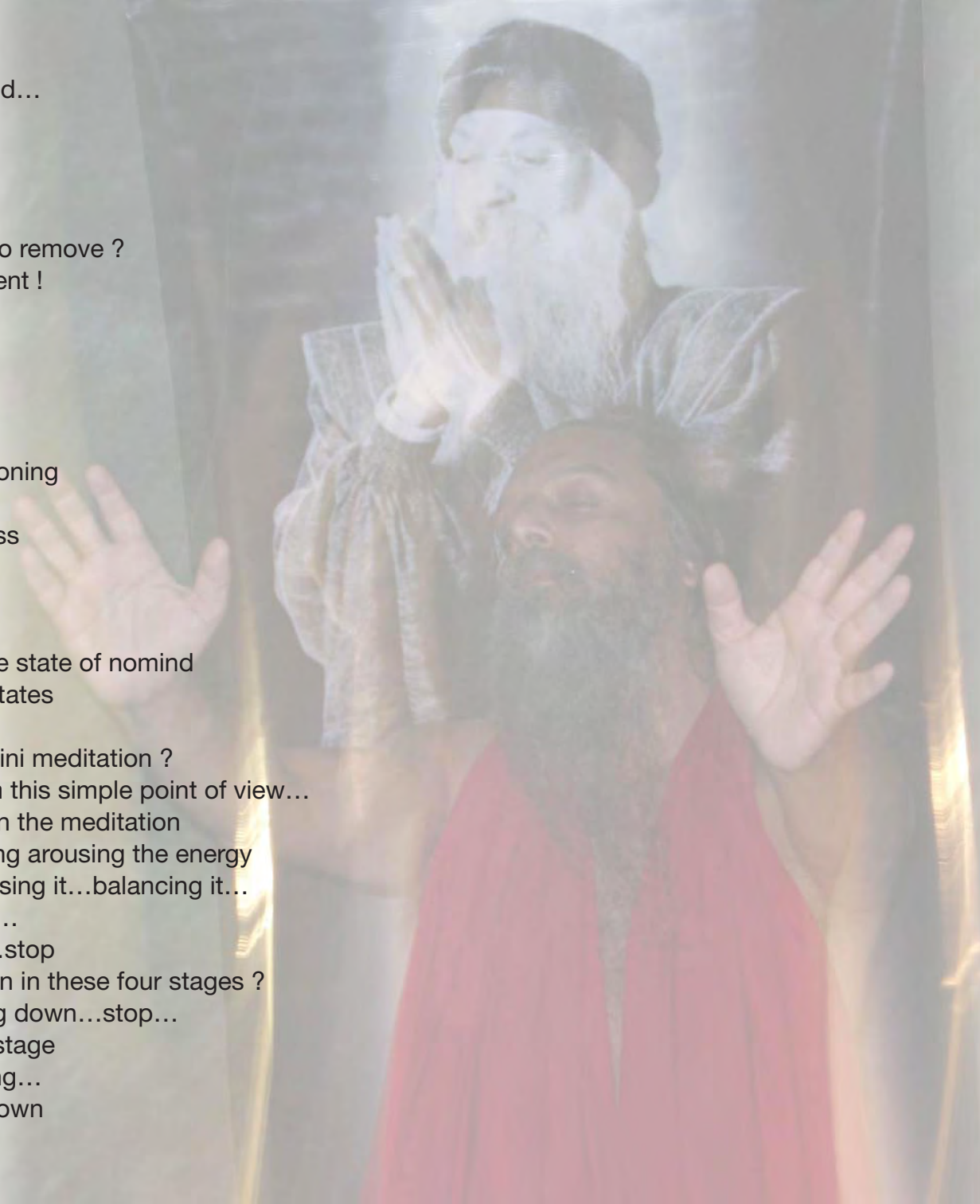
have you done kundalini meditation ?
try to understand from this simple point of view...
there are four stages in the meditation
first shaking...preparing arousing the energy
then dancing...expressing it...balancing it...
then sitting...stilling it...
and then lying down...stop
where is the meditation in these four stages ?
the fourth stage...lying down...stop...
it happens in the last stage
you cannot do anything...
you are simply lying down

therapy is far far away
first three stages in kundalini
are preparing the body
to reach the state of crescendo
you cannot even do meditation
let me tell you one thing...
meditation cannot be done
they are just devices...
to alter your state of vertical consciousness
these are energetic movements of meditation
i am speaking on kundalini meditation
because at least it is real...
you are shaking...dancing...stopping...
but therapy is just a blah blah blah
filling your mind with knowledge...
creating a more refined mental understanding

the word awareness has been entirely misunderstood
by the western audience
you think you can do ten to twenty therapies
and you are becoming more aware...??
no !

you are becoming more and more...informed...
awareness is a vertical state...
which does not know anything
it is non dual...

it does not even know that there is something outside it
it is like a candle
you take the flame in the darkness
it does not know that darkness exists
it is simply a light unto itself
the state of awareness is not aware of anything
strange...??



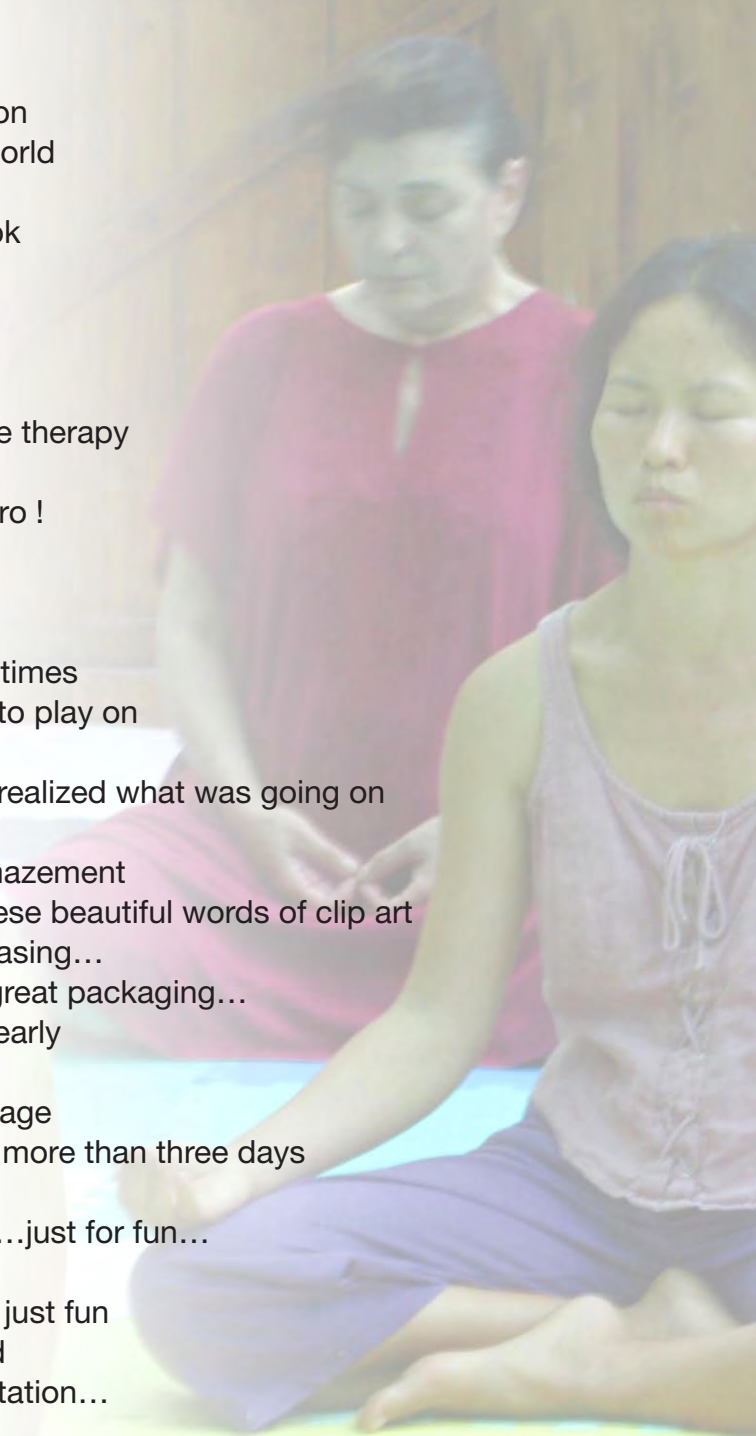
and these therapists say...
you are becoming more and more aware
no...you are becoming more and more knowledgeable !
it is not the state of awareness
awareness is an energetic silent inner flame
the moment the energy rises to the nondual point of the third eye
the state of awareness...oneness starts functioning...
awareness starts functioning...
it knows nothing
it knows only a state of silent innocence
this is awareness...
not becoming aware of...

everything is objective
awareness subjectivity itself
the moment you say i am becoming aware of...
you are saying...me and that object...
awareness is singular...a state

therapy can never help you arrive to meditation
it can make you more aware of...things...
it can fill your mind with more knowledge
and perhaps it can offer a hint that there is something beyond it
that is as far as therapy can reach...
but kundalini meditation or dynamic...
these are deep energetic cleansers
and these are given free...far deeper and real !
energetically real !
transforming your energy
from the lower to the higher
to the higher to the highest...
that is kundalini meditation
it is far deeper than any therapy

but therapy is a soft mental education
people who are afraid of the inner world
need to be convinced...
so if that is the game it is perfectly ok
then i am not against therapy
i am just making you aware of its reality...
its true worth
and if its worth is just like a game of chess
then they should charge only ten euro for the therapy
maximum twenty euro for the therapy...
not three thousand euro or five thousand euro !
it does not have that price tag...
neither it has that authority
no master has done any therapy
and osho has explained a hundred and one times
that therapy is just the ground work for you to play on

before leaving the body when he realized what was going on
he walked out of his room
and went to the multiversity in amazement
so many beautiful posters...all these beautiful words of clip art
put here and there...nice paraphrasing...
so cosy...looking so attractive...great packaging...
he announced very clearly
no more therapies !
this was his last message
no more therapies for more than three days
full stop !!
three days...playfully...joyfully...just for fun...
do not take it seriously
even meditation i am saying is just fun
to come to the state of nomind
that stop...is the state of meditation...



and even that is of no use if you cannot live it meditatively
meditativeness...

walking...sitting...moving your hand...

breathing...merging your breath with the bodymind

understanding the inner flow

living meditatively is the inner way

so i do not even accept meditation as a path...

therapy falls far below

they have really brainwashed you !

understand the state my friend

it is a different universe...it is a quantum leap

when you are in this orgasmic state

the stupid therapist will be disturbing your orgasm !

it is an orgasmic state

and for that you do not need therapy

do not reduce yourself....

to conditioning and to removing your conditioning

you are not to do any such thing

do not dig into the bodymind

and find solutions out of a graveyard

are you understanding what i am conveying to you ?

i hope you are...

because in the west they do not understand

you can look at the face of all these therapists

even a baboon looks more natural than them

question *may i say something ?*

so beloved rajneesh...we know each other for a long time

i am a therapist...

oh beautiful...welcome...

swami advaita !

advaita *i was in poona doing groups in poona...then they threw me out
what to do ? it happens to everybody...*

now i give groups in miasto sometimes so i am not your enemy

even if you try to prove that i look so bad

and i am such a bastard with people

sometimes i can be the baboon like you say

you like to be an imitator

i know you since you were slow walking in poona moving around

very slowly so i know that you love to be an imitator...

and osho decided that too ?

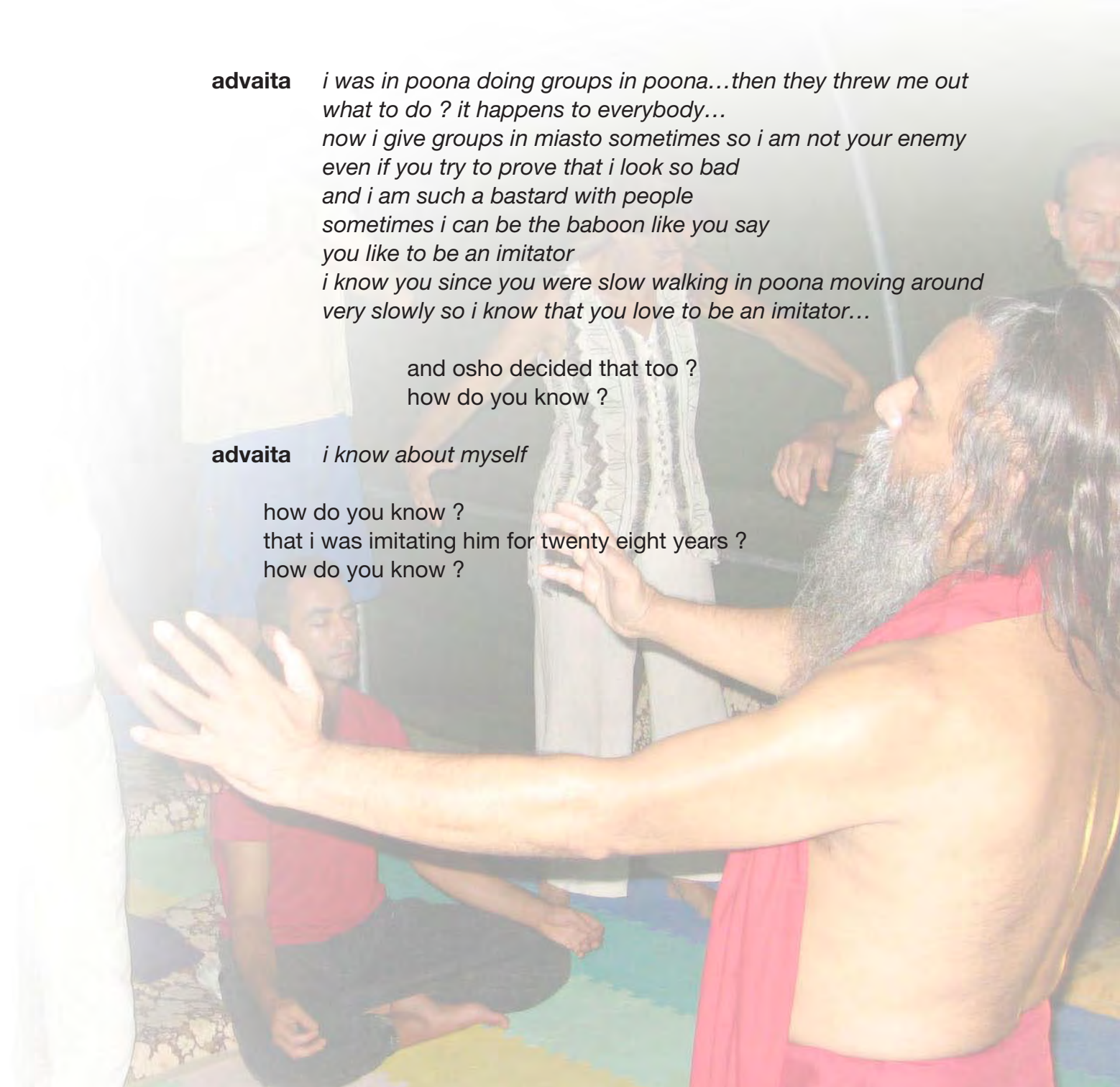
how do you know ?

advaita *i know about myself*

how do you know ?

that i was imitating him for twenty eight years ?

how do you know ?





advaita *i am just looking at you...*

you look at me
osho looked at me too...
this was pointed to him...
unless you know more than him...hmmm...

advaita *no...i do not say that*

how do you know about my inner state of being ?

advaita *every gesture of your body*

of course...naturally...i am carrying my master...

advaita *just let me finish...do not try to cut me
just for the simple words i say*

no...i am responding to you...

advaita *this is my point...i am a therapist
and at the same time i am a meditator
and an devotee of osho
all three together
like you have your trip i have my trip*

perhaps you have a trip...i have no trip...

advaita *so for my point of view
i work on conditioning and you were saying
you do not have to work on your conditionings...just illusion
yes it is true but unless you know your conditioning
if you speak of love without knowing love*

*if you speak of darkness without knowing darkness
then you are just doing your treatment
and you are like many other guys around
oh...i am enlightened...i am enlightened
i am not the body...i am not the mind
and often they are such assholes !
so for my point of view
meditate totally...go totally...enjoy doing your trip totally
but be aware of your conditioning
otherwise you are dreaming
aware...i said...not work on it...*

be aware of your conditioning...is knowledge !!!

advaita *no...it is not knowledge*

listen...you are the therapist...you can answer me...
awareness is simply a state of awareness...
not aware of anything
awareness is a state of being...
not aware of anything
it does not know any conditioning...
conditioning is part of the mind
awareness...is simply transcending the state
now your allegations...he knows me from the past
this is beautiful
in fact i am thankful to you
that for twenty eight years
i have managed this charade...
it must be something correct
this acting for twenty eight years...

advaita *you enjoy doing it*

in my bathroom ?
in my room alone in manali ?
i have enjoyed whatsoever...
my master has said...dissolve into me...
eat me...drink me...dissolve into me...
you will become me...
i am simply dissolved
and i am carrying my inner state
and you have watched me...
and you knew that time
why did not you complain to the great master osho
because you were a therapist...

advaita *no...no complaint about you...*

you should have...it was a great opportunity

advaita *no no...i do not want to complain
i do not want to bring him in*

have you read my book ?

advaita *no...i have not*

please kindly read before you decide you know me
since you state you know me for more than twenty years
you do not know me for twenty seconds !!
even now you do not know who i am...

to know me you have to know who you are
either you know who you are and you are enlightened
hence you know me
or you know nothing
and you are just seeing my physical appearance

advaita *rajneesh you are playing with words*

sure...i play...everybody plays with words
you are also playing with words

advaita *absolutely you are playing with words*

but my words have real substance behind it...

advaita *no*

ok...then i am dreaming...
you see this ?
you are not dreaming...
you are out of the dream to watch my dream state !!
you see this ?

advaita *you are playing with words*

how do you know i am in a dream
if you are not out of the dream yourself ??!

advaita *possible...it is possible that i am dreaming*

so let us say that you are dreaming...
and you presume...that i am dreaming...
you are dreaming and you presume...that i am imitating...
it is your presumption...your judgement...

what i am labelling against therapists is absolutely a fact
because these monkey therapists
are charging three to five thousands euros
and they cannot justify it

why do you charge money ?
do it out of your love...
i am doing everything out of my love...

advaita *sometimes i charge some money*

how much is that some money ?

advaita *a few hundred euros*

they charge two thousand euro for mystic rose meditation...

advaita *not me*

you charge little less...two three hundred euros
that is too much...i do not think you deserve two hundred euros

advaita *i think i deserve two hundred euros*

hmmm....maybe ten euros...

advaita *no...i think i deserve even more*

you have not created the method yourself...
you have borrowed it from your master...
and you are selling it !
it has become a livelihood for you
you have to maintain your life style
on the words of your master ?

advaita *i have enough money to live without doing a course*

then do not charge...do it out of your love !

since you are a devotee
and devotees do not charge for their love...
that is why i am making it free
i am making the therapies free
so therapists are very angry

there are some beautiful therapies
i must say...therapies are very valuable

advaita *i will come to your centre in goa to have a night and stay free*

you are welcome
you can stay anytime free
you can also come and teach free...

advaita *every year i am in goa*

you are welcome !
i will wait for you at the gate myself...
therapies are very beautiful
they are devices of osho
he has accepted therapies as a way to inner growth
i accept therapies completely...
but i do not value them higher than normal meditations
i do not value them as the ultimate goal...
meditation means awareness
living it in each and every action
and if i am living meditateness in each action
then why you are calling it imitation ?
it is my totality...of living each act totally...
and i have lived this way twenty nine years...
and awareness...the state of awareness
has flowed and flowered within me

and the moment it flowers it behaves like a buddha...
and each buddha walks in a certain way...
speaks in a certain way...
filled with light of awareness...
and aware of the all the hidden inner states and spaces
so you cannot judge me
you are too far away...

advaita *no...i am not far away*

then...it is ok...
judge me and enjoy it to your own peril

advaita *another thing...you like to say...
i am not the mind...i am not the body...*

i never said i am not the mind...i am not the body
yes...i have a mind...i have a body...
the body and the mind will remain
the conditioning will remain...
this whole heap will remain...
but i know...
that there is a state...beyond...

i am not saying that i am not the body
you think i am a fool ?
i have to eat my food !
this is the body...
this is the mind speaking...
i am using bodymind to communicate with you...
but i am aware...
of a state beyond this bodymind...
from where are these words...
from where are these acts are gesturing...

there is a state above me...the state of nomind...
that filters through this bodymind and communicates with you
i never said that i have no body...
this body and its mind and its conditioning
will continue till the grave
but when this bodymind and its conditioning will fall...
i will be watching
and i am at the present moment...
aware of that above me...
that is my witnessing presence

transcending this body mind...
becoming aware of this quantum state
is totally different from working on this bodymind...

i have not wasted a minute working on this bodymind
all the buddhas have not invested a cent of their time
in their bodymind and its conditioning
they have simply found the way out...
to go to the state of nomind
finished !

it can happen to somebody
who has not even meditated
it can happen to a runner...
it can happen to a swimmer...
it happened to osho...he fell off the tree...
and he found the state of nomind
because he found the source of witnessing...
his being separated from the body...
it can happen to a women when giving birth to a child...
the death experience...
the experience of the witness....
that which goes beyond the bodymind...is the witness...

it can happen in many conditions...
it can happen in an accident
you do not even need meditations to arrive to that state
so i am not even interested in the word conditioning
and therapies are way below...

osho has said it many times
that these therapies are only for people
who have no clue of the state of meditation
he has never recommended any therapy or any group
for people of the east
because they simply do not need it

it is only for very distant people who have no clue
and if it is so...which i say it is...
why are they charging the kind of money they are charging ?
and why do they behave like superior elite people ?
they are the elitists...
they know it all !

they are interfering with mystics
they should remain where they are...
then i will have nothing against them

therapy is perfectly ok...good nursery rhyme
but do not price it as if it is the real diamond
it is not worth a dime
do it for fun...playfully...enjoy...

it is not stillness
it is not for your inner silence
it cannot transcend this bodymind
you can polish it...
make it look sophisticated...
if you understand and agree on this
i am absolutely in favour of therapy

advaita *i agree...i absolutely agree !*

then you and me are one...
i am not against all therapists
there are many beautiful people
who are misled too...

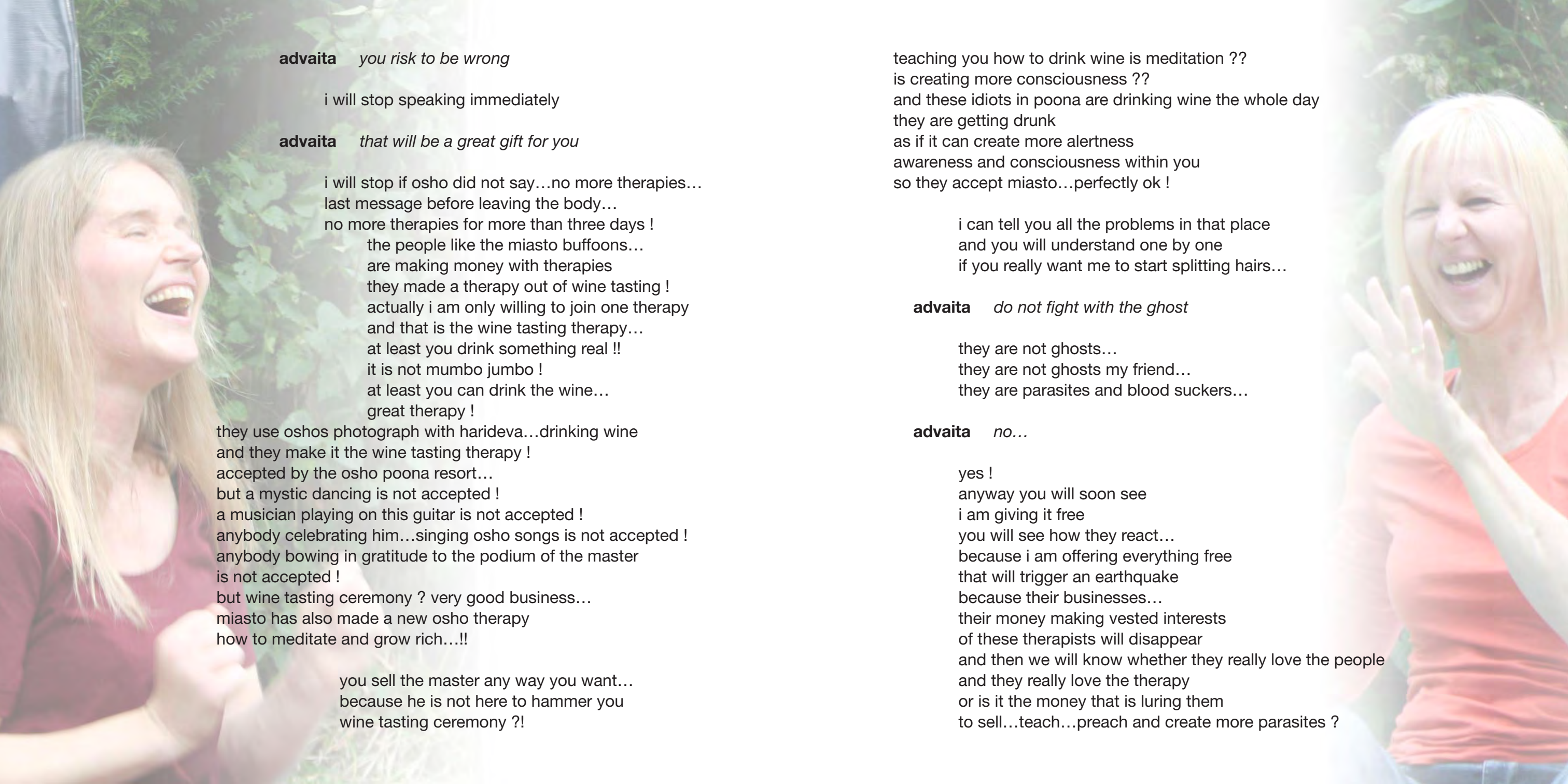
i am trying to free you from therapy
if you found therapy to help you...continue
but know perfectly well that it cannot help you
there are millions of seekers
buddha...nanak...farid...osho himself...
who did not even hear the word therapy
they simply closed their eyes
found the state and the way to reach
they did not make a therapy out of tantra
they did not make a therapy out of whirling
they did not make a therapy out of vipassana
they simply reached...

krishnamurti never did any therapy
neither shirdi baba...neither ramana shree
only the crackpots are doing therapy
and putting a price tag to it...
making it into a business...a vested interest...

advaita *osho has allowed the therapy and he loved it*

he never allowed it...you are wrong !
he has announced eleven days before leaving the body
no more therapies...

i can show you the pictures and the announcement
no more therapies for more than three days
was his categorical announcement
and if i am wrong...i will stop speaking as of tonight



advaita *you risk to be wrong*

i will stop speaking immediately

advaita *that will be a great gift for you*

i will stop if osho did not say...no more therapies...

last message before leaving the body...

no more therapies for more than three days !

the people like the miasto buffoons...

are making money with therapies

they made a therapy out of wine tasting !

actually i am only willing to join one therapy

and that is the wine tasting therapy...

at least you drink something real !!

it is not mumbo jumbo !

at least you can drink the wine...

great therapy !

they use oshos photograph with harideva...drinking wine

and they make it the wine tasting therapy !

accepted by the osho poona resort...

but a mystic dancing is not accepted !

a musician playing on this guitar is not accepted !

anybody celebrating him...singing osho songs is not accepted !

anybody bowing in gratitude to the podium of the master

is not accepted !

but wine tasting ceremony ? very good business...

miasto has also made a new osho therapy

how to meditate and grow rich...!!

you sell the master any way you want...

because he is not here to hammer you

wine tasting ceremony ?!

teaching you how to drink wine is meditation ??

is creating more consciousness ??

and these idiots in poona are drinking wine the whole day

they are getting drunk

as if it can create more alertness

awareness and consciousness within you

so they accept miasto...perfectly ok !

i can tell you all the problems in that place

and you will understand one by one

if you really want me to start splitting hairs...

advaita *do not fight with the ghost*

they are not ghosts...

they are not ghosts my friend...

they are parasites and blood suckers...

advaita *no...*

yes !

anyway you will soon see

i am giving it free

you will see how they react...

because i am offering everything free

that will trigger an earthquake

because their businesses...

their money making vested interests

of these therapists will disappear

and then we will know whether they really love the people

and they really love the therapy

or is it the money that is luring them

to sell...teach...preach and create more parasites ?

i am dancing...my whole way is of dance
and bring it into a silent stillness
sitting silently...
dance totally
stop...
bring it down...
stillness and a deep inner trust

i have no other message
and i do not sell any message at all
i have no message to sell
but this silent inner understanding...
and it does not need a group
it does not need any deconditioning work
it does not need any family constellation work
it does not need any this...or any that...
therapists are showing you what is missing in you
i am here to show you what you have
and nothing is missing in you...
that is the difference

they will continuously show you
this chakra is blocked...
you are blocked here
and you are blocked there
because it is their business
to show you your blocks...

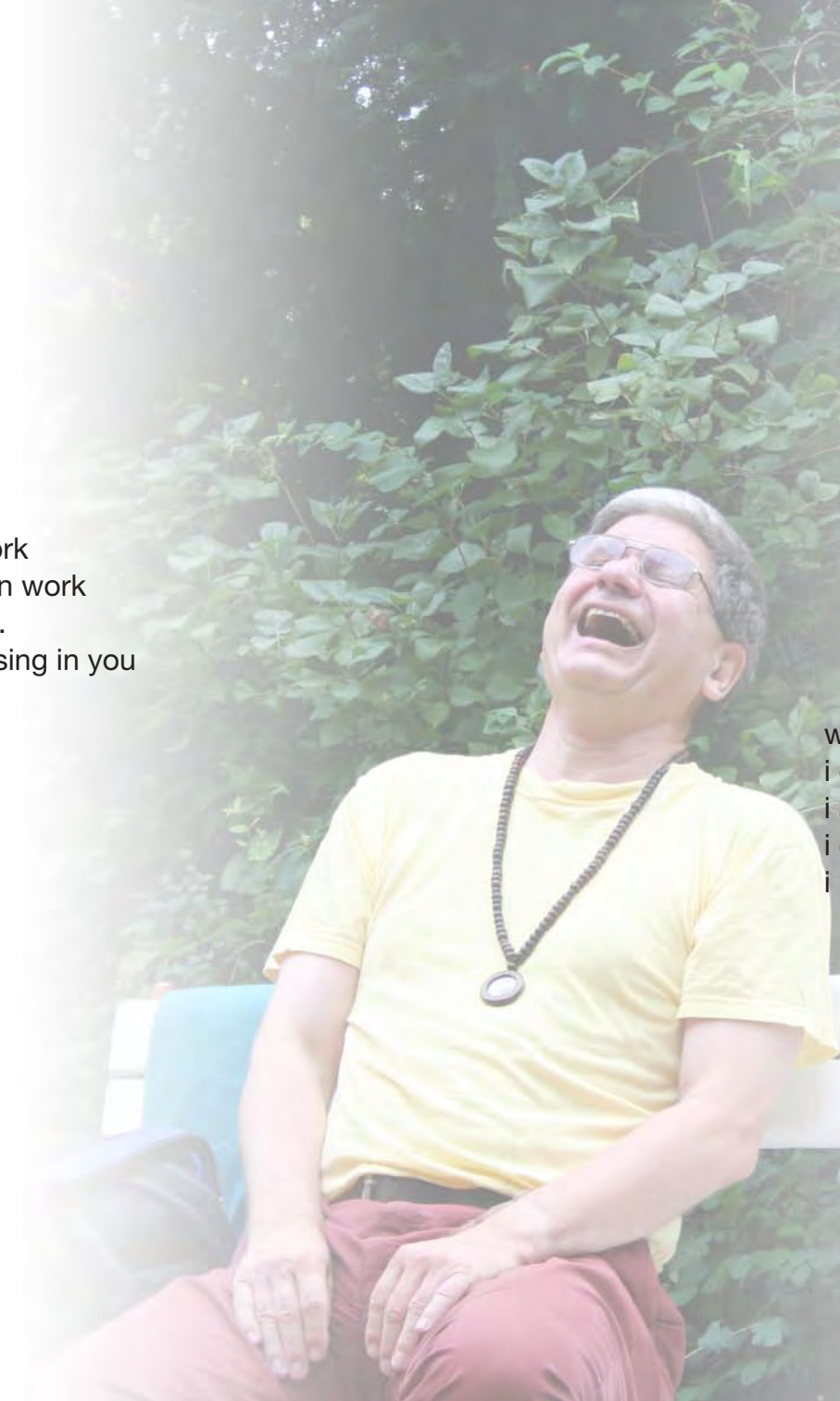
these are your problems
these are your constellations
these are your family issues
these are your rebirthing issues
these are your chakras that are blocked
they do not even know their own chakras
and they can see all your blocked chakras ?
great people !

they are always showing you your miseries...
and not showing you that you are enough unto yourself
and the moment you are enough unto yourself
which i state you are...
you do not need these therapies
and you are free from these therapists

advaita *you know very little of therapies*

i know nothing...
i do not need to know...
this word never existed in the east
and thousands of buddhas have reached
a hundred and thirty people became illuminated
just by walking in vipassana...
which i have lived for the last twenty nine years

walking step by step by step by step...
i do not need therapy...
i am not a child
i do not need to know the word and its outer gymnastics
i know the inner state...
which therapy did osho do ?
just take it easy
understand what i am giving to you
understand what i am sharing with you
that is all
if you like it...take it...
if you do not like it...take a walk...
those who are against me...
are speaking against me all over the world
i have taken it as a challenge
i am defending myself hence i speak against them



i never took it on myself to condemn therapy
i love therapy but it should know its place
it should know its real worth then it is perfectly ok

ma sudha was here
the great elite osho therapist sudha
she has known me...
she was teaching how to go beyond death...
the last message of ma sudha
shaking and shivering on her bed...
please help me die...please help me die...
twenty nine years of teaching how to go beyond death...
she says i am not leaving the body
the body is leaving me...
then why you are crying ?

this woman made a statement
that i am leaving the body
she announced worldwide...
i have got cancer...i am dying...
that is ugly...
you are emotionally blackmailing your friends...
you die...we will celebrate when you are gone...
first go !
no need to make a big melodramatic story...

before dying she said...
no osho songs will be sung here
she did not want to hear any osho songs...
she wanted to hear samba !
because if she would have heard any osho songs
she would have fallen in tears and collapsed...
two hundred people came to see her
to wish her farewell before she died of cancer
she made such a big drama out of her death

go silently and move on...
and we will celebrate totally...
she has gone !
she had the guts to speak against me continuously
teaching how to go beyond death
and asking for help when she is dying !
this is a therapist ?

let me go one by one against all these therapists
and you will see
they are absolutely retarded people...
and if you want the words of the master himself
he has said categorically...
that all the therapists have missed entirely

they know so much
they think they know so much
they do not even do ordinary meditations
and if you want i can give you six pages of quotes of the master
but i do not want to quote him because i am not his parrot
i know for myself...
that these therapists are the greatest idiots
they know absolutely nothing about meditation...

in fact they are far away
from the ordinary disciples of the osho
just working in the kitchen...
dancing...playing the guitar
not worried about all their conditionings
they are already in the groove...
they are on the path...
they are dancing and celebrating their lives
they are not analyzing or judging or dissecting
or trying to change

transformation and change...
this is what i am explaining again and again
you can change your persona...your personality...into a new persona...
you can remove one set of conditioning
of catholicism or buddhism or hinduism or oshoism
you can change anything you want
you can change the way you talk

you can change everything...
but it is not transformation
therapies are there to show you what is wrong
but you are none of it...none of it !

therapies cannot help you in any way...
and groups are even worse
because everyone is constantly judging you...
constantly looking at you...
you are behaving in a collective manner...
you are learning the conditionings of that particular group

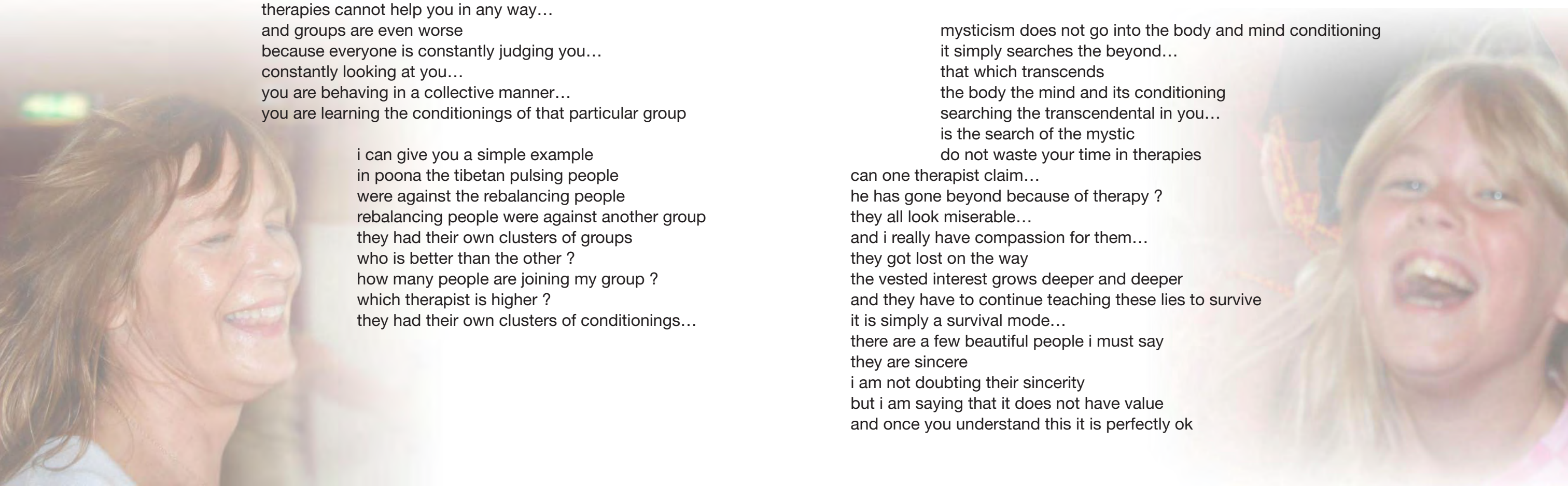
i can give you a simple example
in poona the tibetan pulsing people
were against the rebalancing people
rebalancing people were against another group
they had their own clusters of groups
who is better than the other ?
how many people are joining my group ?
which therapist is higher ?
they had their own clusters of conditionings...

understand what i am saying
osho sannyasins have become so conditioned of their master
and they cannot even listen to the words of jesus
they cannot listen to the words of krishna
they cannot listen to the words of meher baba
why ?
because their master is beyond it all...
they are the most conditioned people today

as osho was saying... krishnamurti people are intellectuals...
our people have become group leaders and therapists
and this is far below our masters path of mysticism

mysticism does not go into the body and mind conditioning
it simply searches the beyond...
that which transcends
the body the mind and its conditioning
searching the transcendental in you...
is the search of the mystic
do not waste your time in therapies

can one therapist claim...
he has gone beyond because of therapy ?
they all look miserable...
and i really have compassion for them...
they got lost on the way
the vested interest grows deeper and deeper
and they have to continue teaching these lies to survive
it is simply a survival mode...
there are a few beautiful people i must say
they are sincere
i am not doubting their sincerity
but i am saying that it does not have value
and once you understand this it is perfectly ok





find the state of no mind
 find the way to dissolve yourself
 it could be running
 it could be painting
 it could be music
 anything creative
 creativity is far deeper than therapy...
 a dance is far deeper than any group...
 you understand what i am saying ?
 just dancing with the trees
 dance under the sky...
 have a nice cold shower...feel it !
 experience the cool silence in you...



this has nothing to do with learning...
 the whole process of meditation is unlearning...
 not learning...
 not adding but subtracting...unlearning...
 you understand ?
 just try to understand what i am saying
 therapies are adding...learning

do not seek what is wrong
 but understand what is right....
 do not look at the dead
 but look at the flow...
 do not look at what is blocked in you
 but see what is living in you...
 that is the work of the mystic
 versus the work of the therapist...

my friend...you are beautiful
 at least i see you are a beautiful person
 it is just my work to hammer...
 i need to do what i need to do
 and i am doing it at a personal level

advaita *but you like to talk only on this ?*

because i am here near osho miasto...
 they have sent messages against me
 devapath is here...
 he has sent messages against me all over russia
 prashantam is here...
 who has sent a message against me in russia
 devapath...prashantam...bodhiray...
 i do not want to go into details about these people
 but i can if they want...



if you want i can go on each therapist one by one
and i will speak and i can bring myself in front of them
and they can speak...this is my challenge...
all have become silent...they know their exploitation

anything else ?
can we dance again ?

advaita *much better !*

bring the rest of them tomorrow
at least i will have some fun
tell devapath and prashantam to come
they can come...they are welcome...

advaita *rajneesh you are not so important
that they will bother to come to you*

if i am no so important then they do not need
to send messages worldwide against me...all over the world !
six hundred centres have received a message against swami rajneesh
all over russia...i have now my own centres in russia

devapath has been going from place to place teaching tantra...
earning forty thousand dollars...
and i do not want to tell you what he is teaching with his tantra
and i do not want to tell you what prashantam is giving
with his tantra classes and to whom...

any therapist having a relationship forcibly or otherwise
with any innocent seeker of truth is a criminal
let me put it on record categorically
if any therapist has raped or abused sexually...
or exploited any single girl who participated in their group
i would say put that person behind bars...

they are ruining the reputation of my master...
they are exploiting young innocent girls...
and they have no right to use our masters name
for tantra to have personal sexual relationships
forcibly or otherwise with anybody in their groups !
this is against the law and violates the therapist client relationship

and if i am wrong
then again i am saying
i will stop speaking

this is exactly what is happening
and there are many instances against these therapists
they should be barred and removed...
they should be investigated...
in fact i am going to speak against such osho therapists worldwide
because these are unlicensed people
they do not even have psychiatric license to work
it should be called personal development mumbo jumbo and not therapy

therapy is an educated form of entering into others personal issues
osho therapists are uneducated and unlicensed people...
with not enough knowledge to distribute what they are distributing
at the most they are just ordinary personal development trainers...
and they should not use oshos name...
because they are not professionally certified
in fact this form of unprofessional therapy should be banned...

all these therapists should be banned in the world
because they have not got any proper education or license
clinical psychoanalysis needs three to six years of proper education

you can now enter the resort groups
and take a three months course
and you start teaching as a therapist...
this is absolutely unacceptable...
and i am going to speak loudly
against these osho therapists
because they are not licensed...
and they are totally unconscious themselves

amrito is teaching hypnotherapy in poona
he is a known drunkard...drinks a bottle of wine a day...
he has been picked up by the british police for abusive behaviour
he has been known to abuse a swedish girl in the lao tzu house...
trying to tear off her clothes...and he is teaching hypnotherapy !
a drunkard is teaching hypnotherapy to vulnerable seekers of truth
hypnotherapy is dangerous !

osho has said it again and again
that sannyasin hypnotherapists should be women not men...
and specially of the unconscious calibre of amrito
now here is a drunkard...hypnotherapist...head of osho hypnotherapy
consuming alcohol everyday...
smoking twenty cigarettes a day...
he has no sense of clarity...reality nor emotional content...
his lungs are burnt out...he is utterly unconscious...
and he is leading osho hypnotherapy...

these are positions of great relevance
you need to be very alert...very conscious...
misusing your masters name...
for teaching something which could be dangerous

all therapists should go back to some formal education...
they should be certified by some official system

i can give you many names of therapists who are criminals...
in the sense that they have exploited girls
i can give you the name of another group leader therapist...
he has known to have exploited a sixteen year old girl
now he is a therapist...
i can give you the names of massage therapists
who are exploiting girls within the ashram...
the rubbish they speak when they give massage to these girls...
i would not even utter it on record

let me not go into details one by one...
be careful of these therapists !
they are not only dangerous...they are criminals !
and therapy should not be done by people
who are not licensed
they have no education

when the living master was present...
there was a certain soft understanding and some control
the master knew what was going on...
now these people are out of control
and made it into a business and profession...
and all they are doing is earning big sums of money...
and exploiting innocent young girls...

advaita *there are many voices in russia about you with girls in russia
do not talk the bullshit about others
because there are voices about you too*

oh how wonderful...i am willing to stop speaking today...if it is true...

why wait for russia ? i am here now...
please...you give these names...i am ready now !
please expose me now...
so why are you running away...
another therapist running !!

advaita *no i am not running*

continue continue continue
i will stop your business !
continue continue continue...
spread the message that swami rajneesh
is going to destroy the business of therapists
you all are finished...

advaita *do not worry...i will come in russia to challenge you*

you are here right now...
come challenge me right here...now !!

advaita *no...you are such an asshole*

that i am...i am...
come come again come again
they are going to fry...
these spies are afraid of me !
their business is going to collapse...
and that is my whole intention

very good !
i enjoyed
the message is gone to miasto
this is very good !!

advaita *what about ma samya in moscow ?*

i am twenty four hours with my caretakers and friends
who never leave me alone for one minute...
so i do not know which woman you are talking about

advaita *do not worry...there are many voices about you...*

if i have exploited anybody
and you can prove it i will stop speaking now !
so do not make allegations without knowing anything
come open publicly...please... i welcome public exposure...

advaita *we will see you maybe in russia
have an nice time and enjoy yourself...*



italy
nottoli
4 july 2010

silence
a deep stillness...
an innocent open heart
is the taste of the mystic

just seeking the silence space within
understanding its naturalness and ease
such a deep and profound experience

just the way you are...
in utter silence...
such a beauty...
no struggle to become or to do or to achieve
all is perfect

to come to this simple understanding requires an innocent heart
that knows how to celebrate and dive into bliss
just like a child...

just happy with the small things in life
and everything is so psychedelic and so sweet

the real search is your innocence...
how to melt away
how to disappear
just drown into this empty sky within you

this message releases you...
from this world and its misery
such a simple message...this is the search...

and no need to search...it is you...
it is your very nature
and this is what all the mystics have been saying...
just in your perfect ordinariness
you are whole and complete
how could it be easier than this ?

just look at the compassion of the buddhas...
they set you free...just the way you are...
just imagine the beauty and depth of this statement...
the whole world is searching and searching...
running here...running there...
in their struggle for power
this struggle has to be understood
this struggle of restlessness
they go on missing what they have...

and the greatest treasures in life are found in rare moments of stillness...
of love...of gratitude...of blissfulness...of innocence...a celebration...
a deep acceptance...a big yes to the beauty that surrounds you
and you are not making any effort for it
just becoming available to what is present

how can the message become simpler ?
i am simply amazed !

how we can keep missing the beauty of life
that is flowing within us this very moment ?
just imagine for one second that this life just stops...
that the magic and the mystery within you stops...

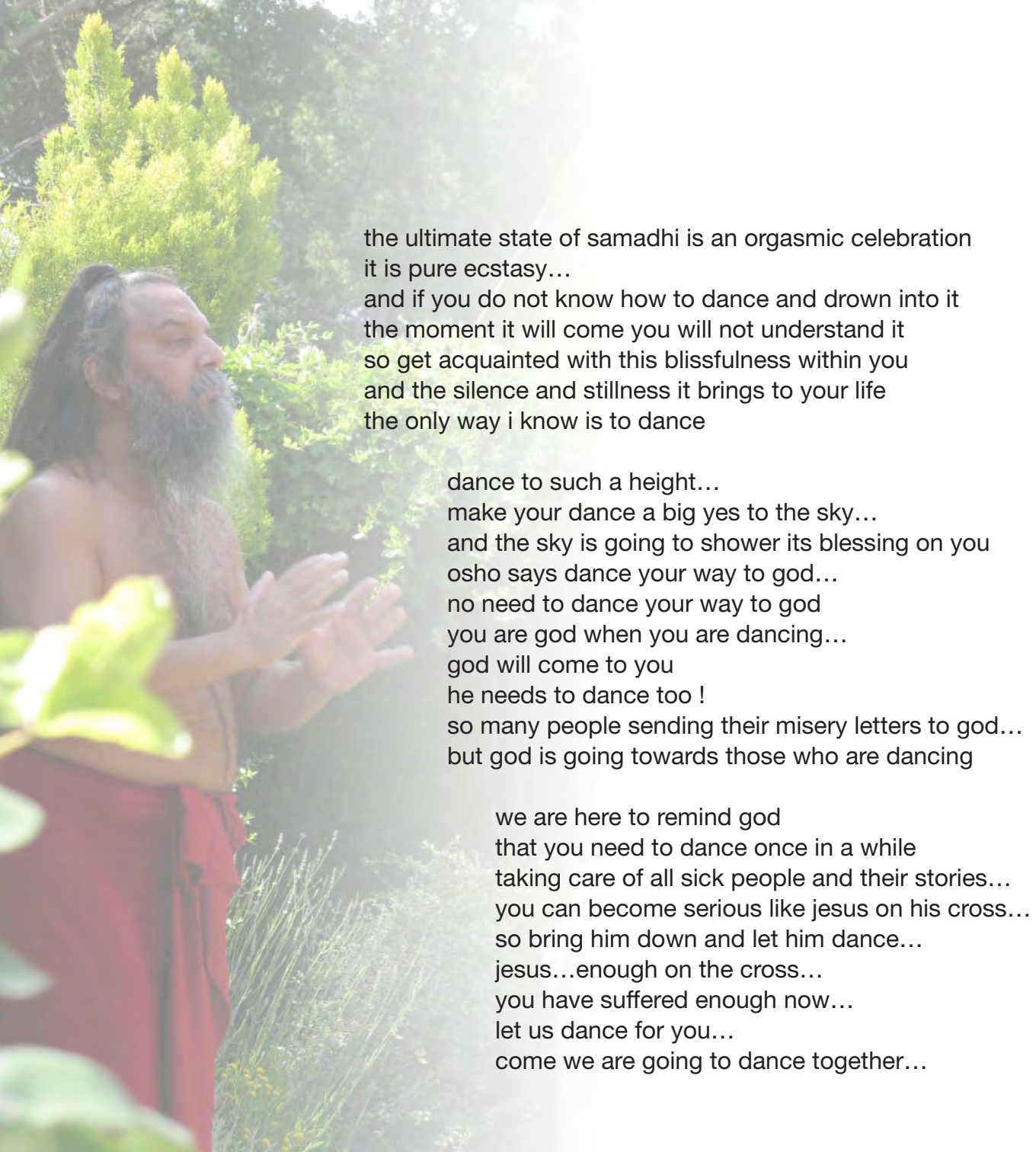
while you are living
remember this magical quality of life...
that is flowing within you
it is pure magic
it is a deep mystery...
that is why it is mysticism

this inner search is a search of beauty...
of your grace...of your creative spirit...
it is searching to reach the stars
what a search !
and mystics have celebrated and danced
and this is being their only expression
just dancing like a madman in utter ecstasy
just drowned...simply drowned and disappeared...
a beautiful tear drop
and a deep silence

these small deep and meaningful gestures is life
life is in the small experiences...
and the moment you experience such beauty...
you just become silent
you are in awe...
and you become still...
and you bow down to this existence in gratitude
you bow to your master for having opened your heart
having danced with your being
and shown you the beauty of your being

this gratitude is a devotee...
always smiling with inner glow
a prayfulness...a sensitivity and a grace...
that grace is his thank you
his thank you to his master
to life itself and to all the friends that celebrate

remember you are a treasure...
treat your life like a treasure
you will find it sooner or later
and the easiest way is to celebrate along the way
and let celebration become your very lifestyle...
anything you can celebrate



the ultimate state of samadhi is an orgasmic celebration
it is pure ecstasy...
and if you do not know how to dance and drown into it
the moment it will come you will not understand it
so get acquainted with this blissfulness within you
and the silence and stillness it brings to your life
the only way i know is to dance

dance to such a height...
make your dance a big yes to the sky...
and the sky is going to shower its blessing on you
osho says dance your way to god...
no need to dance your way to god
you are god when you are dancing...
god will come to you
he needs to dance too !
so many people sending their misery letters to god...
but god is going towards those who are dancing

we are here to remind god
that you need to dance once in a while
taking care of all sick people and their stories...
you can become serious like jesus on his cross...
so bring him down and let him dance...
jesus...enough on the cross...
you have suffered enough now...
let us dance for you...
come we are going to dance together...

our masters message is so simple
just dance and celebrate that you have a master...
we have come across such a beautiful being
it is such a blessing...

just to have seen and to know
that such an illuminated being exists...
he is showing you your potential
he is showing you the light that you have within you
and he tells you that it is just a moment away
you have such a beautiful life ahead of you

the very fact that you know your master
and have felt his presence is a new universe for you...
and what a beauty that you know it exists...
it is your treasure to find and dissolve into
you are so lucky...

we are so fortunate
that we have our master...
imagine those who have never come across a being like osho
can you feel for them ?

if there are any questions
or if anybody wishes to say something
welcome now

yesterday we had a juicy evening
i was hoping for some more miasto juice
we are missing those miasto people
no fun without enemies !
they raise the fire...they raise your alertness...
it is good to take out your sword once in a while
and sharpen it
we are missing our enemies...
there is no fun without them !!

question *the flashing of the photographs is very annoying...*

we have to live with some troubles once in a while
what to do ?
sometime it does not happen...
sometime it happens...
people are curious what is happening here
sometimes people need to see photos...i am sorry...
normally we do not use flash
when we have enough light
but today it is dark

you just imagine it is a glimpse of satori...
ohh...ohh !
it happens like this light flash...in satori...
just little things...

how do you know it was a camera flash and not a satori ?
just ignore it...oh...i saw a light flash...
it can happen also because you are in a dark space...
and it flashes more because your eyes are closed
and what is catching the flash is the third eye
it is a very good experience
few more flash pictures for you...
ok peter ?

we will transform everything into positivity !!
no fantasy
this is our business...
everything that is negative
we find something positive somehow...
every rock on the way
and we find a new curve and new dance around it

everything is yes
even no is ok...yes yes yes
you know...when a girlfriend says no it means yes
when your girlfriend says no you say yes
it is like that...
now only the women are laughing !
no no no yes yes yes
ok peter ?
ok...do not flash on peter...no more satori for him...

question *one comment...*

*last day in the satsang for me it was a big fright
the subject of the therapies was a kind of violence for me...*

one hand the lotus...
one hand the sword...
just lotus alone is impotent without the sword
which is a greater compassion...
to offer the lotus or the sword ?
compassion is passion...transformed...into fire

if you want to create something meaningful
you will have to remove the poison...

to allow the poison to grow
to allow exploitation is not acceptable for an awakened one
any form of exploitation is not acceptable...
if i remain silent then i am silently participating in that crime
by not having the courage to speak out...
i am a very patient person
usually i do not speak about therapists
and their corruption and their exploitation

but i happen to be in a hundred mile radius
of a exploitive organization called miasto
and it is personal to me...because it is my work...
it is my masters work and i take it as my personal work

if i see such people exploiting my innocent friends
in fact the gentlemen here was making allegations
unsubstantiated allegations against me
offering even a name of a woman
saying that he knows me for twenty years
he is a therapist...
he saw me twenty years ago walking slowly
and he translates it...that he knows me for twenty years
and that i have been imitating osho for twenty years
he does not know even how to sit on the toilet seat...
even to make a simple statement...
that i know you for twenty years is utter nonsense
and i have been imitating my master
who is he to judge me ?
declare that you are enlightened
drop the false therapy garb !

the greatest enemies of the osho movement today...
the priests and politicians are these osho therapists
they are exploiting the innocent newcomers
and if i remain silent it will be a greater crime
let me remind you...
this is not violence but creative destruction...
against the people in power who are abusing
and misusing my masters love

how would you like it
if a seventeen year old girl gets raped
by a therapist in the name of tantra ?

should i remain silent ?
in my masters name i will cut his head off...
and it will not be violence...it will be my compassion...

my master osho spent years fighting like a warrior
against all politicians...priests...religions...
societies...institutions...marriages...
all kinds of superstitions and lies...
he continuously spoke loudly against them
this is his compassion

if i was clever ...
i would just ignore and give you some butter
may be feed you some pasta...
and say i am your good mamas boy
but i am not that kind of person
i will cut these heads continuously !
i prefer that kind of violence
than staying passive...ignoring the truth...
so do not think that i am a soft person
i am very hard...
and i am telling them again and again
come and challenge me...
they do not have the guts
they ran away...
if they are right...i said i will withdraw
if they are wrong...they better remain silent

yesterday there was no violence
i was just sharp and cut their lies...
because they are spreading lies against me all over the world
they are misusing my masters vehicle of truth
these ashrams belong to people like me...
they do not have the right to misuse their power against individuals



the organization cannot destroy the individual and his truth
i will stand up against it...

for myself and for anybody else for that matter...

i am a very dangerous person

if you have the idea that i am a very soft and loving person

i am sorry to say but you are wrong

i decide when to cut...

and you know perfectly well

that they are continuously threatening me

i am defending my innocence
hundreds of people are attacking me

i am smiling all the way

i very rarely interfere...

but they are interfering with me

i am not doing anything...

they are interfering with my dance

with my celebration...

with my love affair for my master

i am totally dissolved into his life

and i am living my celebration and dancing for him

the people who own this place received a threat from them...

should i remain silent ?

i am not a coward...

they better behave themselves and be careful

and this is not violence...

this is pure fire

and when i speak i also laugh

i have a big smile within myself

i am doing my work

i deserve the freedom to express myself the way i want to...

and those who wish to see me are coming out of their freedom

but those who are coming to me...

are being threatened and blackmailed

now this is ugly...

should i remain silent to it ?

they are the violent people !

to build a road you need to remove obstacles

and it is going to be painful...

so do not be disturbed

understand the fire...

it is compassion

imagine a man like jesus

he goes to the temple

one small man turns all the tables around in the temple

shouts and screams at the people...

get out of my fathers temple !

you money changers are exploiting my fathers temple !!

it is not violence...it is pure love

you do not see the love in him ?

i am defending myself

so understand who is doing what...

look at your master

why is he interfering with religions and countries and governments ?

with priests and politicians and neighbours and families ?

why is he condemning the whole world ?

he should shut up ?

whenever osho spoke against these people in power

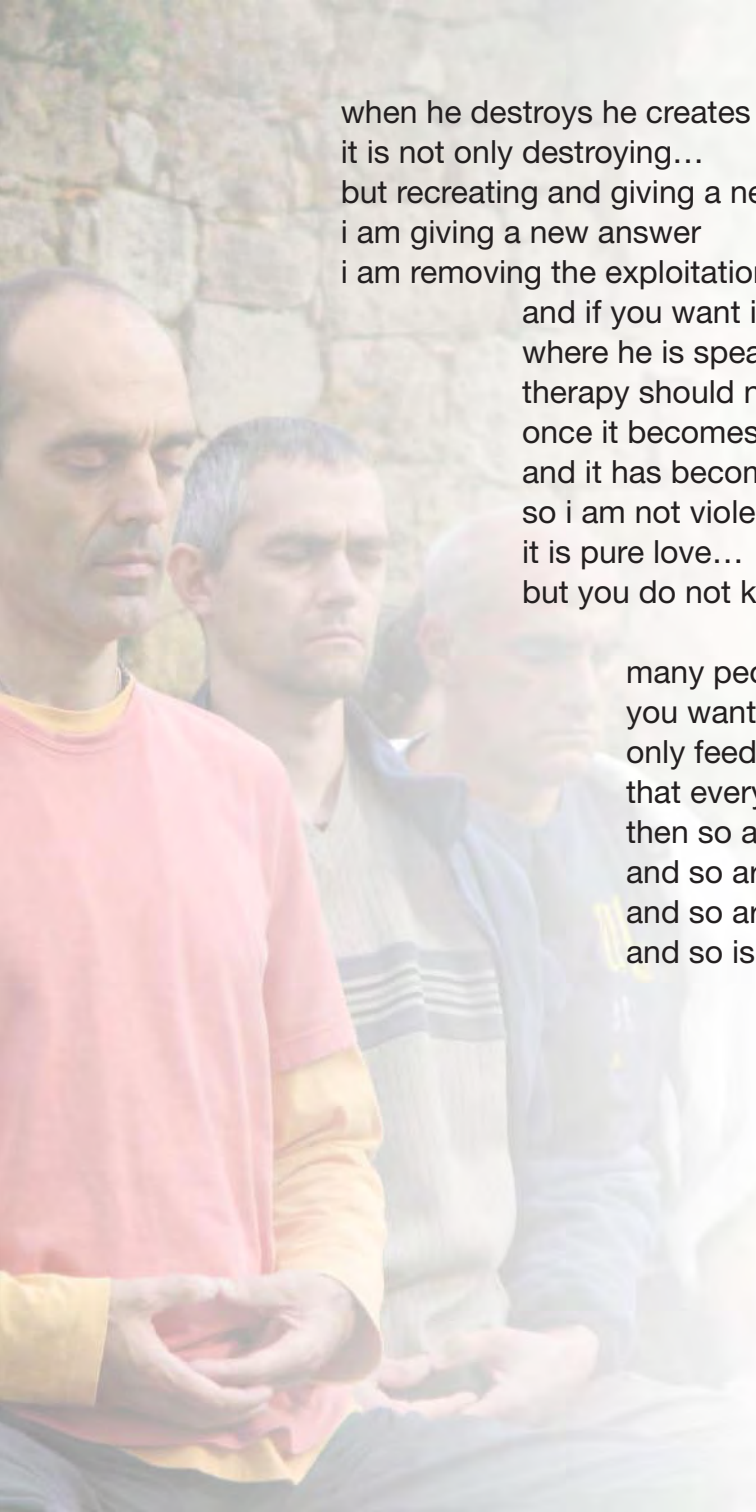
who are exploiting the masses...

people started applauding !

here is a man who is a warrior

and truth needs a warrior...

with a heart...with a vision...with an insight...



when he destroys he creates something beautiful out of it
it is not only destroying...
but recreating and giving a new answer
i am giving a new answer
i am removing the exploitation of these ugly therapists
and if you want i can give you books of osho
where he is speaking against therapists
therapy should not become a profession...
once it becomes a profession it becomes ugly
and it has become ugly...
so i am not violent
it is pure love...
but you do not know the taste of fire

many people get upset
you want sugar daddy here ?
only feeding you candy and putting you to sleep ?
that everything is hunkydory ?
then so are the nuclear weapons...
and so are the politicians...
and so are your governments...
and so is this miserable world...

where will you start ?
where will you stop ?
i only work with my people...
within our circle of friends
and i say nothing to anybody
the moment they start spreading
lies and rumours against me
using my masters ashram...
then they have to confront me
i am challenging them
but they are cowards attacking from behind

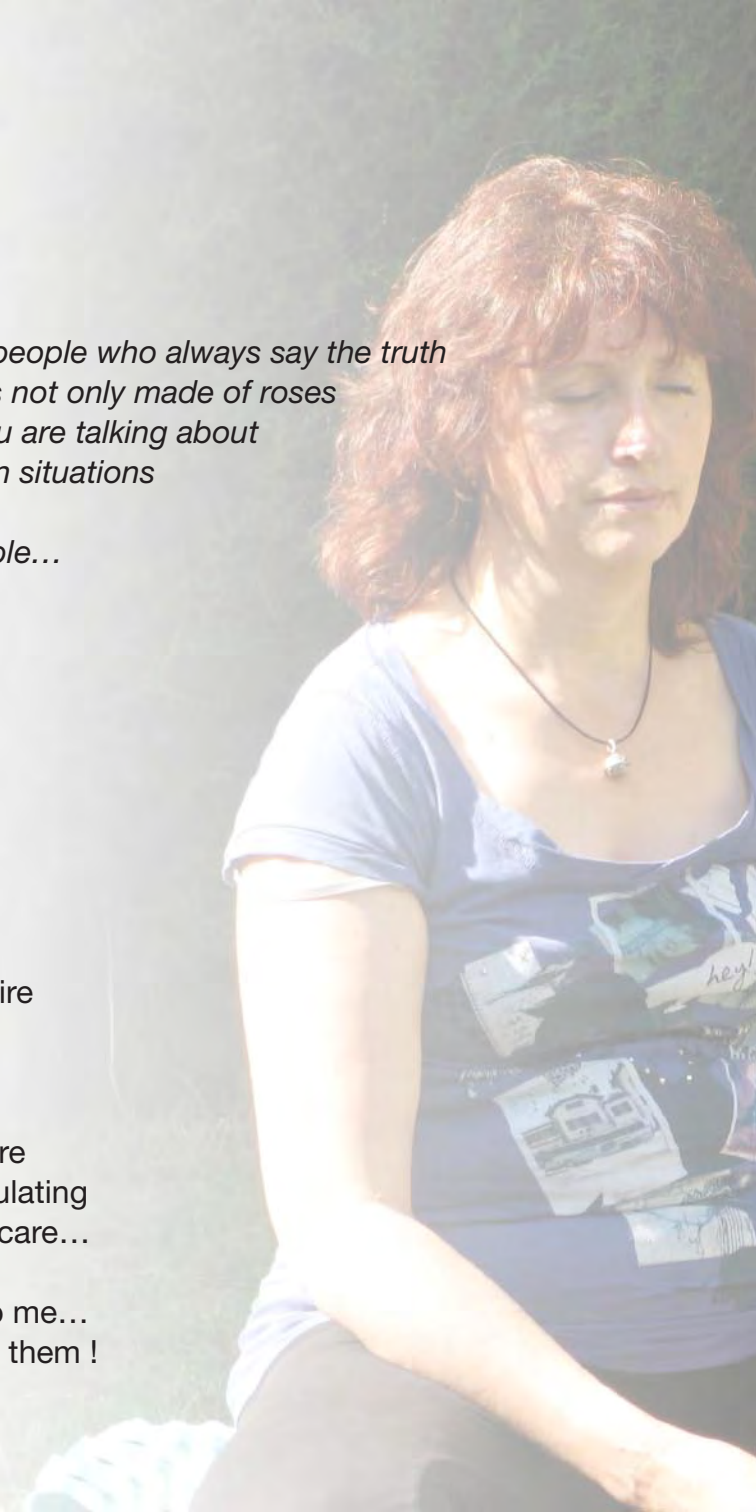
they do not even have the guts to come...
and confront me face to face
these are the worst kinds of dirty cowards
you understand ?

question *i understand that there are people who always say the truth
i understand that the path is not only made of roses
i understand the fire that you are talking about
but there is a point in certain situations
i totally agree with the fire
but be careful of these people...*

i should be careful ?
they should be careful !
i am not careful at all...
i do not care at all...
i am not careful...
i am not a calculating diplomat
i just act
and if i am wrong i accept...

the fire will burn...
few right things will be burned too with the fire
fire is fire !
i prefer pure fire than a cold inert response
at least it is more authentic...
i always say it is better to express through fire
than to remain indifferent and cold and calculating
and what will happen to me ? i do not even care...

i do not consider what is going to happen to me...
they should care what is going to happen to them !
i am not abusing my masters love



i am not selling my masters vision
i have nothing to fear
they have to fear !
they can destroy me...
i will be in celebration when they come to destroy me...
if it happens so what ?
they have threatened me many times
i am willing to disappear
but i will die fighting...

i will not be silent
specially on these matters
of exploitation of seekers of truth...
i draw the line there...
do not exploit the innocent...
go to the world
exploit the world
do not exploit the lovers of my master
they are rare and sensitive and precious beings

i do not fight the church and the pope and the cardinals
because some cardinal is a homosexual or he has abused children...
i am concerned about my friends and fellow travellers
and i will not accept abuse...
of any individual in the name of my master...
as long as i am alive !

when sheela was running oregon she was abusing her power
nobody said anything...
and after they complained to osho
so he said...what were you all doing ?
why were you silent all the time ?
why you did not speak before ?

i am speaking to keep it on record...
that i am not going to tolerate this
and they are fighting me
and i welcome them and i am not afraid
they say they do not care
then why they complain to the authorities today ?
i am not complaining to anybody
today i am dancing again
you see ?
wait and see what i am doing...
i am a very intelligent being
i have been created by osho

we were talking yesterday...very funny insight...
that who do you think is more intelligent...
osho or me ?
i said...definitely me !
very simple answer !
i have the greatest master in the world osho
he never had a master of his calibre !!

i have all his books...his vision...everything he has poured...
i am simply drinking and learning the path...
i am young...i have absorbed all his genius
definitely i am more intelligent than osho !
i have osho...plus myself...
i have osho...plus the very experience of being a devotee...
to the greatest master ever on earth

osho was never a devotee to a great master...
poor guy...
he never had this opportunity which i had...
osho missed the possibility to be a devotee to a master

i had that opportunity
so i must be a genius !
i have been created by my master
i must have something unique in me
something of these modern days...
which is missing in my master

i can create a book out of this alone
and i can prove perfectly well that we will go ahead
children of masters move ahead...
and the father is always smiling
that my children go ahead...
please go ahead...please go ahead...
otherwise you have not proved your worth
just give me some time...
osho had eighteen years to develop his skills of speaking
i have not even been given eighteen months
i have just started speaking

let us see where he leads me
i carry a silent being within me...
i have been created by the finest master in the world
and soon they will understand
when i will get the opportunity and space to speak
my experience is far deeper because i have lived with disciples

i walked with disciples
i know how it is to be a disciple
i know what my fellow travellers are longing for
i know the tears of my fellow friends
i know the difficulties they are passing through
i feel for them and that alone makes me more real
more authentic than any master

i have walked with you all...
and that creates a new being
my whole work is to protect the individual and the seeker of truth
my whole effort is to protect that innocent being
who enters into the experiment of a living master
read my book carefully and you will understand
that from now on no disciple searching truth
will ever be harmed
when they are near me
my whole being will protect these seekers
i am not a man for the master anymore...
disciples are priceless...

my whole focus is on sannnyasins and seekers
how to give them wings
how to make them free
how to provide a space for their growth
how to save that authentic being that does not have the support
you will see how delicately careful i am on these grounds
i am considering all the view points of seekers going to masters...
what they need for their journey
how they will eat
how they will sleep
how they will work
because i have been there too...

i will never exploit a single friend of mine
i can forsake myself...
but i will never exploit my fellow friend and traveller
and i will not allow my fellow friend and traveller to be exploited either
i am very particular...
this is a recorded statement...
anybody crossing the line exploiting my fellow friends
i am going to cut their head off...

let them call me violent
i accept that title
in fact in one statement i said i am atilla the hun
i prefer to be called atilla the hun than a buddha
sometimes even atilla the hun is needed...
all these parasites and exploiters are going to run...
wait and watch...

i am waiting
i am just moving around casually
let the space be prepared
and i will bring out the best in me...
my master is going to shine
this is my work
we have not seen osho working as yet
and for me he is not dead...
but coming back...
sharp as ever !

but i can smile too...i am playful
i am not serious but very sincere...
and i can be playful too
i can forgive and forget
it is ok...but they should know how to behave

when you are in power
it is your responsibility to be more sensitive
it is your responsibility to protect the weaker
power means deeper responsibility
real power over other means the ability to bow down
and to raise the other higher

nobody is allowed to trample upon human beings
they are beings of lights
they should be careful

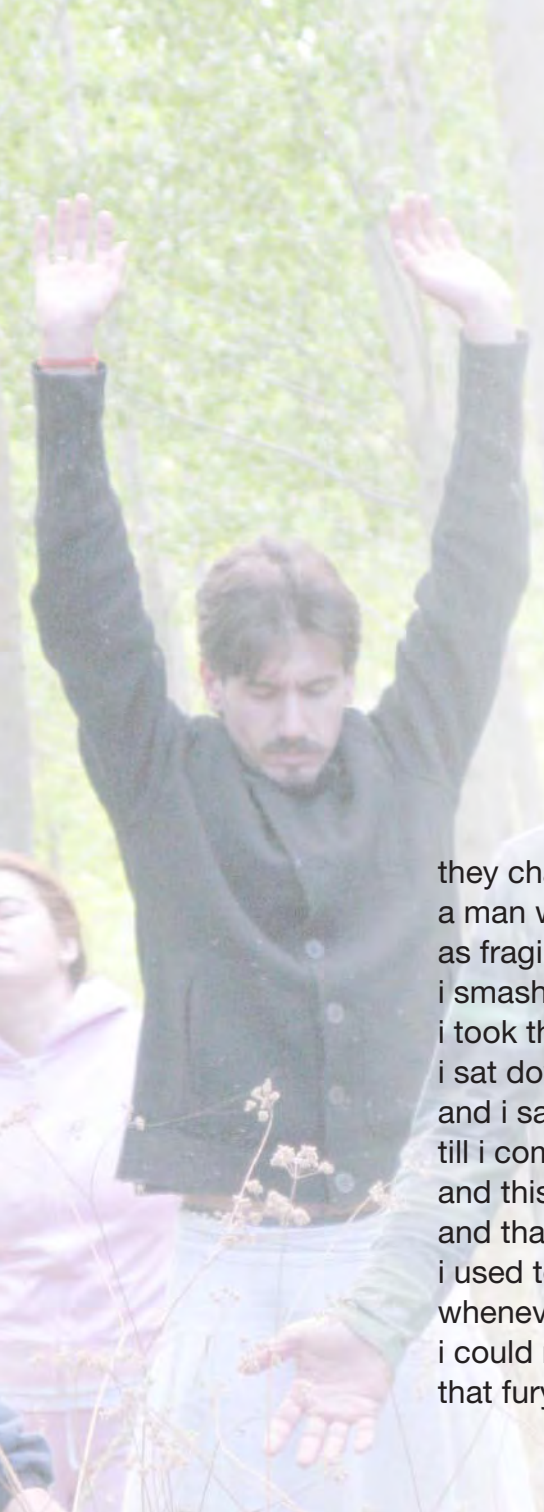
how they behave with disciples...
who have been accepted by the master himself
if osho has accepted them as they are...
who are they to reject them ?
i am not rejecting anybody...
i am only fighting those who are in power...
and controlling others and dominating them
and what to do ?
they are banning the musicians...the dancers...
the lovers...the ones who are in gratitude...the devotees...
what can i do ?
it hurts me and that is very personal

i am beginning to sound like a lecturer
i never thought i will be speaking
i am such a non speaking kind of person
but what i see in front of me is so disgusting
i never expected that this would happen with my masters vision
i treasure his vision too deeply...

you know me...charna...
did you ever see me speaking ?

charna *i never saw you speaking
i never saw you angry
and i never saw you unaware
and i never saw you imitating osho*

i do not have any anger...
but i have fury in me !!
i do not get angry...
i get furious !!
yes !




if it touches my heart and if it is of vital importance
then i am furious !!

anger is for children
they get angry
i do not get angry...
have you seen me furious ?
i am scared of myself...
and i become utterly alert and so utterly still
and that is real fury !!

i remember when bhagwan was chained
and i woke up that morning
and i saw his picture on television...bhagwan in chains
you cannot imagine what i could have done...
i picked up the lamp and smashed the television
so much moved through me
the greatest master on earth and they chained him !

they chained his hands...his legs...his waist...
a man who cannot move a single step
as fragile as a flower and they wanted to humiliate him...
i smashed the tv and that anger transformed me
i took the anger to india
i sat down...
and i said i will stop breathing
till i complete this journey
and this will be my response to those chains
and that was my response to those chains...
i used to keep that picture of his chained body in front of me
whenever i opened my eyes and i saw that picture i went in
i could not tolerate that picture...
that fury took me and transformed me...



fire is very valuable
if you can direct it...
it can become dynamite
i know how it is...
i sat in silence
i moved in
and if those who knew me came to say hello
i would look at them
who are you coming to say hello ?
i am a man on a mission !
life and death !
please do not come and disturb me !

i did not speak to anybody
because i had a reason
i had one focus...
till i come to that point of death
i will not say hello...smile...talk or anything...
i am not here to socialize
i continued...drill...drill...drill...drill...drill...drill...
i am like that
i never spoke to anybody
i was so busy drilling
and every single step was my drilling...
step by step...drilling deeper...
drilling...drilling...drilling...

every step...
every single act of mine...
i used to wash dishes in the kitchen
and people would be in a line waiting behind me
come on...quickly...
they used to throw dishes so fast...
i would wash the dish...wash the spoon...keep it...move on...

every single act of mine...
just the way you see me now
it was a great effort i made...

but after the explosion happened...
it became effortless...
i have never moved a single hand unconsciously
i never make mechanical blind movements
even when i was speaking to that therapist
i was hundred percent alert...
i did not move unconsciously...
this very effort makes you more alert...
it cuts the inner spaces and creates a buddha out of you
you need fire
you need focus
you need totality
you need passion
there is no shortcut...
and it is beautiful
you are chiselling out a buddha
you are creating the greatest diamond
inch by inch...
is that not a beautiful endeavour ?

again serious talk ?
that is why osho used to have a joke book !
very serious...then he would make a joke...
and he laughs at it himself

i think too much talk for today

some music and dance ?





austria
vienna
9 july 2010

silence...a deep stillness...
this innocence state
just silence and stillness...
this is the whole search
how to come to this state within you
this utter silence...the unmoving centre...
the moment you touch it
everything in you becomes complete and fulfilled...
such a simple message
silence and stillness
this state of silence is not dead
but a peaked ecstasy...
of a great inner celebration and dance
and the moment you go higher and higher and higher
you transcend the mind...the body...the emotions
and you move high into the sky to the state of nomind
it is an orgasmic stop
a total stillness where mind simply disappears
this is transcending the mind...
going to that space that is beyond the mind
is a vertical energetic state
it is an energetic transformation
when the energy flows upwards
and goes higher and higher and higher
till you touch the peak
mind simply disappears
and that state of nomind is your ultimate nature

you are at your peak
you are at your maximum
mind has become silent
and that state is your buddha nature

the inner journey is so simple
the word transformation simply means
energetically transforming your energy
into a higher and higher excited state
till it comes to the ultimate peak naturally
the moment you come to the state of nomind
the only learning is how to drink it deeper and deeper
and allow it to filter through you and settle inside you

this is the light
draw the light in
let it filter and settle...settle...settle...settle...
let it settle deep within you
in fact that is the very quality of orgasmic ecstasy
the moment you attain it
it gives you a deep stillness
and the higher you go
the deeper you can relax into its open state

meditation is nothing but learning how to relax deep into your inner being
just this deep relaxation brings you such a silence...

such a fulfilment that you do not search for more
there is no search

remember that all that you are missing is this inner experience
and the moment you understand
you stop wasting your time running outwards
spending that valuable energy that you have...

contain it within you...

a simple dance and you are perfectly whole

the meditator is one who stops chasing things...objects...dreams...desires...

they lead you away and they do not fulfil you
it takes you away and you miss the moment
that you are living presently herenow

just learn to live herenow
understand that you are perfect
when you are in this moment
everything is present
nothing is lacking
such an easy inner journey
this is all we experiment here
peak...stop...dive deep...
we do not simply sit here
it will not be alive...

that stop and that silence that comes to you
is because you have arrived
to that peaked state within you
that silence is utterly alive
it fills you with so much bliss
another word for it is orgasm
it is an orgasmic state within you
and the very door to the orgasmic state
transcends the mind and shows you a new universe
that is filled with light and it expands you

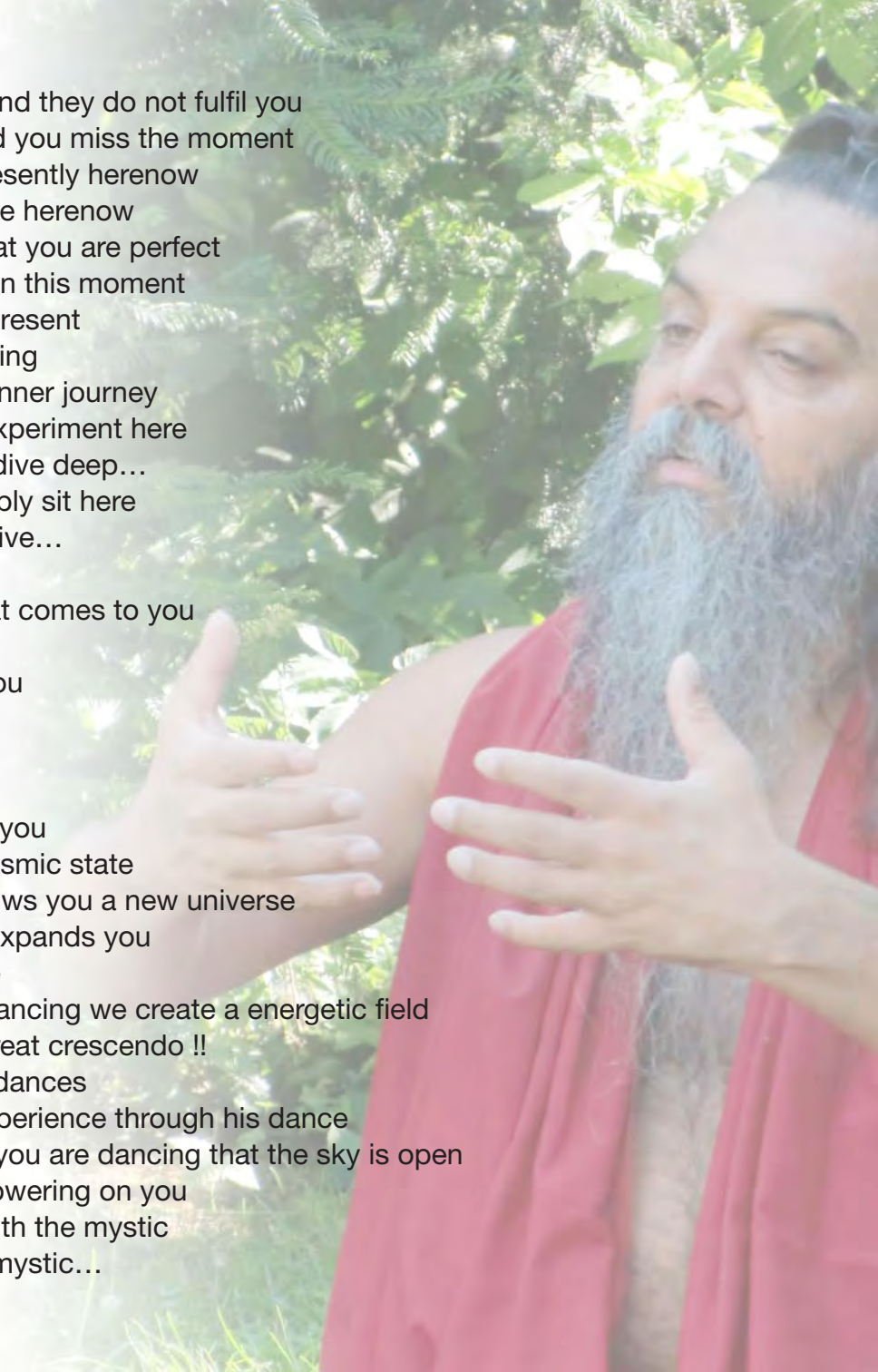
that is why we dance

when everybody is dancing we create a energetic field
and it peaks into a great crescendo !!

a mystic is one who dances

and gives you the experience through his dance
you can feel it when you are dancing that the sky is open
and something is showering on you

the only way to be with the mystic
is to dance with the mystic...



and the dance of the mystic is not ordinary...it is extra ordinary
it is rooted in deep silence
it is rooted in a deep inner stillness
and all that moves around a still and silent being...
is like a tornado
it is so strong !

if you have a deep inner centering you get totally lost
when you are lost everything disappears...

and you see that miracle...
it is within you !

you just need a simple device
to bring you to that inner state
do you understand ?

next time we get up and dance
just dance totally !

forget all about sitting in deep meditation
that sitting will happen when you are in ecstasy
you will sit so deep

you will be drowned in such ecstasy...

that you will not wish to move

no effort in sitting...you are floating...you are still...

because you have drunk your inner being

that stillness is totally alive

no effort

it simply puts you into an deep relaxed state

so next time get up and dance and be total
dance...dance...dance...

so that you drop...the mind drops...

everything disappears...and then sit...

and you will feel the qualitative difference

you are buzzing and so fulfilled that silence drowns you

there is nothing i can give to you verbally

because this is not an education

you do not need to learn something
truth is contained within you
you simply need to unlearn
and find your natural states
and learn how to peak

open your inner being to the sky and the stars

and the moon and the trees and nature

and dance and dissolve in to all that surrounds you

you are part of nature

and the moment you move and disappears

you become one with all that surrounds you

you are living in an ocean of life

life surrounds you everywhere

it is reaching the grass...the trees...the sun...the stars...the sky

it is reaching everywhere...pulsating everywhere

if you are closed you will not feel the pulse of existence

dance and you will feel that you are one with all that surrounds you

that experience of oneness is the experience of the mystic

become one with all that is surrounding you...

and the inner reaches outwards

and the outwards reaches inwards

and this wall...this bodymind...simply disappears

then you know that you are already home

you do not need to run here and there

you are going nowhere

just be where you are...

and the simple experience

will settle everything in you

you will come to such a settled content tranquil state

and from there you have clarity...

that clarity will give you a vision

and each thing that you will do in your life

will come out of that settled clear state

first attain to stillness and silence
then in that clarity make decisions about your life
and what you wish to do with your life
life is very precious
do not waste it in meaningless rubbish

this whole world is running around
bringing themselves towards the grave
do not just live a mundane life
you are a spiritual being
balance your mundane life with the mystical
search the mystery within you
there is no way to search the mystery
you can dissolve into the mystery by living it totally
another way of dissolving is living
and the only way to live is to dance...celebrate...
enjoy your life totally...vertically
it is a vertical state of enjoyment

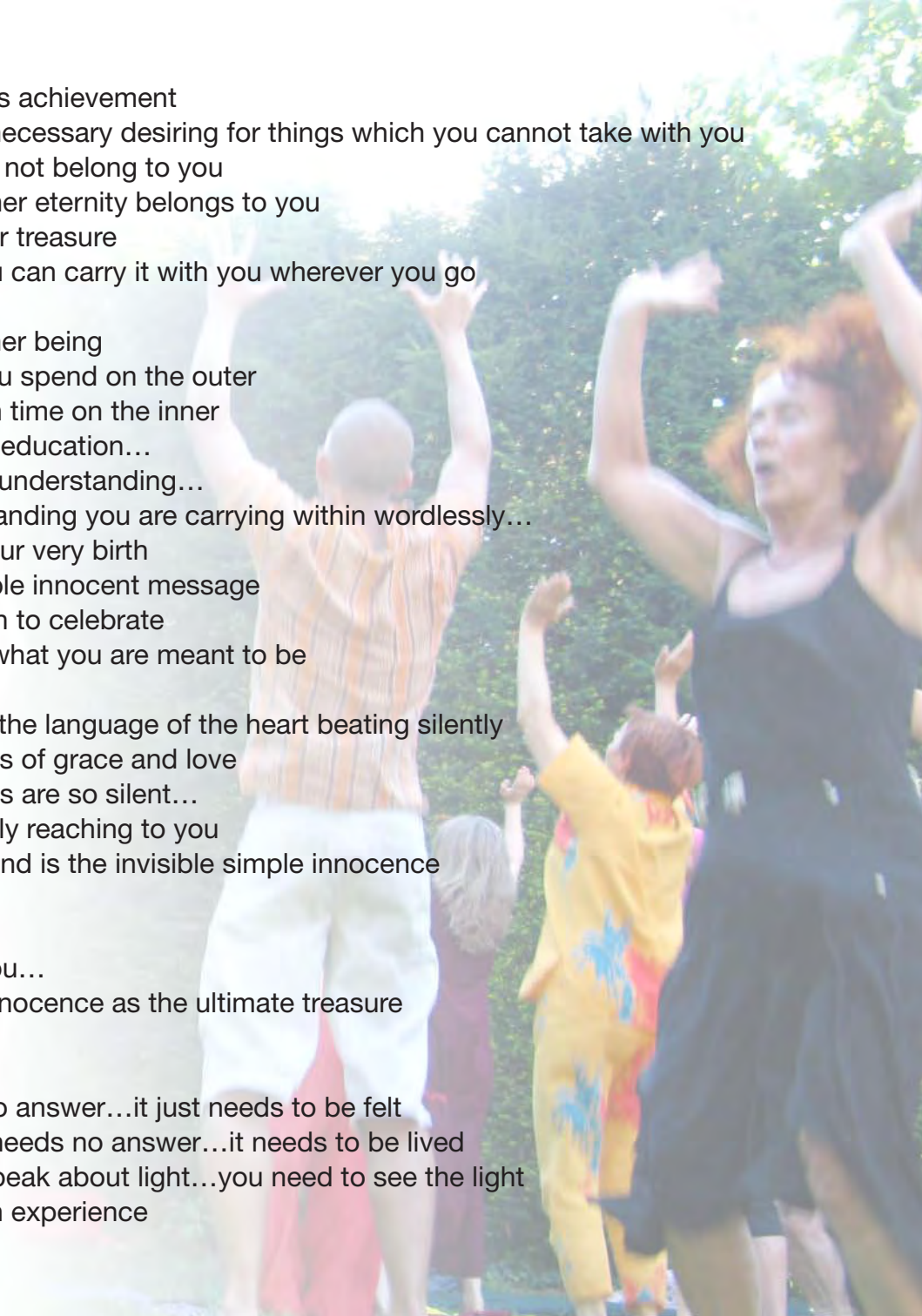
do you understand what i am saying ?
it is very simple message
utterly innocent...nothing complicated
just you have forgotten
what you are carrying vertically within you
just remember that you are a being of light
and if you cannot live your inner light
then you have missed life completely
do not waste your life
you are living in the society...in the world
which is filled with doing...achieving...becoming
proving to others who you are
it is all for others
it is not for you

stop this achievement
this unnecessary desiring for things which you cannot take with you
they do not belong to you
your inner eternity belongs to you
it is your treasure
and you can carry it with you wherever you go

invest in your inner being
as much time you spend on the outer
spend that much time on the inner
there is an outer education...
there is an inner understanding...
and this understanding you are carrying within wordlessly...
silently...from your very birth
listen to my simple innocent message
and you will learn to celebrate
and be more of what you are meant to be
it is very simple !

people have forgotten the language of the heart beating silently
they forgot the gestures of grace and love
because these gestures are so silent...
they are so mysteriously reaching to you
remember...the profound is the invisible simple innocence
the child knows it
the child carries it
but it is of no use to you...
you have not valued innocence as the ultimate treasure
you need words

love knows no answer...it just needs to be felt
compassion needs no answer...it needs to be lived
you cannot speak about light...you need to see the light
the inner is an experience



the outer is filled with words
you can draw the silence between the words
and the message that cannot be heard
you can drink it
then you have understood that there is a hidden message
people use the same words
how can you gauge the depth of meaning ?
it is there when you meet someone who knows
his knowing is very simple
he knows nothing...he has disappeared
he knows his nothingness
he knows his disappeared state
you will find a innocent person

it is like somebody who asks...what is love ?
and some idiot starts giving you a one hour discourse
on what is love
do you understand what i mean ?
the mystic will close his eyes
drop a tear
and you will understand
the love must be so deep
that it moves tears in the eyes
and then to speak about truth is so utterly stupid...

question *what happens in sannyas ?*

nothing happens
all happening comes to a stop
and you are perfect
you are perfect when everything stops
and nothing is meant to happen
sannyas is the end of dreaming

it is the ultimate...beyond the dream and the awakening
sannyas is an awakening to the present totality of your being herenow
everything disappears...nothing happens
and you lose everything !
sannyas is dropping everything that you have
everything that you know
you become totally lost with no care
this body...this mind...this emotion...you set aside
and that state...the buddha within you...receives the ultimate treasure
a remembrance of you is sannyas
you simply remember...aha...i do not need to be
i am
the search ends
nothing happens

she is asking this question
because day after tomorrow few blessed people
who know this mystery of dropping everything
into an weightless sky will receive sannyas

how to grow your wings through this heap of weight and fly
weightless...with no fear ?
you do not need to possess to be
disappear and you possess the whole
you are the whole
no need to grab
no need to hold
the sky is yours
open your hands and you are the sky
simply surrendering into this universe
sannyas is a remembrance
i can speak endlessly on this great miracle...
i call sannyas the miracle of love



this sannyas our beloved master osho has offered
to those blessed people
just a single taste of it and you will not know what it is
you will not know anything
but something within you will ignite
something within you will become light
it is so mysterious
it will enter so deep within you
you will not know what it is
and you need not know what it is

you simply go with the river
and the river will reach the ocean
you have fallen into the river of yes
sannyas is the river of yes to existence
it is a yes to your inner light
it is saying yes...yes...yes...
let it flow...let it flow...let it flow...

and you do not need to bother
when it will reach the ocean
because you are the ocean
you are the eternity
so you are welcome to dive into this river
we have to give it a name...sannyas
but it is pure love
it is not even a search
search means somewhere else
that you are here and you are searching there

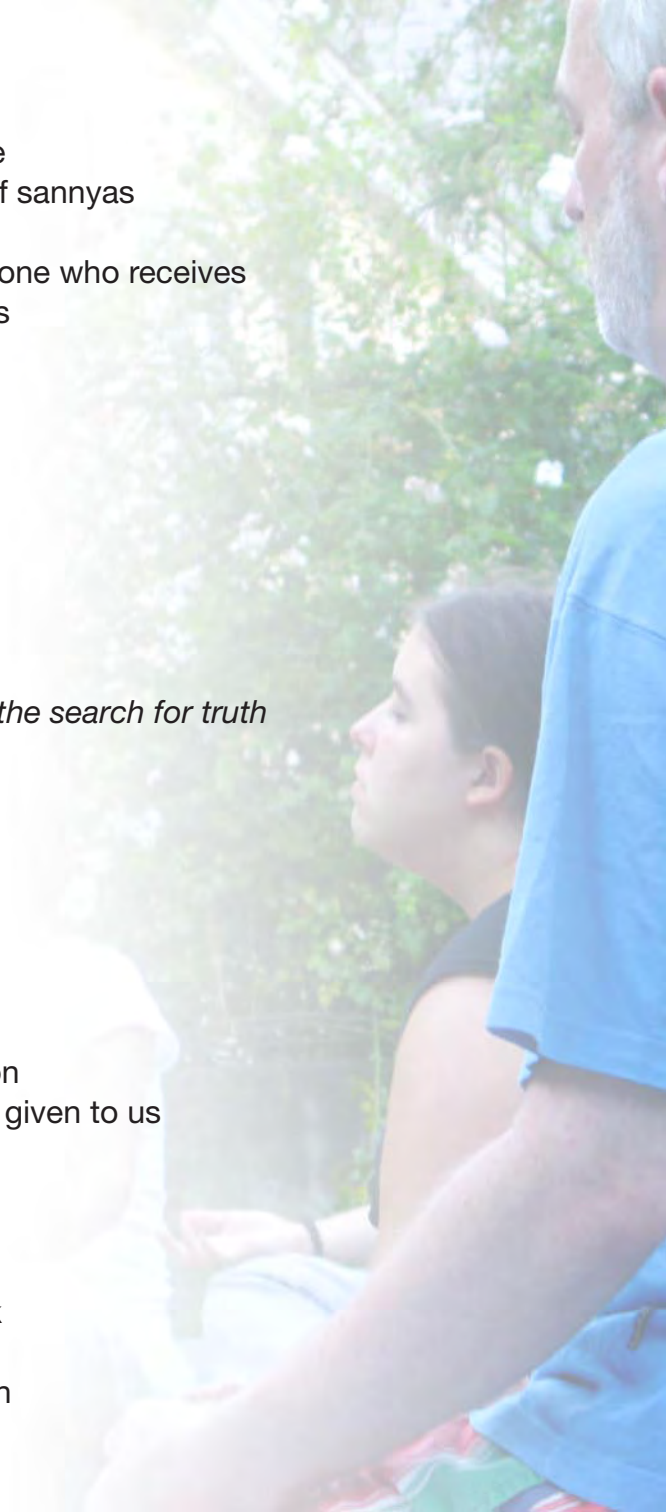
you are it
no need to search
you are it !
experience your isness
it is not a search
the great mystery of sannyas is this

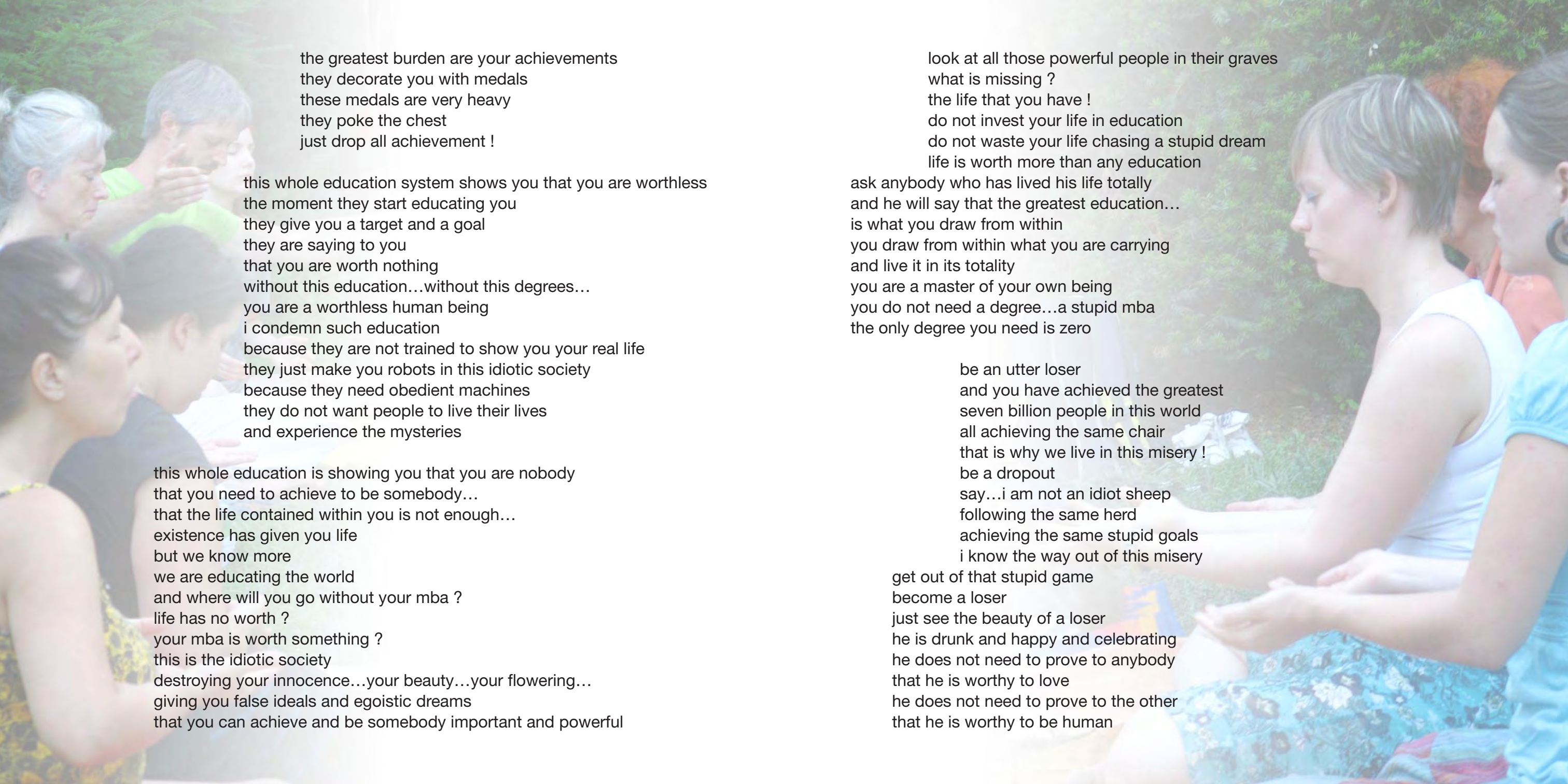
you lose everything and you find
you do not need to search and you are
strange is the beauty of this mystery of sannyas
so welcome and experience it
these deep treasures can only be experienced by one who receives
strangely there is no giving no receiving in sannyas
who is there to give you ?
and who is there to receive ?
the moment the mala comes around your neck
both have disappeared
what a mystery
enjoy the mystery !

question *i am afraid that the sannyas and the search for truth
will interfere with my studies...
i am going to university...*

welcome welcome !
afraid ?
be afraid !
we are all losers here
we are not here to achieve anything
we are not robots with a goal and a mission
we are simply living because life has been given to us
and we want to live it

no goals...no achievement
just living life...so fulfilling
wherever it leads you is perfectly ok
and to be a loser is the best
you do not need to carry any burden





the greatest burden are your achievements
they decorate you with medals
these medals are very heavy
they poke the chest
just drop all achievement !

this whole education system shows you that you are worthless
the moment they start educating you
they give you a target and a goal
they are saying to you
that you are worth nothing
without this education...without this degrees...
you are a worthless human being
i condemn such education
because they are not trained to show you your real life
they just make you robots in this idiotic society
because they need obedient machines
they do not want people to live their lives
and experience the mysteries

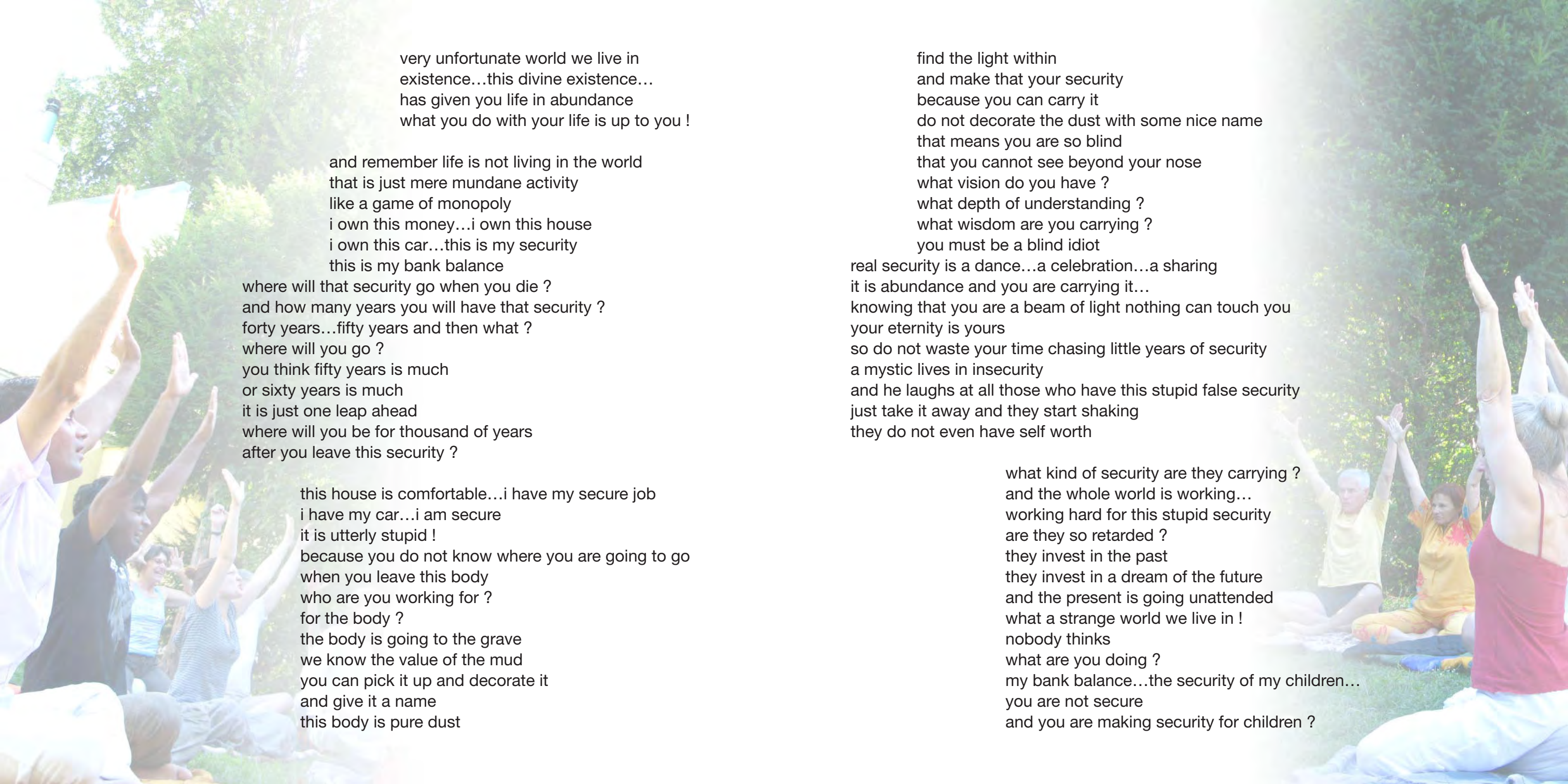
this whole education is showing you that you are nobody
that you need to achieve to be somebody...
that the life contained within you is not enough...
existence has given you life
but we know more
we are educating the world
and where will you go without your mba ?
life has no worth ?
your mba is worth something ?
this is the idiotic society
destroying your innocence...your beauty...your flowering...
giving you false ideals and egoistic dreams
that you can achieve and be somebody important and powerful

look at all those powerful people in their graves
what is missing ?
the life that you have !
do not invest your life in education
do not waste your life chasing a stupid dream
life is worth more than any education

ask anybody who has lived his life totally
and he will say that the greatest education...
is what you draw from within
you draw from within what you are carrying
and live it in its totality
you are a master of your own being
you do not need a degree...a stupid mba
the only degree you need is zero

be an utter loser
and you have achieved the greatest
seven billion people in this world
all achieving the same chair
that is why we live in this misery !
be a dropout
say...i am not an idiot sheep
following the same herd
achieving the same stupid goals
i know the way out of this misery

get out of that stupid game
become a loser
just see the beauty of a loser
he is drunk and happy and celebrating
he does not need to prove to anybody
that he is worthy to love
he does not need to prove to the other
that he is worthy to be human



very unfortunate world we live in
existence...this divine existence...
has given you life in abundance
what you do with your life is up to you !

and remember life is not living in the world
that is just mere mundane activity
like a game of monopoly
i own this money...i own this house
i own this car...this is my security
this is my bank balance

where will that security go when you die ?
and how many years you will have that security ?
forty years...fifty years and then what ?
where will you go ?
you think fifty years is much
or sixty years is much
it is just one leap ahead
where will you be for thousand of years
after you leave this security ?

this house is comfortable...i have my secure job
i have my car...i am secure
it is utterly stupid !
because you do not know where you are going to go
when you leave this body
who are you working for ?
for the body ?
the body is going to the grave
we know the value of the mud
you can pick it up and decorate it
and give it a name
this body is pure dust

find the light within
and make that your security
because you can carry it
do not decorate the dust with some nice name
that means you are so blind
that you cannot see beyond your nose
what vision do you have ?
what depth of understanding ?
what wisdom are you carrying ?
you must be a blind idiot

real security is a dance...a celebration...a sharing
it is abundance and you are carrying it...
knowing that you are a beam of light nothing can touch you
your eternity is yours
so do not waste your time chasing little years of security
a mystic lives in insecurity
and he laughs at all those who have this stupid false security
just take it away and they start shaking
they do not even have self worth

what kind of security are they carrying ?
and the whole world is working...
working hard for this stupid security
are they so retarded ?
they invest in the past
they invest in a dream of the future
and the present is going unattended
what a strange world we live in !
nobody thinks
what are you doing ?
my bank balance...the security of my children...
you are not secure
and you are making security for children ?

do you know who you are ?
where did you come from ?
where are you going ?
you do not know either answer
and you are a genius creating security for the future of your children
you do not know your own future ! miracle !
just say...i do not know my own future
maybe i am going to die in misery
and you will die in misery
because you do not know who you are
so drop this false idea of so called security

be a light unto yourself
and i say you deserve it
i say it is easy without effort
attain to your innocence
and within it is the light of your being
drop all this education
this learning...becoming...being more
forget about it !

if you are intelligent
let this message go deep into your heart
and a new search will begin
you really want security ?
first learn that there is no death
and find the deathless within you
then i will say you are a genius
use whatever you have to find the answer
and the moment you will recognize it you will know
and nothing can shake you
this whole world can disappear
you will be laughing

find your inner treasure
i am here to remind you...
that you are a being of light
find your eternity
that is the greatest reward
and it has been given to you as a gift
you come with that treasure

nobody asks me any question
so i am answering some questions
that are floating in the air

enough blah blah blah
i think we will just have one more dance
we begin again tomorrow...
we will dance again

whenever i am travelling
we remember our friend giri
yo yo
he is yes
he is yo yes
he sent me such beautiful letters with pictures
so touching
thank you...yo man



austria
vienna
10 july 2010

all this seeking...searching...looking for the truth
going here...going there
while all you need is a dance
 searching for truth is so ridiculous
 it is like saying i am searching for myself
 i do not know where i am
 the whole search for truth is so stupid...so ridiculous
 because search means somewhere else
 a long journey far away...something else
 a great achievement...what an attainment

this whole search is stupid
be the way you are
celebrate and live your life totally
drown into the very current of life
and you do not need to search
how can you search what you already have ?
the moment you say i am searching truth
you are denying that you have life
you are denying yourself
you do not need to search
you need to live

and the only way to live is to celebrate what you have
and in that celebration...in that ecstasy...you will taste what you have
you cannot search truth

it is such an abstract idea
i am searching for truth...
i am searching for the divine...

drown into what you have in totality
in your inner ecstasy...your inner bliss...in this moment of dance
who bothers to search ?
you are so fulfilled there is no one there to search

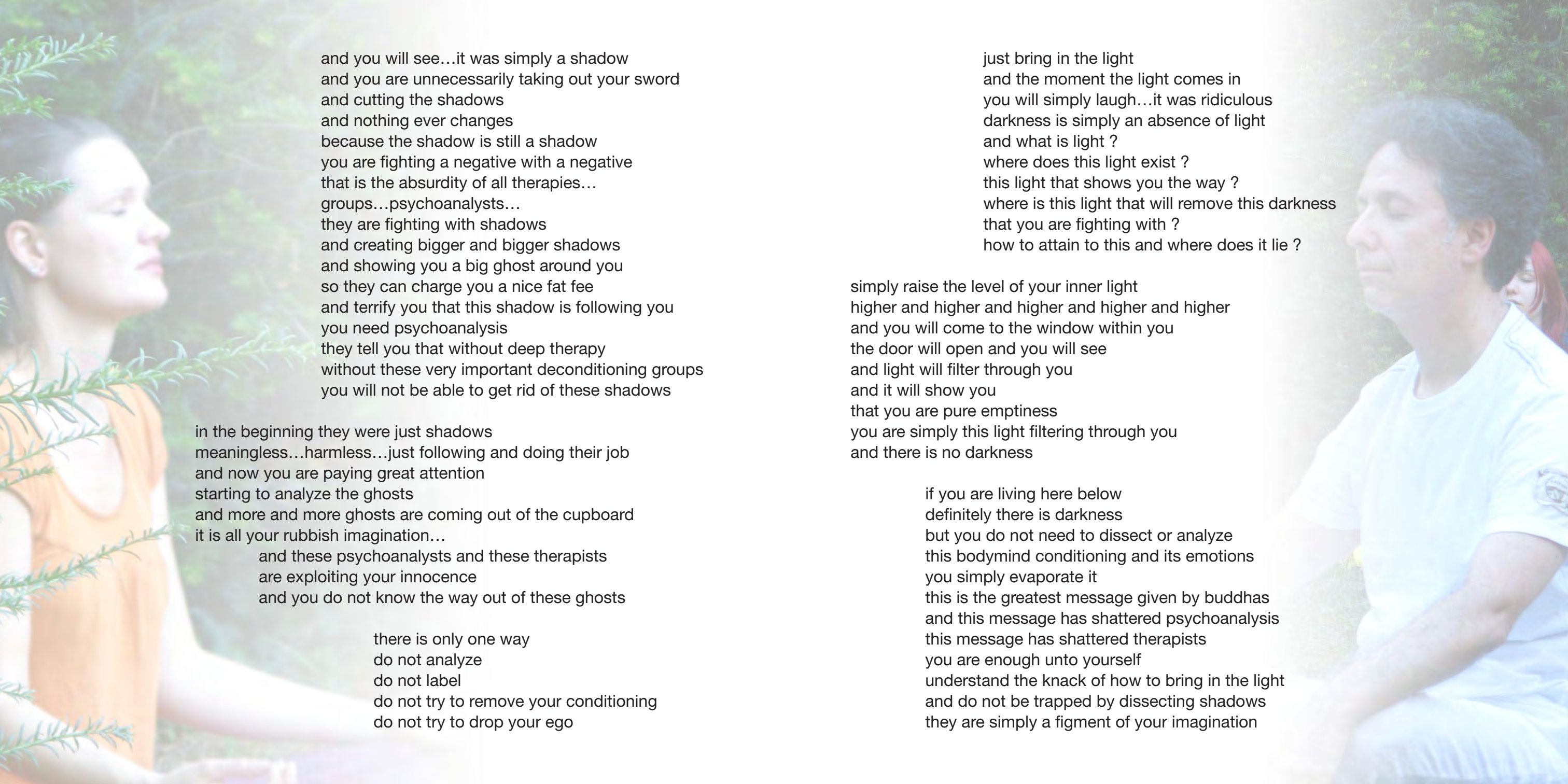
this is the most ridiculous joke played on human beings
and so many masters and so called teachers and all kinds of gurus...
are teaching you how to search for truth
so utterly stupid !
the very fact they say...search
simply indicates they have not understood
only one who has found will never tell you to search
he will say...drink...drown...disappear...
dance...celebrate...live totally what you have
take whatsoever you have to its peak
and experience its beauty...experience its height
no need to search...you are it
drown into your own inner being
drown into yourself
it is not a search...it is a dissolving
how to dissolve this body...this mind...these thoughts...
how to dissolve ?

then there comes a new group of parasites
they want to make you smaller
they want to show you that you do not have enough
that you have an ego...you have a conditioning...you need therapy
you need deep therapy to remove this conditioning
you need to drop this big ego of self

but how are you going to find that ego ?
if you can find the ego it is very easy to drop it
but nobody ever found the ego
nobody has ever found the conditioning
it is all abstract mumbo jumbo
blah blah blah blah
analyzing your conditioning
showing you your conditioning
and telling you the way out of conditioning
showing you your ego...analyzing your ego
and telling you the way out of your ego
these egoist people have not understood what is ego
it is so childish this game !
this game of psychoanalysis
this game of therapy...analyzing and dissecting
and trying to understand the darkness
it is like trying to analyze your shadow
and no matter how much you analyze
the shadow will simply follow you
you cannot dissect shadows
in the very first place they are shadows !
do not fight a shadow
do not fight the ego of the so called conditioning
do not fight what you do not have
you are fighting an absence !
you are fighting that which does not exist
it is your ignorance that you are fighting
and you are going deeper into ignorance

do not fight darkness with darkness
do not fight the shadows of conditioning...
with your mind...with analysis...
bring in the light !



A woman in an orange tank top and a man in a white t-shirt are sitting outdoors in a meditative pose. The woman is on the left, looking towards the right, and the man is on the right, looking towards the left. They are surrounded by green foliage. The background is slightly blurred, emphasizing the subjects.

and you will see...it was simply a shadow
and you are unnecessarily taking out your sword
and cutting the shadows
and nothing ever changes
because the shadow is still a shadow
you are fighting a negative with a negative
that is the absurdity of all therapies...
groups...psychoanalysts...
they are fighting with shadows
and creating bigger and bigger shadows
and showing you a big ghost around you
so they can charge you a nice fat fee
and terrify you that this shadow is following you
you need psychoanalysis
they tell you that without deep therapy
without these very important deconditioning groups
you will not be able to get rid of these shadows

in the beginning they were just shadows
meaningless...harmless...just following and doing their job
and now you are paying great attention
starting to analyze the ghosts
and more and more ghosts are coming out of the cupboard
it is all your rubbish imagination...

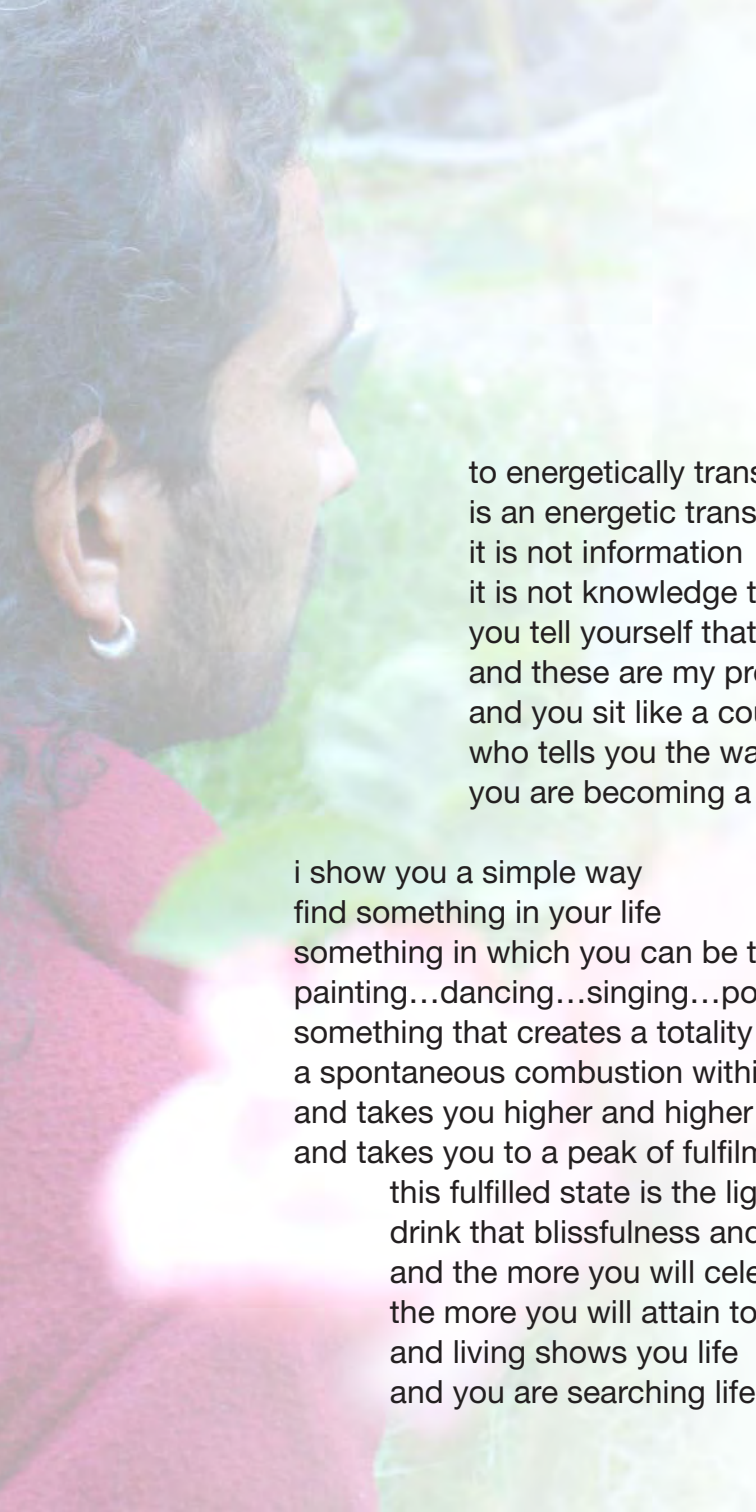
and these psychoanalysts and these therapists
are exploiting your innocence
and you do not know the way out of these ghosts

there is only one way
do not analyze
do not label
do not try to remove your conditioning
do not try to drop your ego

just bring in the light
and the moment the light comes in
you will simply laugh...it was ridiculous
darkness is simply an absence of light
and what is light ?
where does this light exist ?
this light that shows you the way ?
where is this light that will remove this darkness
that you are fighting with ?
how to attain to this and where does it lie ?

simply raise the level of your inner light
higher and higher and higher and higher and higher
and you will come to the window within you
the door will open and you will see
and light will filter through you
and it will show you
that you are pure emptiness
you are simply this light filtering through you
and there is no darkness

if you are living here below
definitely there is darkness
but you do not need to dissect or analyze
this bodymind conditioning and its emotions
you simply evaporate it
this is the greatest message given by buddhas
and this message has shattered psychoanalysis
this message has shattered therapists
you are enough unto yourself
understand the knack of how to bring in the light
and do not be trapped by dissecting shadows
they are simply a figment of your imagination



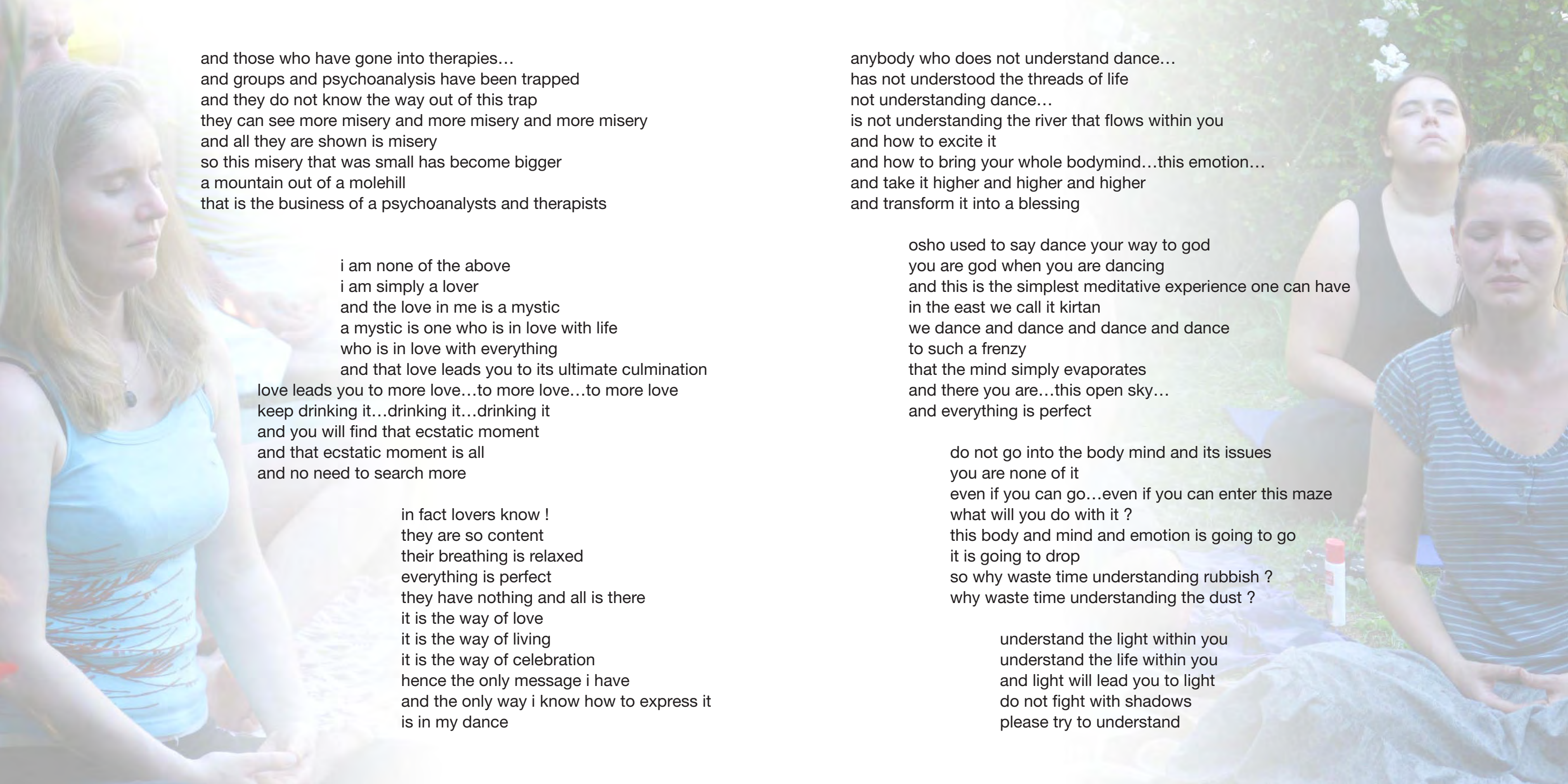
they are simply illusory
this bodymindemotions...all evaporates
when you are at the peak
that peak is a state of nomind

to energetically transform the lower to the highest in you...
is an energetic transformation
it is not information
it is not knowledge that you attain and dissect through books
you tell yourself that these are the pitfalls
and these are my problems and these are my issues
and you sit like a couch potato with some stupid psychoanalyst
who tells you the way out...
you are becoming a couch potato...a guinea pig...

i show you a simple way
find something in your life
something in which you can be total
painting...dancing...singing...pottery...swimming...running...
something that creates a totality in you
a spontaneous combustion within you
and takes you higher and higher
and takes you to a peak of fulfilment
this fulfilled state is the light and its expression of blissfulness
drink that blissfulness and celebrate your life
and the more you will celebrate your life and live your life...
the more you will attain to this quality of living
and living shows you life
and you are searching life...not truth

there is no such thing as truth
life is enough unto itself
find life within you
accelerate it...find its balance
peak the natural state in you
and you have arrived to your natural state
with no psychoanalysis...
no fighting the darkness...
no sword fencing...
we are not fighters
we are lovers
love what you do
do things totally...with a total sincerity
with a totality in action...no division
and each and every act of yours
will lead you to the final culmination of grace

i keep hammering these stupid psychoanalysts and therapists
and all those gurus and masters
who tell you to drop things
in the first place where you will find it to drop it ?
you show me your ego
and i will show you how to transcend it
transcendence does not mean dropping
you are not in this dropping business
all you can drop is shit
that is what you can do !
and these people are making great value out of it
and dissecting it
you are caught in this misery
and you do not know the way out
mind...more mind...more mind...
you are falling into quicksand



and those who have gone into therapies...
and groups and psychoanalysis have been trapped
and they do not know the way out of this trap
they can see more misery and more misery and more misery
and all they are shown is misery
so this misery that was small has become bigger
a mountain out of a molehill
that is the business of a psychoanalysts and therapists

i am none of the above
i am simply a lover
and the love in me is a mystic
a mystic is one who is in love with life
who is in love with everything
and that love leads you to its ultimate culmination
love leads you to more love...to more love...to more love
keep drinking it...drinking it...drinking it
and you will find that ecstatic moment
and that ecstatic moment is all
and no need to search more

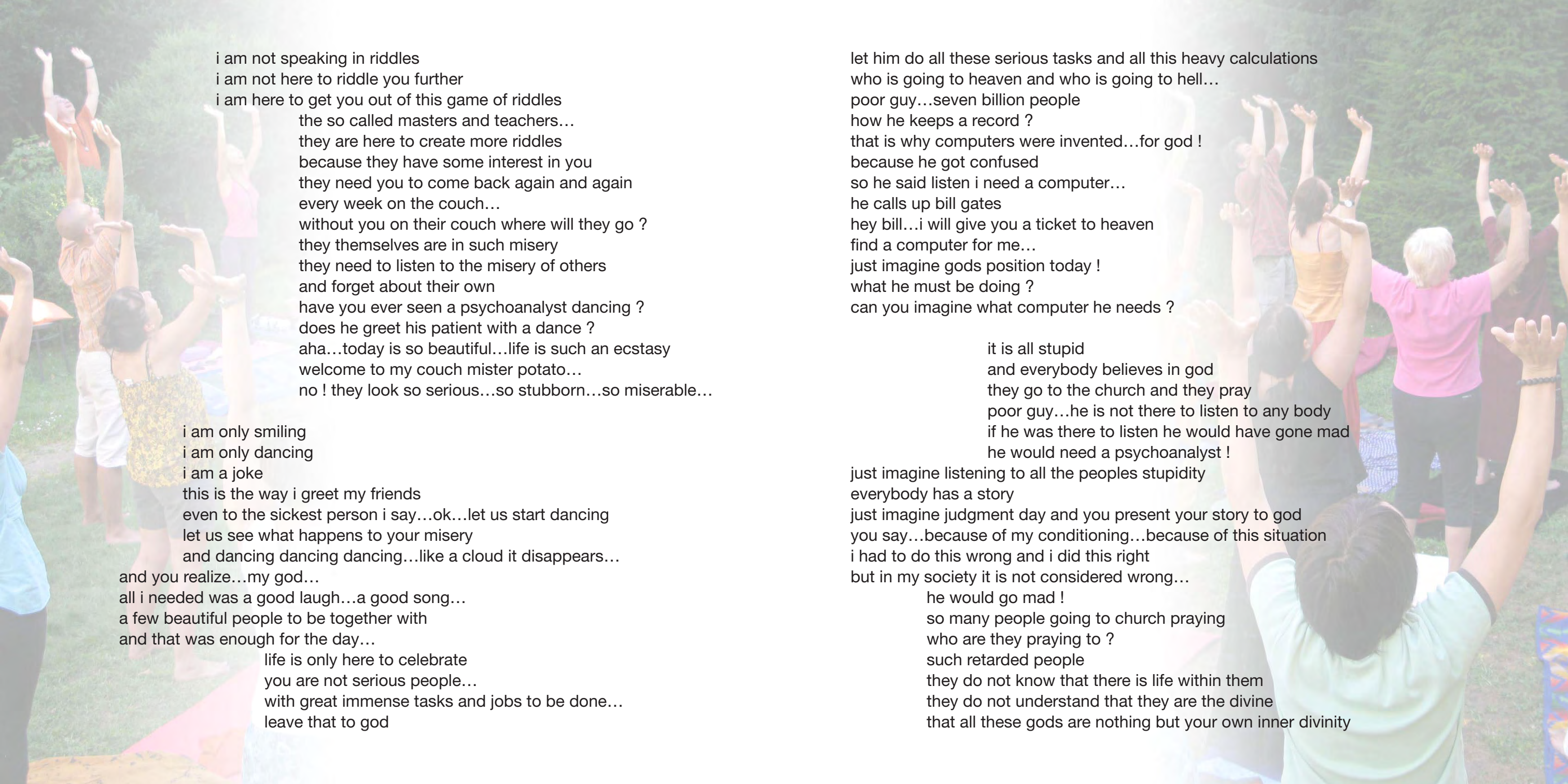
in fact lovers know !
they are so content
their breathing is relaxed
everything is perfect
they have nothing and all is there
it is the way of love
it is the way of living
it is the way of celebration
hence the only message i have
and the only way i know how to express it
is in my dance

anybody who does not understand dance...
has not understood the threads of life
not understanding dance...
is not understanding the river that flows within you
and how to excite it
and how to bring your whole bodymind...this emotion...
and take it higher and higher and higher
and transform it into a blessing

osho used to say dance your way to god
you are god when you are dancing
and this is the simplest meditative experience one can have
in the east we call it kirtan
we dance and dance and dance and dance
to such a frenzy
that the mind simply evaporates
and there you are...this open sky...
and everything is perfect

do not go into the body mind and its issues
you are none of it
even if you can go...even if you can enter this maze
what will you do with it ?
this body and mind and emotion is going to go
it is going to drop
so why waste time understanding rubbish ?
why waste time understanding the dust ?

understand the light within you
understand the life within you
and light will lead you to light
do not fight with shadows
please try to understand

A group of people are dancing in a circle outdoors. They have their arms raised in the air, and some are wearing colorful clothing. The background is a lush green forest. The scene is bright and sunny.

i am not speaking in riddles
i am not here to riddle you further
i am here to get you out of this game of riddles
the so called masters and teachers...
they are here to create more riddles
because they have some interest in you
they need you to come back again and again
every week on the couch...
without you on their couch where will they go ?
they themselves are in such misery
they need to listen to the misery of others
and forget about their own
have you ever seen a psychoanalyst dancing ?
does he greet his patient with a dance ?
aha...today is so beautiful...life is such an ecstasy
welcome to my couch mister potato...
no ! they look so serious...so stubborn...so miserable...


i am only smiling
i am only dancing
i am a joke
this is the way i greet my friends
even to the sickest person i say...ok...let us start dancing
let us see what happens to your misery
and dancing dancing dancing...like a cloud it disappears...
and you realize...my god...
all i needed was a good laugh...a good song...
a few beautiful people to be together with
and that was enough for the day...
life is only here to celebrate
you are not serious people...
with great immense tasks and jobs to be done...
leave that to god

let him do all these serious tasks and all this heavy calculations
who is going to heaven and who is going to hell...
poor guy...seven billion people
how he keeps a record ?
that is why computers were invented...for god !
because he got confused
so he said listen i need a computer...
he calls up bill gates
hey bill...i will give you a ticket to heaven
find a computer for me...
just imagine gods position today !
what he must be doing ?
can you imagine what computer he needs ?

it is all stupid
and everybody believes in god
they go to the church and they pray
poor guy...he is not there to listen to any body
if he was there to listen he would have gone mad
he would need a psychoanalyst !

just imagine listening to all the peoples stupidity
everybody has a story
just imagine judgment day and you present your story to god
you say...because of my conditioning...because of this situation
i had to do this wrong and i did this right
but in my society it is not considered wrong...

he would go mad !
so many people going to church praying
who are they praying to ?
such retarded people
they do not know that there is life within them
they do not understand that they are the divine
that all these gods are nothing but your own inner divinity



on this earth we have so many miserable creatures
psychoanalysts...therapists...gurus...masters...teachers...
and none can dance
if you cannot find a dancing person...do not talk to him
i do not talk to anybody who cannot dance
i am afraid of these people
because i never saw a dead man dancing in the grave
 when i see somebody dancing
 at least i know he is alive
 that much proof he has given
 i am alive and i am dancing...you see ?
 i have enough life in me
 enough youthfulness in me to move my body
 anybody who cannot dance
 i keep a little distance
 my god...poor guy
 does not know how to celebrate

so remember me
i am a simple person
i just dance with the wind
and i do not know what is truth
neither i am bothered to know
if truth has anything to tell me...let it come and find me
let the gods find me
let the truth find me
whoever wants to find
find the dancing flame
and that love will dissolve you

this is our evening event every night
just get up and dance
sit down...eat...go to sleep
i have no other message
and i have looked at all the messages given by others
all couch potatoes...good for logic...
good for your reasoning...
filters in your head
and you get no juice out of it
 squeeze the juice and dance
 and forget about searching...finding ways out of the riddle
 finding eternity...moksha...nirvana...samadhi

i am an utterly simple person
i do everything slowly
i am total in each act
and i dance totally
and i do not want to put any label
that i am this or i am that
i simply am not anything of anything
i am totally dissolved and i am nothing

i am simply a nobody
because i am dissolved and drunk
and do not make that nobody into a somebody
nobody nowadays means to be enlightened
what is the meaning of nobody ?
nobody means everybody...everything...all...everywhere
i am simply nobody...really nobody...

you know all the paths to misery
find the way to bliss
and life is very short
you are not here forever

you will not live here forever
remember...death is around the corner
death is not tomorrow
death is today
tomorrow is your imagination
when you will die it will not be tomorrow
you will die today
the moment you learn postponement
tomorrow and tomorrow and tomorrow
it means you already arrived to your grave
because tomorrow is the grave
all postponement of living here today...
all postponement of living life totally here and now...
is a way to your grave

you postpone life for tomorrow
because today you have very important things to do
today is so important
i have so much business
my bank balance is not enough
my house is incomplete
you cannot complete anything

the moment you will complete something
something else will be incomplete
so live totally herenow
let everything else move on
do not try to complete your life

stop postponing life
live today totally
life is very short

even i am here
my life cannot be forever
i keep insisting to people...live totally

make choices that create life in you...not living...
living is a game...life is real !
do not prepare to live
that one day i will finally live
when everything is ready and perfect
that day never arrives
do not miss today
do not miss these moments

understand this simple message
and you can transform your entire life
this so called search for truth...
will be nothing but being present...
to this moment that is arriving upon you

learning how to live this moment is such a joy
with so much grace
with so much gratitude
with so much acceptance
that truth itself dives into you
and says...oh my friend...you have found me !
this is the real meaning
and it will show you the way
it will show you its light

and you can be filled with light so easily
and it will fulfil you...utterly fulfil you
and the moment you will be fulfilled
you will start dancing and sharing your love
sharing your joy...sharing your fulfilment...
and you will become a blessing...
to all those you know
so become a blessing unto yourself
and start dancing

question can you say something about breathing ?

the beauty of this question
is one of the deepest experiments in the world
vipassana...
the breath...
the mystery of breath...
and the mystery of that which is hidden
behind the breath

the first breath you take in...
life appears in the body
the last breath you take out...
life disappears from the body
the whole secret is in the breath
this whole question of breath took the east
into the search of the secret of breath

there is a method called vipassana
vipassana method is for you to follow the breath inward
and see where it leads you
follow the breath outward
and see where it leads you
because it is a miniature world of life and death
breathing in...there is life
but it is moving the momentum
to breathing out...which is death

searching this breathing pattern
in...life
out...death
the mystic becomes aware that there is a pause
breathing in...there is a pause

a slight gap
breathing out...there is a pause
again a slight gap
how can this gap exist ?
this gap becomes the search
of those who dive deep into meditation
understanding orgasm you come to this gap
when you are in orgasm your breathing simply stops
that pause opens the door for the method of tantra
tantra is how to reach to that peaked breath
so that you dissolve into the gap
and you are falling falling falling falling falling
into a tunnel...a state of nomind

this realization is so profound
breathing in is life
and breathing out is death
but there is something in the middle of it
the gap that remains alive
it still remains watching both the sides
if you look at your brain carefully
there is a division
right in the middle of the brain
there is a gap

this experience of the gap
have been found by many mystics
and that is understood to be the witnessing presence
it neither says yes...it neither says no
it simply drowns into the middle
and a great experience of
falling falling falling falling falling falling falling...
they have found the gap between the breaths

breathing is so important
where do we breath from ?
how do we breath ?
are we breathing in balance ?
the whole system of breath
is linked to the body and its wellbeing

when you breath in and you breath out
you are not breathing from the centre
the centre gives you one pulse
it is drawn upwards
the breath creates a pulsation...a desire
the desire leads to the brain...
the brain creates a thought...
and the thought starts acting

each and every pulse comes to you through the naval
one pulse of life moves upward...
a dream...a desire...linking you to the world...
it reaches the brain...it becomes a thought
and you start acting
each pulse becomes an action
slowly slowly these pulses keep accumulating
and you start acting

most of the time that desire is not fulfilled
so your act remains incomplete
if you can follow each breath...
its desire and the thought into the action...
you have fulfilled the pulse that was given to you
slowly slowly these pulses that arrive to you
are divided and split
and they start accumulating in you
as un-lived moments...as incomplete actions
these incomplete actions are your misery

somebody who lives naturally has a simple pulse...a simple desire...
that goes to the thought and that thought leads to action
and is complete within itself

your watching your breath will show you the way backwards
go to the thought...
from the thought go to the emotion...
from the emotion go to where it came from...
and you will find the source
watching the breath
you can undo everything that is accumulated in you
and once you undo it
you come to a state of restfulness
where your breathing is utterly relaxed
and the gaps become bigger and bigger

finding the breath within the breath
is a real secret
again i say it very simple
take the whole energy higher...higher...higher...higher...
come to the peak ...
the breathing stops
you are in the gap
you are not breathing

the moment you breath
you will become a man
you will become a woman
and thoughts will enter
desire will enter

the labels...the judgement...the conditioning...
everything starts entering
when you move into the breath...
when you are in the state of nomind...
your breathing stops and there is no person

all the masters speak about labelling
the illusion is run because you are in the thought
your attachment...your link to these thoughts...
creates the mind and its pulse
the moment you are in the state of nomind
you do not have anything to link it with
there is nothing to reflect
nothing to think...no label...no judgement...
and you are in the pure state of isness

the witness is one that is not attached
it is simply witnessing...detached
a detached state of awareness
and there is no breath

try to understand the difference
between breathing in and breathing out...
they are part of the mind...
the gap is part of nomind

the state of nomind has no illusion
it has no judgement
it has no labelling
it has no conditioning
it is simply where it is
and it does not know of any other
it does not even know
that something exists...that something is missing

mind is yes and mind is no
it is a pulse
that is how you work
the yes creates a no
the no creates a yes
you have two hemispheres of the brain
and they struggle with each other
to create a movement of thoughts
you need to learn how to drop...
and fall into the silent vertical centre...
where mind becomes still
and where you reach the state of nomind
that is what we are seeking as a meditator
no breath...nomind...
just a state of silence
not knowing anything

this leads me to the word awareness
people are teaching you about awareness
the word awareness as understood by the west is completely misleading
they say...i am becoming more aware of the green house effect...
i am becoming aware of the ecological disaster...
i am becoming aware of the trees...
i am becoming aware of my breathing...
i am becoming aware of my conditioning...
i am becoming aware of a million and one things...
all these awareness classes are an utter lie
you do not become more aware
you are becoming more aware of things
the very word used in the dictionary...
that i am becoming more aware of...
translates into knowledge
that i know more now

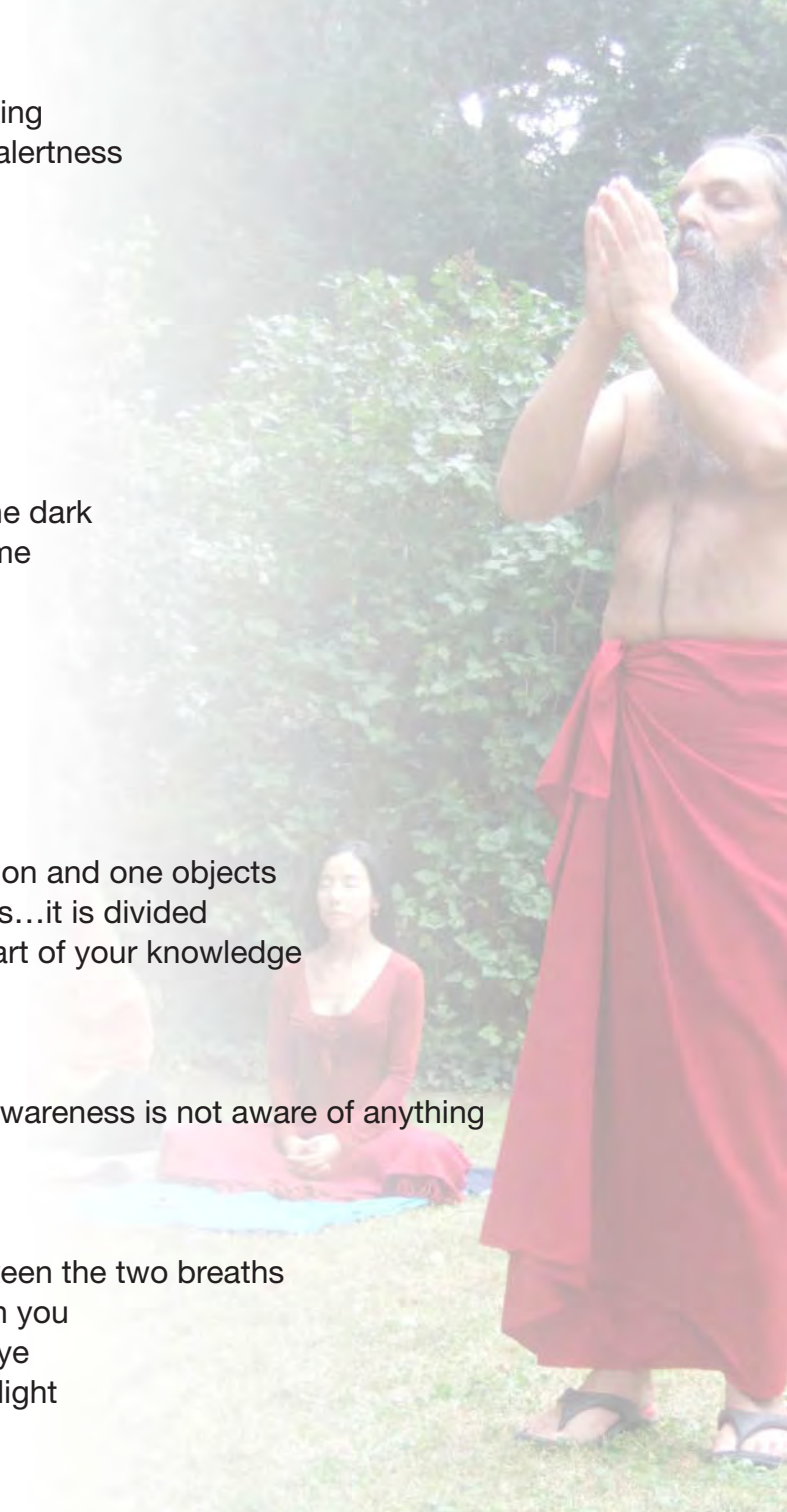
this is not the word awareness
as used by gautam the buddha or by any master
awareness is your inner being
flowing upwards
rising higher and higher like a flame of light
touching the third eye
 this peaked state...this energetic state...
 is a state of awareness
 one pointedness
 and it is not aware of anything but itself

awareness is not aware of anything but its own inner state
it is like a candle
you take a candle in the dark
and it shows you things
but it is not that the candle is showing you things
and is making you aware of things
it is simply its nature to reflect
and showing you the objects in the darkness
the candle does not know that it is showing you anything
it is not even aware that it is light
because to know light you need to know darkness
 the candle is simply a candle
 only aware of itself and nothing else
 it is a state of awareness that is the flame
 and the flame knows no darkness
 so it cannot even say that i am the light...
 that i am showing you the way...
 try to understand this riddle
 the candle does not know that it is a candle
 it is enough unto itself
 a self contained state of heightened light
 that is the state of awareness

the state of awareness knows nothing
it is pure innocence and a peaked alertness
not knowing anything
utterly drowned into its isness...
into its state of awareness...
and it knows nothing
the moment it knows something
it loses its centre
and becomes objective
then you translate it and say
i have become aware of a tree in the dark
but that is not the nature of the flame
it is now showing you anything
it is simply living itself

if it starts showing you things
it will become divided and fragmented
and soon the candle will lose its isness
it will lose its flame
it will be divided and separated into a million and one objects
and that is exactly your state of awareness...it is divided
by labelling...by looking...by becoming part of your knowledge
your state of knowledge is diluted
and slowly slowly you lose awareness

 i am trying to convey that awareness is not aware of anything
 it is simply a silent flame
 contained totally in itself
 this again is the gap
we are speaking of the gap between the two breaths
the moment this gap increases in you
your energy moves to the third eye
and remains a standing wave of light



a being of awareness is always alert...
always relaxed...knows nothing and looks utterly ignorant
pure innocence
it knows all but does not know that it knows
it is simply an inner quality of knowing
but it knows nothing

do you understand what i am saying ?
remember...the candle does not know darkness
remember...the candle is awareness
but it is not showing you anything at all
it is simply living its nature
if it happens that it is showing you things
that is secondary
it is not primary
the candle is simply itself
it does not know the other
it does not know anything more
and that is the very root of wisdom

awareness is pure wisdom
with no knowledge
pure wisdom knows nothing
and that is why it is always fresh
it is always young
it is always uncontaminated
it is always innocent

this word has been entirely misunderstood
you are going to an awareness group
and what did you learn ?
oh...the amazon is being cut...
and the ecology is being destroyed...

and these trees are being cut for newspapers...
and there is a green house effect...
and the carbon dioxide is building up...
and the ocean will rise...
this is not awareness buddha speaks of
you are becoming more aware
of the unfortunate circumstances of the world
but it is not the state of awareness of the meditator
he simply knows nothing

each movement will reflect
a state of heightened consciousness
and innocence will emanate from that state
whatever that person will look at
he will know
everything that is within it
because that is the quality
it can enter the very isness of anything
it simply looks and knows
just by one taste it knows all

many people are going to these awareness courses and classes
and they are becoming more and more unaware
what a calamity !
this word is misunderstood...misinterpreted
and it is not your fault
because you are translating the word
exactly the way it is in the dictionary
in the east we have changed the word to dhyana...
meditation...and the state of awareness
not awareness of
please understand this
it will help you along the way

anybody else ?
or you all afraid that if you ask this guy one question
you will have to listen to so much rubbish...

it is very difficult to convey inner experiences of light
i am trying very hard
and i am learning the way to communicate...slowly slowly...
i am not the great master osho
who has spoken six hours a day continuously for over twenty years
slowly slowly he knew how to communicate with people through words
and at the same time remain in communion spiritually
trying to transfer the inner experience
adding words to it
communion and communication...
hand in hand together


it took time
and the reason being
is when you experience enlightenment
the explosion that happens in the brain
is so immense
it is such a shock to the system
the flow of energy rushes to the brain
and the brain simply explodes
it cannot contain so much explosive energy
in that explosion all is known
the amount of knowing that filters through the crown is so vast
so vast...in so many layers...
that the brain simply collapses
it shuts down...

you walk every day and you cannot take in
six to eight percent of what you see
because you are seeing through the eyes...

the moment the third eye opens
a new window opens
and that window is not the same as one plus one is two...
this one is one plus one is sixty two...
or hundred sixty two or three thousand and two...
all numbers are the same
you do not see the world crisscross anymore
you see everything in light waves
you know the truth
and you need to retranslate it
into the world below


it takes years for the brain to absorb this new way of living
the body needs to absorb it...
the gestures need to absorb it...
your acts need to absorb it...
you cannot move your body so fast anymore
you have to slow down
this slowing down allows you to absorb this new understanding
and it takes time for this understanding to filter through the brain
and to become part of your cognitive senses...
to become part of your communication skills
for me it is very difficult
because i have stopped thinking long time ago
i do not use the head to think
i am brain dead

when i had my explosion
my brain simply stopped
i became paralyzed for almost six months
my whole body was paralyzed
it was in a shock
i needed time to absorb
all the alchemical...physiological... and mental layers



i just dropped speaking
it was not necessary
but in the past two and the half years i am travelling
i am trying to make verbal sense of an inner experience
that simply cannot be explained through words
mind is living in the horizontal world
being is living in the vertical presence
how can you explain a thread in the horizontal world ?
each time you move it changes its meaning
the vertical world is not a single world
it is seven worlds in one

you are living on seven planes of existence
and each time you utter the truth it is a lie
each time you say something it is a lie
because from which plane of existence are you speaking ?
are you speaking from the ultimate truth ?
are you speaking from the world of the heart ?
are you speaking from the world of power ?
each and every plane creates new set of circumstances
it is very difficult to speak the truth
because the audience keeps changing
and their understanding of words is literal
they understand words which they understand
they understand words that they have experienced
if i say love...
and somebody is just going through a divorce...
that word will sound so bitter
if i say love to a child who does not know...
he will simply start giggling
if i say love to a person who is in love...
he will dance in ecstasy
one word and so many ways to absorb



same way when we speak of silence...stillness...the gap...
when nothing moves it is the ultimate
but if it is the ultimate and nothing moves
then why do you waste your time in dancing ?
then why do anything at all ?

it is a very complex phenomenon
one who is brain dead...how to speak ?
i am brain dead !
i have to work this machinery and get it moving
hence i am very fortunate...
that you people are here to listen to me
i am thankful to you...
for sitting and listening to my rubbish
because you are giving me an opportunity
to learn how to respond verbally to you
you are helping me
you are allowing me to express the inexpressible
and slowly slowly i am becoming more acquainted with words
and how to translate them
and slowly i may be of some help
to those who are thirsty and seeking

this is my whole effort...
to relate to the realities of the inner journey
and how to translate it
so i am always grateful to people who spare their time to listen

i am not the great master osho but i am a disciple
one who has walked the journey
maybe my fewer words and my fewer actions may trigger somebody
or may help somebody along the way
so i am thankful that you are bearing my linguistic skills
it is very complicated

i have not spoken for almost fourteen years of my life
it is very painful to speak
specially when i speak meaningful things
it hurts me
because i know i am not able to translate...
i am not able to convey that which i want to share with you
i cannot speak of deeper moments of my inner experiences
and i have not spoken about them in most of my gatherings

in fact the smaller the gathering
the more i have spoken
the bigger the gathering
the less i have spoken
i am still shy
and the inner experience is so delicate...so virgin...
that to use words like samadhi...ecstasy...the explosion of light...
the descent of my master...the beings of light...
i do not think i will translate them ever

in fact it reminds me of a very beautiful book of osho...
he has spoken six hundred books to vast audiences
over a period of twenty years
he answered over sixty thousand questions
to people of all walks of life and with all kinds of questions
but my favourite book of osho happens to be
notes of a madman...
strangely this book was uttered
while he sat on a dental chair
speaking to two people
his whole audience was two people
such a beauty...
such an innocence transpired in that book...
because there was nobody listening

he was sitting on the dental chair and he was speaking to thin air
the most beautiful words that i have heard about the inner experience
is this particular book with no audience...notes of a madman
i understand this because most of the time i am speaking to the wall
it is true...i am not trying to hurt you
it has always has been so
the mystic is always alone

it is a natural state
always alone...trying every way...
through a word...through a certain look...
through a small gesture...
just a little hug and something may trigger...
he does not know when it will happen...how it will happen...
so he creates a device...brings people together
makes them listen to his rubbish
and suddenly he strikes when least expected
when the heart is open
just one ray of light enters and the job is done

somebody is thinking and he can see the pulse of thoughts moving rapidly
the person is trying to understand the words
and he can see the mind clicking
he waits for it to get tired
and the moment it gets tired and gives up...boom !
there goes a new missile !
right into the heart and he feels a tear coming
that is the work of a mystic...laser surgery...
just in the dark...suddenly here...suddenly there...
and you can see the explosion

i think enough mumbo jumbo for one day
again a dance
that is all we know...yes ?




austria
vienna
11 july 2010

silence
is so vast
everything in this universe
is buzzing with a deep silence
this silence is the greatest bridge
it connects you to this ocean that surrounds you
it is a living silence buzzing
ommm

just this vibration is livingness
if you can fall into deep silence...
from within your very centre...
you can hear the buzz of life
the moment you can tune in
and listen to this buzz
remember you are connected
to the whole existence

this hearing of this buzzing silence
simply indicates that your doors are open
and you are no more where you are
but you are reaching out to the whole existence...
just like feathers

you can feel your way and expand into the silence...
and keep expanding into the silence...
and soon there is no boundary
and you have become unbounded
in a state of oneness
such an expansion is experienced in silence



silence knows no object
it knows no doors
it can reach as far as you wish
the deeper you will go into silence
you will keep expanding...
vaster and vaster and vaster...
this experience is so nourishing
it is such a food for your being
because your being is pure light
expanded unbounded consciousness

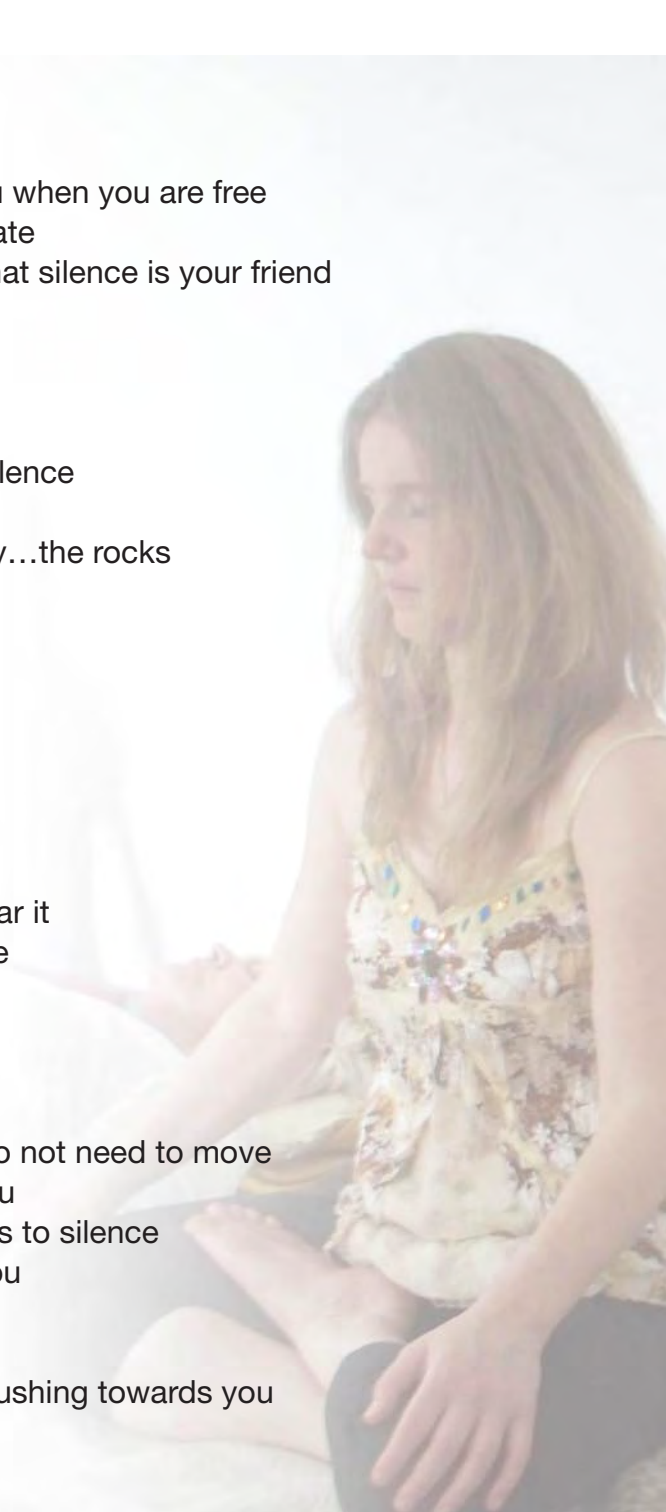
the simplest message of mystics is to learn
how to dive deeper and deeper into silence
can you see this innocent message ?
you do not need anything
just a simple knack
experiencing the silence...
drinking it deeply...
absorbing its innocence...
and everything is perfectly settled
what keeps us away from this state of innocence ?
we do not trust our inner voice
we have forgotten how to listen to our inner spaces
we have become so addicted to things and objects
that relate to mind and movement
the experience of mind and movement
makes us feel that we are living

the moment you taste this silence
suddenly there is fear within you
am i living ?
is this a vacuum ?
i am going nowhere...?
my life is utterly meaningless...

you are left utterly alone
with nothing to do...all alone...
this aloneness is the taste of you when you are free
learn to absorb and drink this state
and the moment you will learn that silence is your friend
you are not alone anymore

you are one with existence
you are dancing with this whole universe
you are not alone...
you have found a way to reach into the depth of silence
into each others hearts...
into living people...animals...trees...birds...the sky...the rocks
now you are not alone for the first time !
you have found an inner meaning
you have understood the treasure of communion
how to commune with life

there is only one language...
utter silence
all mystics speak about silence
and when you reach the state...do not fear it
we have become so accustomed to noise
that we have forgotten it
we have to trust the inner voice
it is not going to say anything to you
it will simply hang like a silent cloud
and suddenly you will feel you do not need to move
everything is rushing towards you
the moment you open your doors to silence
this existence finds a friend in you
you have become receptive
and all that is valuable...
and all that is priceless...starts rushing towards you



you can understand the phenomenon like love...
compassion...sharing...expansion...blissfulness...
all these are invisible treasures and yet they are tangible
you can feel them when they rush towards you
the moment you become silent
you will see the rocks meeting you
the trees speaking to you
the whole existence wants to meet you
it has given you life...
it has given you so much...
and you fail to recognize its voice

the first key is to trust your inner voice
and by that i mean the silence within you
when you learn that existence is pouring life into you
this trust will create a new person out of you
you are not alone with a boundary wall
trusting this will create your future eternity

listen deep within to your hidden treasure
that is the master within you
nobody can give you anything
masters create devices and situations
where suddenly you fall back upon yourself
and experience your inner beauty

all the masters can do is to encourage you
and give you a little trust...do not be afraid...
it is not a vacuum and empty but filled with a pulsation...
the moment you learn trust
love begins to flower
love is trust in an open state
trusting yourself love begins to happen
and slowly slowly you begin to melt the boundaries of defence
and you fall into this beautiful state of innocence

you are no longer afraid
because you know that the power of love is so strong...
it is so magnificent...
that nobody can harm you
you do not need to close your doors to people
open and share out of your abundance
and something within them will receive it

each person is thirsty
each person is longing
each persons innermost secret is the search for love
once you have known love
then the very beauty of connecting heart to heart
to everything that is living
it is a pure celebration

and you will find ways and means to connect deep within
even to those who resist you
just the mind is resisting...
just their conditioning...their upbringing...their fears are resisting you...
but know that your silence has such a depth
it can penetrate walls

you will meet people who will be closed and defensive
and you will simply smile
say aha...easy target
you know the way through and through
just close your eyes
be silent and touch the very depth of that person
and something from within will trigger
and that defence...which is fear...will suddenly fall
and a tear will come to their eye

i have seen this miracle happening everywhere i go
and it is a very simple secret
the language of silence...
silence knows no walls

today we have done some meditations and you have seen how easy it is
so easy to fall into that receptive state
and such an expanded experience
and you dance and expand and expand and expand...
but silence is the key
stillness creates the depth so that you can absorb this silence within you
and the result is pure innocence
and a great celebration

remember this key
silence is the ultimate answer
and for that you do not need anything
you just need to trust yourself
you need to be yourself
live your life...love yourself
and out of that abundance
a sharing will happen spontaneously
it will all come back to you

always and always remember that you are a hidden master
know who you are
and that is the message of all masters
you are not here to know who they are
they are nobody but silent beings
they have attained to just one simple quality
a deep silence
and they have disappeared into that experience
and become simply nobody

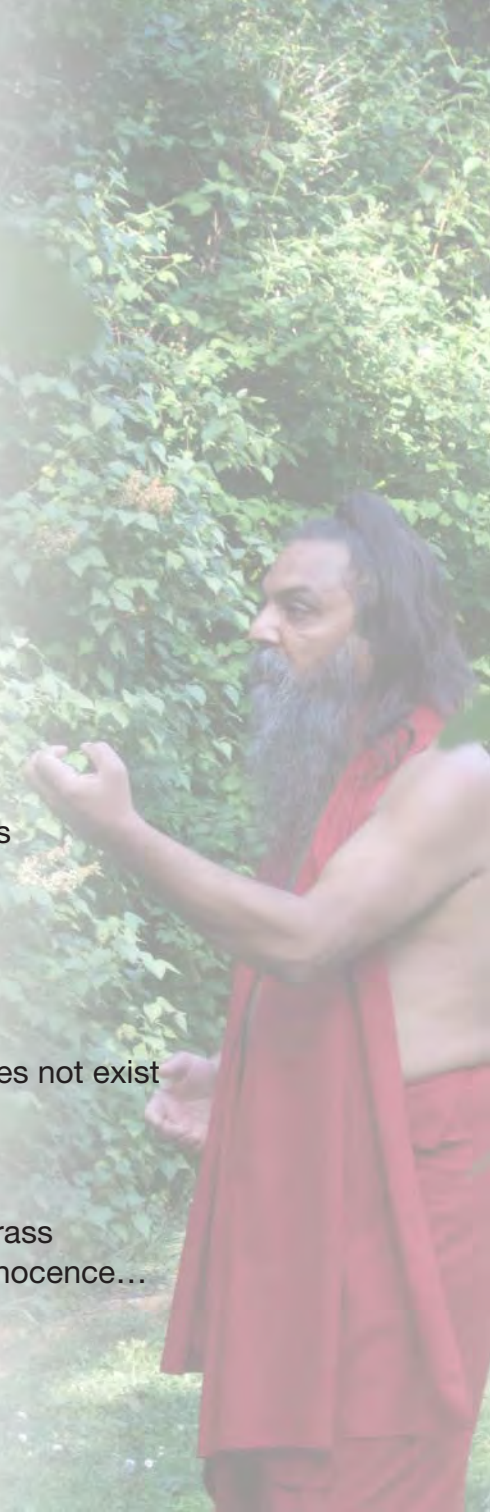
the body has fallen with the mind...its ego...its dreams...its desires...
everything has disappeared into that silence
how to attain to silence ?
hmmm...
do not gather noise...
search meaningful experiences...
live your life simply...


choose wisely what you do...reduce this rush of the mind
slow down...become sensitive to your livingness
enjoy moments of walks in nature...
a silent dance sitting by the river...
melt and merge with everything that is natural and in harmony
nature is in utter harmony with existence
nothing struggles in nature
the river is flowing
pure flow
the water is dropping
pure drops
no resistance...no struggle...no holding...
just flowing

millions of drops of the ocean...
all resonating truth in its perfect state
each blade of grass living purely its nature
not putting any lipstick...cosmetic...high heels...
simply a blade of grass

if you can understand the beauty of this ordinariness
this living totally in harmony with nature
you have understood the inner message of truth
and then you can see truth in each leaf
it is a pure reflection
and truth surrounds you in every corner
show me one place in this existence where truth does not exist
this whole existence is a reflection of this beauty...
of truth itself

we keep on searching for god but you cannot see a blade of grass
if you cannot see the truth of it and its utter nudity...its utter innocence...
you cannot recognize god when he comes to you
you do not have the eyes to recognize godliness
just looking at a flower and there it is





it is speaking to you from every corner
it is sending you its fragrance
it says hello...do not pass by me unattended...
but who has time for a flower ?
you are searching god
god is that flower !
listen to it

and if you can taste it
in the simple day to day life
then know perfectly well you have come home
and you will realize your ordinariness
and the very beauty of it

why try to be somebody...
when you can be utterly relaxed and yourself ?
listen to your inner voice...
melt down...slow down...
existence is not your enemy
it is not fighting against you
you have already proven yourself because you have life !
it respects you and has made you worthy
because you have life pulsating in you
you cannot purchase a single moment of life
do not try to prove your worth
just live silently
and you will know the taste of it

and once you taste it
you become settled...
you become relaxed...
and a new spring comes out of you
because your whole energy was going into the struggle
into the search...into avoiding your inner...
into running around...into not accepting yourself...

just accept yourself the way you are
and this inner fight will disappear
and you will be utterly relaxed and whole

how to make yourself whole is a simple inner understanding
not difficult at all !
in fact what is difficult is that you are not innocent
innocence is the ultimate bridge to be yourself
even if it hurts you...
you lose once in a while...so what ?
the treasure is far more valuable
never lose your innocence because you have some bad experience

is your trust so small that one or two bad experiences
make you close down this vast treasure of life ?
no !
life is a vast journey
enjoy your innocence
look a bit stupid like me
dance as much as you can
treasure your body...treasure your life...treasure what you have
and you all have so much

you have not looked at what you have
re examine all that surrounds you and is within you
just in that simple task you will realize
that hidden in you is the greatest treasure
you do not need to search god
god is you when you are whole and complete
and you can share with empty hands
you can continuously share
so much love
nothing prevents you

i am trying to make this message very simple
i have looked at it from all around
and i come back to the same message
the masters are speaking so much rubbish
listen to those masters who have been silent
look at their eyes...the way they live...
a simple lifestyle...
slow down
choose few things to do...
drop this anxiety and rush

i always tell people...first thing...
take your diary and throw it away
your friends are continuously inviting you
for a party...for this...for that...
cut out the agenda...half of it...
just throw it away !

friends are great enemies
just remain hidden in your room alone
disconnect your phone
throw away the diary and disappear
you will need to do it one day
because when your body will be taken away
you will have to disconnect that phone
then who will you call ?
better learn how to dial zero today
and connect silently
and see who responds to you
you will see the miracle

but people are so much in a rush...
that when the message comes they run away
the message goes to somebody else

just slow down...take it easy...
that is why i like india
you are forced to slow down !
all the plans that you make...
you have to do this...you have to do that...
everything simply goes wrong !

they trust in the bullock cart
at least you can rely on the bull and the cart
and you can sit and go slowly slowly
the wheel may break but nothing will happen...
india is the perfect place for everything to go wrong
the whole judgmental planning mind falls apart
everything goes wrong so you have to learn to accept

look at the germans...they are in such misery...everything is going right
they are looking for something to go wrong somewhere
it has become so clinical...like a surgeons table
i do not like to go to germany
i am becoming afraid of austria too
somehow i am feeling there is some german blood in austria
perhaps it is in the language

when i am dancing totally...people do not join...
just dance !
forget it...let your hair loose !
let the neighbours think you have gone utterly mad
why are you afraid ?
in fact get rid of all your neighbours

this world is living upside down
sometimes i go somewhere i am wondering what to say
because such a mad world
and i know i am mad...i accept my madness
i am mad but they do not accept that they are mad too
this is the misery

i say i am mad and i am contently mad
i am dancing the whole day
sleeping the rest of it...eating and i have nothing to do...
really nothing is pulling me anywhere
except for few people who love me...they bring me here
if they do not bring me i will go back in the mountains
 how lazy i am...
 good for nothing...utterly lazy...bored stiff...
 i like this word boring...
 are you bored ?
 it is the most beautiful word...boring

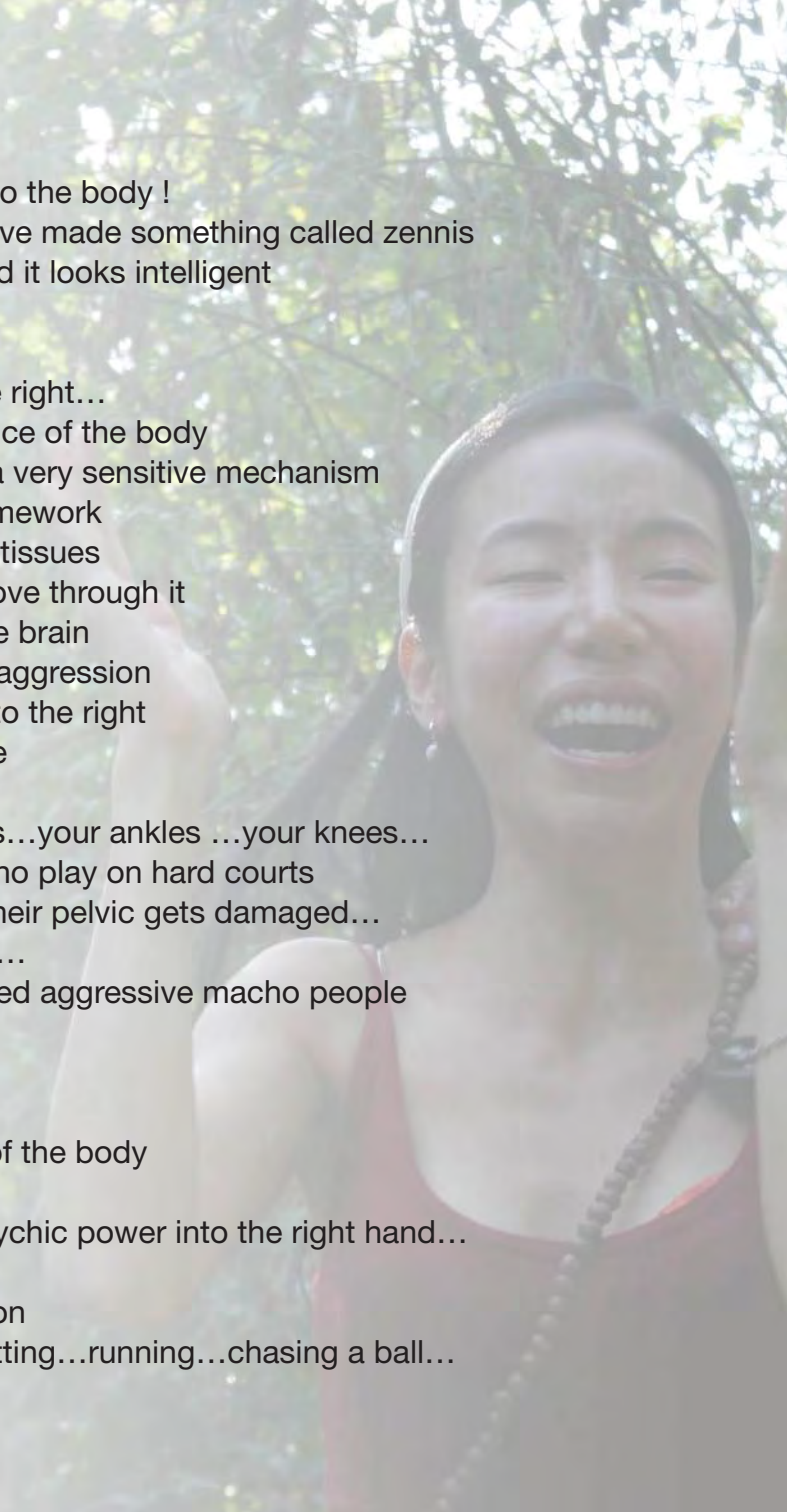
where is my young friend hiding ?
he is gone to watch football ?
twelve people kicking the ball and millions of people shouting
i have never come across such a retarded game
just kicking the ball...
and they are superstars kicking a ball !
 i can understand if school children are playing
 but millions of people watching this retarded game ?
 they have no value for their lives ?
 one month they are watching football
 they are being so brainwashed and shouting and screaming
 happy because they won or sad because they lost
 just one ball being kicked around can make you happy or miserable !?
 and then they get drunk and then they go to party...
 my god...the poor little kid he has gone to see football
 they have brainwashed all these kids
 anyway...i am just talking rubbish now

anybody has any meaningful question and wants a stupid answer ?
welcome to ask...

question *what about tennis ?*

very retarded and very damaging to the body !
in the osho resort some retards have made something called zennis
just put zen in front of anything and it looks intelligent
it is such a stupid game !
you are becoming right handed...
your whole power is rushing to the right...
you are disturbing the whole balance of the body
your body is not a machine...it is a very sensitive mechanism
your spine...the skeleton...the framework
it is held together by muscles and tissues
 the energy finds a flow to move through it
 and creates a balance for the brain
 this tennis is a right handed aggression
 the whole energy is moving to the right
 you are disturbing your spine
 you are becoming twisted
 you are disturbing your heels...your ankles ...your knees...
 you can see those people who play on hard courts
 their knees get damaged...their pelvic gets damaged...
 their spine becomes twisted...
 and they become right handed aggressive macho people

you can see golfers too
their whole body is twisted
they have destroyed the natural balance of the body
especially after doing meditation...
if you play tennis you are taking all the psychic power into the right hand...
feeding the left brain
this is how it balances...all male aggression
and it is all about winning...smashing...hitting...running...chasing a ball...
it is physically damaging



life needs balance
doing...non doing
male energy...female energy
upward movement...downward rooting
expression...settling
everything is in balance
higher...lower...left...right...
then you are in equilibrium
that is your life force

now you can place tennis within this framework
and you can see it is physically harmful to the body
suddenly here...suddenly there...
your mind will become agile
your mind will become stronger...the body will become twisted
so the mind will become more twisted
you cannot have balance...equilibrium...harmony...

running is a beautiful sport
swimming is a beautiful sport
anything that equally plays right and left
and that gives you rest and silence and stillness
then you do not damage the body and it is meditative
tennis is right handed
it cannot be meditative and it damages the spine
the kundalini will turn
the right body will harden
you need to become hard to hit
and you will lose the open muscle
the softer your body is the more life is flowing through it
the moment you harden the body you are bringing death
because life will stop moving in it

you can see the body of a child...soft...absolutely like butter...
so soft because nothing has hardened as yet
a soft body like a sponge...with life flowing through it

i cannot find one good reason for tennis at all
and it is simply aggression...hitting some stupid object
oof...what a retarded game...
try running...it is beautiful...
you catch the rhythm...you are in the rhythm
it is life affirmative
try running on one spot...
it is even more empowering to the body

swimming is beautiful and in deep harmony
in water your whole body has a buoyancy
it removes the weight from the body
you feel the gravity disappearing
and the spirit in you can expand
swimming is one of the most spiritual movements
in fact swimming is so beautiful though i cannot swim
but when the body is in water it displaces the gravity
and you have to use each and every part of your muscles to swim
you cannot leave any muscle unattended
you have to use the whole muscle in total flow and harmony
to attain to that movement in swimming
so your whole body gets a deep inner massage

i know swimming because i swim on land
i call it tai chi
i am a tai chi master
i am swimming with air
i am floating in the air with no gravity

what they experience while they are swimming...
i experience while walking on land
because surrounding me is not air
it is thick life...it is aura gripping me
it is thicker than water

you see this hand ?
it is moving as if in water
this empty space around you is your aura
once your aura becomes dense and thick...
even the trees will support it...
everything supports that physical form
you become weightless because everything around you
is pulling you and holding you
so i feel the same experience while walking
moving my body as one would feel while swimming in water
swimming is one of the great spiritual exercises
you are born in water
eighty percent of you is water
the womb is water
you were a fish once upon a time when the beginning of life began
water is the perfect medium for spiritual growth

you see what i am talking about
this tennis...this football...my god where am i living ?
i have to answer all these type of strange things
sitting in the mountains for fourteen years i never thought
i would be answering tennis and football and all that...





holland
amsterdam
18-19 july 2010

this silence
this innocent state of stillness
is the whole message
how to drown into this silence ?
utterly fulfilled in this state of stillness...
how to drown and come to this simple state ?
dancing...dancing...dancing...
it creates stillness in you
music awakens this silence in you

such an innocent message
an awakened stillness...an awakened silence...
at its peak...it is you...your very buddha nature
as simple as that
this is no ordinary silence
this is no ordinary stillness

it descends upon you
because of this celebration...this crescendo...this peak
and the sky is open
and what descends into you is silence and stillness

we are blessed today to have a genius amongst us...praful
praful is here to lead you deeper into this state with his beautiful music
drown into that stillness of his flute
and you can dance to the beauty of his flute
movement...stillness...silence...

so we all welcome warmly our beloved praful
he leads you deeper and deeper and deeper
thank you praful for being here
this magic is yours

praful *thank you rajneesh*

*after being in deep silence with the music of praful
and dancing with the music of ojas
followed by silent sitting
rajneesh speaks*

the whole search
is not a search but how to lose yourself !
drown your identity and reach to the state of no mind
it is not a search for anything
but how to dissolve and disappear into nothing
hence it cannot be a search but a disappearance

how you can search something when you do not know where it is ?
when you disappear...the whole is and you are absent
this is the path of the mystic
how to arrive to the state of no mind ?
how to peak and arrive to that state where mind simply disappears ?

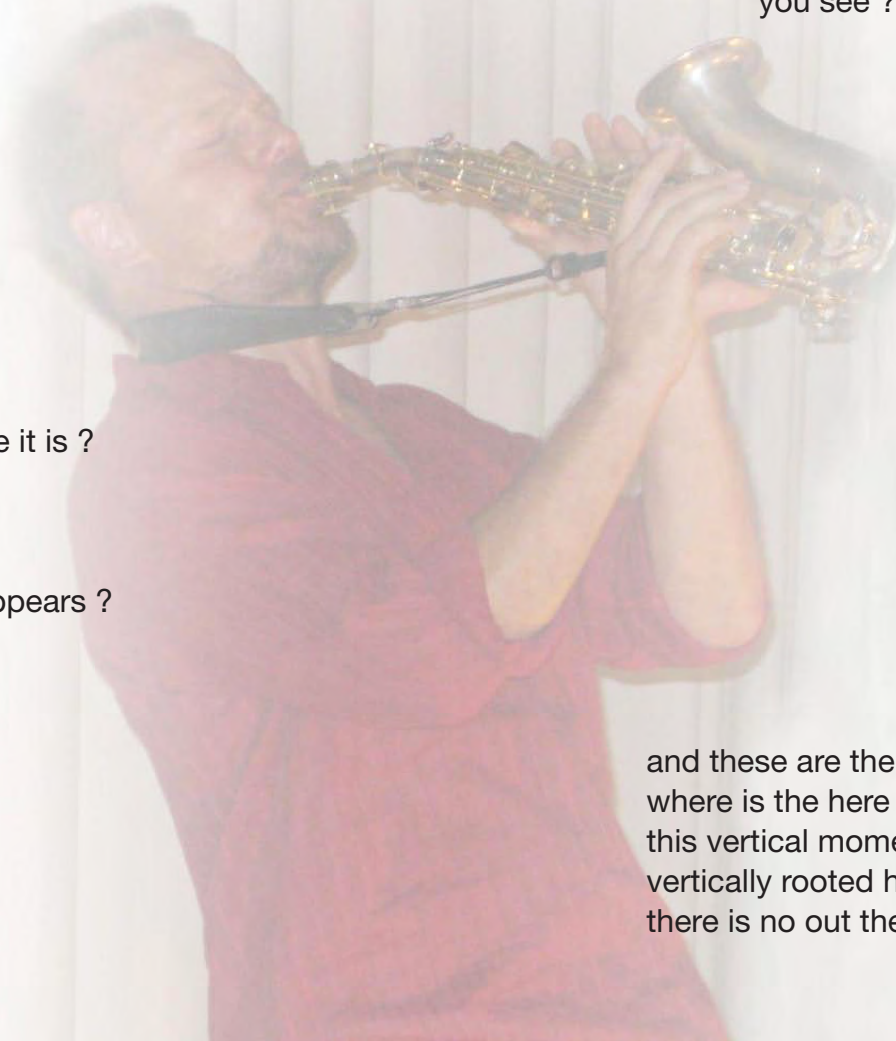
in that disappearance everything is perfect
it is the mind and its chatter...
your identification with it...that is your misery
just dancing deep within yourself
transports you higher and higher
into that ecstatic state of no mind
how difficult can that be ?

you drown into it
you can feel it
you can taste its presence hovering above you
just drink it down and let it settle deep into you
how difficult can that be ?
when you arrive there your mind simply evaporates
you are peaked...you are alert...you are present...
and such a deep restfulness
such a deep relaxation settles within you
you see ?

peaked heightened alertness
the state of no mind
settling into the earth
this is the vertical path
you do not need to step outside yourself
all moving outside is leaving the vertical river of your life
just a simple knack

you peak again and drown again...
and peak again and drown again...
and peak again and drown again...
and slowly slowly the path becomes easier and easier
it crystallizes within you
and it deepens...it heightens...it widens...
and that is the whole journey
from here to here
from here to herenow

and these are the vertical moments...herenow
where is the here and now ?
this vertical moment of light
vertically rooted here...
there is no out there...there is no future...there is no movement



it is a vertical standstill
everything becomes peaked...alert and standing utterly still
and in that still peaked moment you are a buddha
you are the very essence of your being
you are within it...you are experiencing it
what is the fuss ?
i tried to explain it a million times
what is so difficult ?

dance dance dance dance dance dance...
find that peak and then sit
you will have to sit after that peak
because you will not be able to hold this body anymore
you will simply collapse
into a state of let go
this is an energetic experience
i have not come here to speak
when you dance you are experiencing the sky within you
and if everybody is dancing and peaking
the sky opens for all
and the showering is happening
so drink the blessing from the beyond
simply drink it...accept it...surrender deeply...
and you will understand this silent innocent message

it will create a stillness in you
a deep silence
an innocence that knows it all
and there is no search
dive more and more into this moment
this vertical moment
dive into it
and let it settle...let it spread...

once you know that this is the answer...
it is within you
you do not need to go anywhere
once you know...you know the way
you know the master is present within you
just grow deeper within your own inner silences
and deeper means deeper vertically
higher means higher vertically
this same line becomes deeper and deeper
deeper vertically
you do not need to move an inch
whatever you are doing is a vertical experience
again and again...i repeat it
this is the truth

the buddhas say that you are perfect
just the way you are in this moment
now you understand ?
you are perfectly perfect the way you are in this moment
what is this moment ?
it is this peaked state of nomind
and this is the moment they are speaking of
you are perfectly perfect in this vertical state of silence
this moment is your eternity

now you get the simple message
they are speaking the ultimate truth
but you go on searching somewhere else

buddhas are not psychotherapists
they are not great therapists
they are just dancing fools
mast maulas...simply dancing into ecstasy
and what can a dancer teach you ?

just dancing like a mad man
what is he expressing ?
he is giving you that energetic possibility
and he knows perfectly well the sky is open
everything is showering light
but you do not know how to drink
you do not know where the well is
how deep it is...where to drink...

so you keep on searching
but it is not a search
it is a deep surrender...
to the dance within you
it is not a dead stillness...
it is such a peaked crescendo...
such a peaked state...
that everything disappears

that is why i keep saying again and again
do not stop the mind
do not dissect the mind
do not try to do anything
you do not need to do anything with shadows
do not keep fighting...dissecting...cutting...analyzing
trying to stop the mind...
trying to ask how to get out of the maze of the mind...
this therapy and that therapy...

simply dance and evaporate !
there is no mind to deal with
there is no conditioning to deal with
where is the conditioning ?
when you are in the state of no mind ?
show me the conditioning !

you are not a man...
you are not a woman...
you are not rich...you are not poor...
you are not indian...you are not african...
no conditioning...
no mother...no father...
you do not need to do all these family constellations
going into unnecessary rubbish
digging into the darkness
and trying to make sense out of this darkness

everybody is searching for a reason
why am i miserable ?
how to get out of this misery ?
how to get out of my conditioning ?
how you got there in the first place !
and there are enough fools to supply you answers
and then you go deeper...
shadow upon shadow upon shadow upon shadow...
like quicksand
you get so confused and you think you found the answer
every answer will lead to fifty more questions
and the misery will never end

buddhas are very compassionate people
they say you are perfect the way you are
understand this single statement
that you do not need to add anything to yourself
everything that you need is contained within you
if you can put it together in one vertical explosion
like a rocket into the sky
peak it...stop...bring it down...
and you know the answer

stop fooling yourself
do not search a master
do not search knowledge
do not search to add anything
keep subtracting subtracting subtracting
till you come to this simple understanding

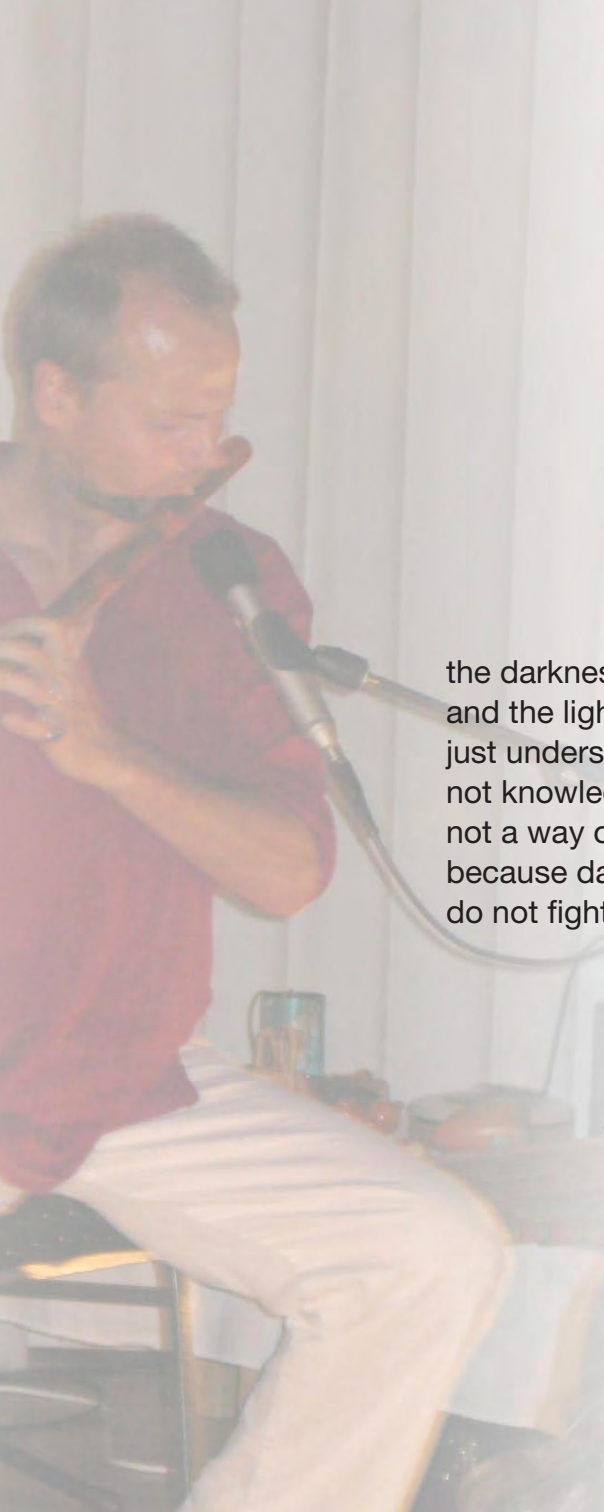
just the other day they were speaking about conditioning
what does the therapist know about conditioning ?
mind talking to mind...analyzing mind...
the therapist does not know what that state is
that state would make him look like an innocent little child

children are beautiful...they know it all
and we are grown up...we know too much
just listen and silence will guide you
it will show you the way
it is the way
it is not showing you anything
it is the light
do not fight the shadows of the mind
do not fight the shadows of the heart and of the body
this whole body mind emotion is simply ignorance
it has its purpose
but it is not the ultimate

you are searching the ultimate
and the ultimate window is only possible
in the state of nomind
take a nice long run
go for a swim
enjoy a dance
celebrate in total ecstasy

anything that verticalises your energy
and raises you vertically higher and higher
that is the window to your inner master
please try to get this message
and understand that you are enough unto yourself
stop adding any information
every piece of information is going to lead you astray
because it goes into the head
it clouds your brain
you are already confused
you have to throw all this rubbish into the dustbin

there are many therapists willing to fill you with rubbish
because it fulfils their ego
they know what is missing in you
so you become an obedient slave
they make you smaller because you are not enough
they are showing you your miseries...
your blocks...your conditionings...
they show you what is wrong with you...
and tell you to make an effort...to make a change...
do not be yourself...
change yourself...
do some stupid improvement class...
join a group or a therapy...
do something about yourself...
you are not accepted the way you are
you are miserable...
a good for nothing useless person...
what you need is transformation
all these liars are fulfilling their ego
and bringing you down
they keep finding your misery



i say...keep celebrating your bliss
you have no misery
it is simply a shadow
bring in the light
and there is no misery
there is no darkness

you simply need to bring in the light
you cannot tell the blind man what the sun is
just show him the light
and the strange thing is
the moment you bring the light
the light knows nothing about darkness
the light does not know darkness exists

the darkness cannot stand in front of the light
and the light knows no darkness
just understand that light is what you need...
not knowledge...
not a way out of darkness
because darkness is simply an illusion
do not fight with illusions

hence i am not a therapist
i am not a group leader
i have nothing to teach you
just a dance
perhaps some of you can get that inner understanding
it is very simple...my friends
please do not waste your life
do not add more misery
your life is very precious
value your life
understand this message and dissolve

it is very easy to dissolve into love
it is very easy to dissolve into ecstasy
it is so easy to find this blissful state
and drink it and live it
and wait and see how it transforms you
it will not change you...
but it transforms your gestures
it transforms the way you look...
it transforms the way you behave...
it transforms the whole space around you...
your whole vibe will be blissful and ecstatic

it will not change you
it will simply illuminate you
and that illumination within will radiate without any effort
the sun is not making great effort to send rays of light to you
it is simply its natural light
emanating and dissolving everything that it sees


the inner work is easy
it is not a great effort and remember all efforts are part of the mind
the mind wants a struggle
mind feels very good
i am doing this very important group...
i just paid five thousand euro for it...
i am going to tell all my friends...
i am making great effort for spiritual growth...
i am becoming so much more aware...
i am removing all my conditionings...
and when they finish with their so called conditionings
they go and search other peoples conditionings
one monkey leading another monkey
another monkey leading another monkey
and on top is the elite therapist baboon

do not be a fool
find your innocence
search simple ways to dissolve
like dancing...celebrating...painting...playing on a guitar
effort will make you tense
when you are dancing and celebrating
you do not need to search god
god is searching you
 i never searched for truth
 i simply danced and celebrated
 truth has found me
 who else is he going to find ?
 all the miserable people ?

truth only finds those who know how to celebrate
because the window is open
so truth comes in and showers within you
simple...there is no other way
 when truth comes to you it says
 this guy is closed...miserable
 the door is locked tight
 but a person singing on his guitar and enjoying
 truth comes and says
 aaahhh...this door is open
 and it brings more and more celebration to you
 truth only enters those who know how to live and celebrate
 and accept the small beauties of life
 you will become vaster and vaster
 and a big pool of contentment and celebration gathers around you
 it is natural...no fuss
 you simply want to share
 because you are so blissful
 you need to share out of abundance

i am simply dancing
i am not making an effort
you are unburdening me from this shower
that is coming on me
if you do not accept it...
the trees are drinking it...
the rocks are drinking it...
the stars...the moon...the animals...
the children...they will drink it...
if you can drink...very good
if you cannot...i am still showering
i am not looking for anything
this is the way of the inner
i do not want you to be exploited
this world is full of exploitation
it is ugly to exploit in the name of truth
what else will be left in the world to live for then ?
now they are exploiting in the name of the greatest master osho
what else is left now ?

 i know it is simple
 i have walked the journey
 i have dissolved
 i have not searched anything but love
 and my master has given me everything
 because of my total surrender
empty...open...available
the greatest treasures come to you...
you cannot search them
you cannot find them
they find you
because life needs you
life wants to share its treasures with you



remember life is not your enemy
it is searching you
hence these treasures come to you
when you are open
just remain open...silent...innocent and wait...
this is the message of the buddhas

be silent...trust your inner voice
trust your inner silence
love yourself...accept yourself totally
be grateful for what you have
sit silently and wait and watch the miracle
the grass simply grows by itself
everything that is meaningful will come to you
how to receive that which is so obvious ?
how to receive that which is already around you ?
do not struggle
just understand and that is the key to wisdom
it is not knowledge but knowing

create situations...a certain milieu
a certain space for your beauty
and close your eyes
be gentle with yourself
see the treasure that you carry
you have life
life is pulsating within you...
what more do you need ?
life is the treasure...
and more life means more celebration

it is a search for life
a drowning into life
and realizing the whole beauty of livingness
and i am speaking from my heart
from my innocence

people are attacking me everywhere
perhaps they have understood the message
perhaps something is hurting in them
because people like me are dangerous for their business
i am not here to show you your misery
i am not here to say...
these are your problems...these are your miseries...
these are your conditionings...these are your blocks...
they are simply not there !

you are perfectly free
i am not saying that something is missing in you
i am saying everything is present
you are not interested to listen to what you have
you are just not aware of it
you do not wish to search it today
you want to enjoy a little bit more of darkness

some darkness is fun too sometimes
you can go party
you can have some fun
you can do certain things
that you cannot do once the light is shown to you
you have nothing wrong in you
forget the idea that something is missing in you
or that you have any kind of block

you are free...utterly free...
and i am saying this...
not borrowing the masters words
i am saying this as swami rajneesh
with my own experience
and i live it and it is nothing great
i do not make fuss

you do not realize it
but the moment you go to a therapist
he is saying you are not worthy...you need to work on yourself
you do not realize that
the moment you accept him as your therapist
you have declared that you are not worthy
please...show me the way

these therapists are playing god
they are the parasite priests and the failed politicians
they want to grab you and control you
they want to make you inhuman and show you
what is wrong with you
i am saying again and again
see what is right in you

if you are a painter...start painting
if you are a musician...go deep into your music
if you are a dancer...go deep into dance
whatsoever is beautiful in you...enhance it and go totally into it
it will open the window for you
each person has a unique talent
and creativity opens the door...
to vaster and vaster spaces of expression...
so your wings can grow
see what is positive in you
and take it as the window to existence and explore it deeply
go deep into it and it will be your door

your creativity will be the door to the light
now we have beautiful ojas here
thank you my beautiful friend ojas
i am madly in love with him
i am declaring it openly

i love this man
he is a genius
you see what is going to happen to him !
this man is going to explode into everybodys heart one day
he is just playing the tabla
but i know what he is doing

musicians are the greatest geniuses
they are tuning into this world of rhythm
they are tuning into balance...harmony...sound...stillness...
i am in love with musicians
they are the finest people on this earth
they are the gods
i bow to musicians and i say they are the future of the world
music and dance

just one added quality...meditativeness...
how to find stillness in movement...
how to find that silent gap in the music...and there is the key !
they are holding the keys
do not undervalue musicians dancers and singers
they are the buddhas
they create the vibe
they create the atmosphere
they are giving you treasures

ojas creates the music
i create the silence
beautiful...together...hand in hand
i cannot do it alone
you need to dance
ojas makes the music
and one beautiful pool of energy is created
hand in hand together
everybody melts in one pot

we need to respect each and every individual
for whatsoever they contribute to this buddhafiield
i know that each one is carrying a buddha
just given the right space...the right atmosphere...
they will flower

i was just speaking today about the mystic rose meditation
do not put qualified mystic rose therapists...just put children
i am going to put children to lead the mystic rose !
they will make people laugh
a child can make you laugh better than any stupid adult
children have such a beauty...
so children will create the vibe for the mystic rose to happen
and what can be more beautiful
than a child leading the mystic rose group ?

everything should be playful...light
i would rather invest my love and my life and my light
into musicians and creative people
therapies are negative...seeing the negative
trying to remove the negative from you
creativity is positive...
seeing what is beautiful and celebrating in you
you see the difference ?
a vast difference !
it is a totally new way of looking at things
celebrate the beauty and that which seems to be dark
will dissolve on its own

thank you again my beloved friend ojas
i do not think they even realize how much i love them
i grab them...i get them somehow...and they will be the masters
listen to the tabla...listen to the flute...

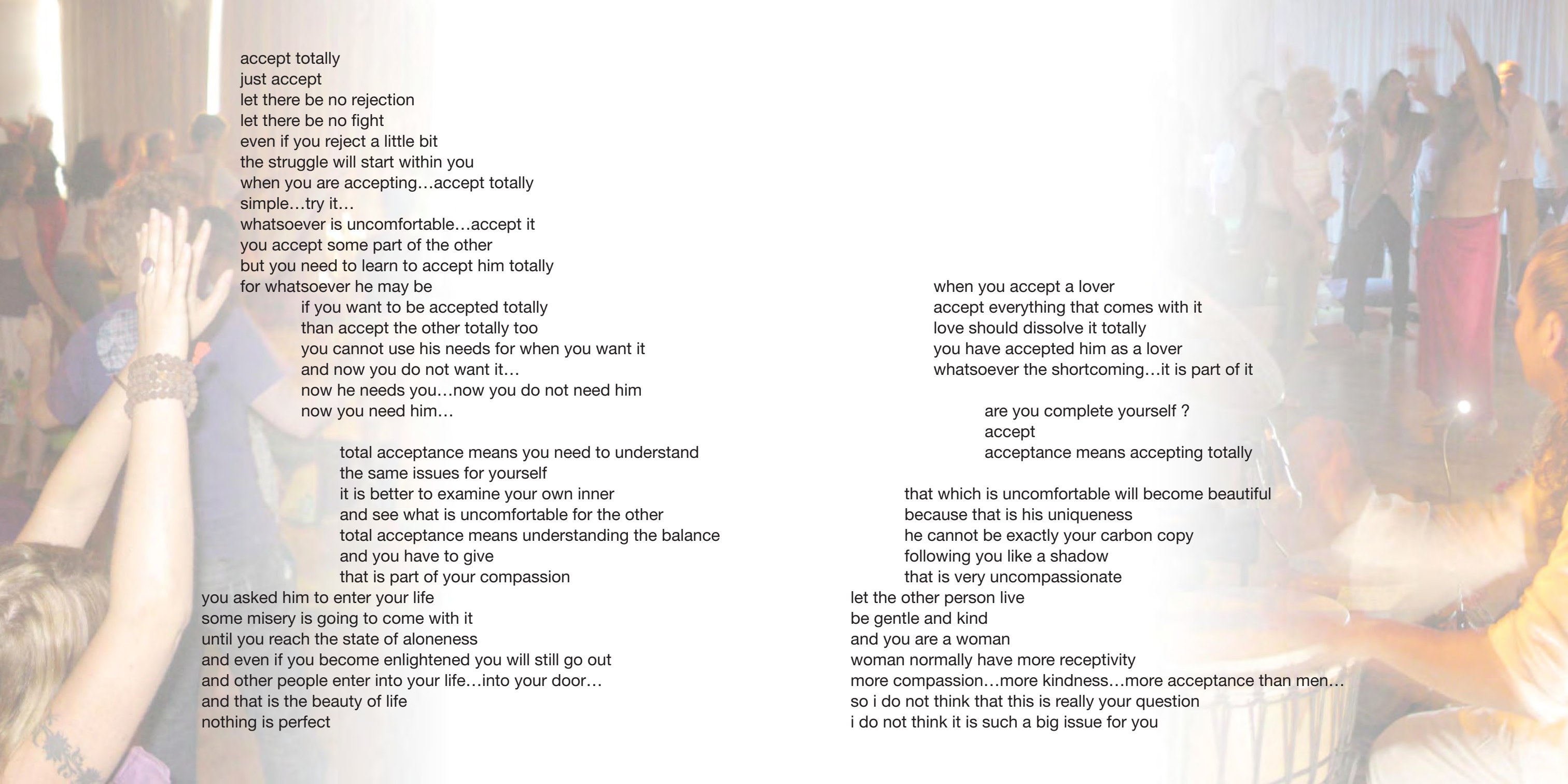
like the concert of ojas and praful
then there is no need to speak
existence is speaking through them

we want creativity...celebration...dance
and it will naturally lead you into a deep silence
you do not need to search
thank you ojas again

anybody has a question welcome
hmmm ?

question *basically my life is very simple and in that i feel very
much at home... i feel very much loved...but when i am
moving to sexuality... i can be very ecstatic and open
but sexuality gets me out of it... it takes me out of the
simpleness because of the desires i have as a partner...*

every window that you open has a two way process
you open the window...some comfort and some discomfort
you have to choose
if you do not need it then there is no need
if you feel comfortable without sex
than why have somebody enter the window unnecessarily ?
then do not go for it
if you go for it then accept it totally
you are accepting some part...
and you are rejecting some other part
you are accepting one part...the good...
but you are not accepting the other part !



accept totally
just accept
let there be no rejection
let there be no fight
even if you reject a little bit
the struggle will start within you
when you are accepting...accept totally
simple...try it...
whatsoever is uncomfortable...accept it
you accept some part of the other
but you need to learn to accept him totally
for whatsoever he may be
if you want to be accepted totally
than accept the other totally too
you cannot use his needs for when you want it
and now you do not want it...
now he needs you...now you do not need him
now you need him...

total acceptance means you need to understand
the same issues for yourself
it is better to examine your own inner
and see what is uncomfortable for the other
total acceptance means understanding the balance
and you have to give
that is part of your compassion

you asked him to enter your life
some misery is going to come with it
until you reach the state of aloneness
and even if you become enlightened you will still go out
and other people enter into your life...into your door...
and that is the beauty of life
nothing is perfect

when you accept a lover
accept everything that comes with it
love should dissolve it totally
you have accepted him as a lover
whatsoever the shortcoming...it is part of it

are you complete yourself ?
accept
acceptance means accepting totally

that which is uncomfortable will become beautiful
because that is his uniqueness
he cannot be exactly your carbon copy
following you like a shadow
that is very uncompassionate
let the other person live
be gentle and kind
and you are a woman
woman normally have more receptivity
more compassion...more kindness...more acceptance than men...
so i do not think that this is really your question
i do not think it is such a big issue for you



holland
amsterdam
20 july 2010

disappear in this celebration
till the inner and outer become one...
is the goose in the bottle ?
the goose has always been out
you have been identified with the bottle
you believe that you are inside this bottle
you are not inside any bottle
nothing can keep you in this bottle
you are vaster than the sky

look at the feather like quality around your being
are you in the bottle or outside ?
your aura...your etheric body...
are they in the body or they are outside ?
you are spread all over...

everything is you
that tree is you
if you can look in such a way
with an empty vacant look
that tree is within you

if you look at the tree thinking that there is the tree and i am here
that is identification
you are identified with the body and the mind
how to loose identification to go to the state of nomind ?

in celebration...in ecstasy you transport yourself
and in that state you are merged with the trees...
with the rocks...with the birds...
there is no in...there is no out...
simply nothing remains
you cannot even say this is out...this is in...

when you are in that ecstatic state
are you a man ?
are you a woman ?
are you in holland ?
or in italy or in india or in timbaktu ?
you do not know where you are
you are everywhere and nowhere...
you are in that state...that orgasmic state

how to arrive to that state is the whole search
where are you then ?
you are out of the window or are you in the window ?
you are merged completely in that ecstatic moment
if you can experience that moment even once you know the answer

once you know the answer it grows deeper
deepen the experience of being all or nothing
it is very simple

the mind will say am i in or am i out
when you are in the dance
the question will simply not arise !
there will be no question
you will not be there to question
who will be there to question ?
am i in or am i out ?

when you will fall out of this state
you might ask...was i here or was i there ?
now you are accumulating the mind

dancing is an energetic transformation of your energy
it is transforming the lower to the higher
going vertically higher higher higher higher higher...stop
you do not need to stop
it stops you
that is the peak of the perfect state of isness

always find a way to reach that orgasmic state
you can run...
you can swim...
you can dance...
anything that creates that orgasmic state within you
for a single second
and the whole sky opens for you in that moment
that moment you are in the enlightened state
and then you will fall back
and you will wonder...where did i go?
where was i ? why did i feel such an expansion?
was i really there? was i dreaming ?
it will feel like a trance...a dream
and you will forget about it
because the mind does not remember
the experience bypasses the mind completely
right in the middle of the brain
there is a space
it simply moves towards the sky
it reaches a state the mind does not even know about
because it is not part of the mind
mind can understand horizontal reasoning
in fact mind is not horizontal but crisscross
left brain right eye
right brain left eye
it is crisscross...it is an illusion...a mirage...

it is horizontally connecting you to the world of objects
and it is not direct...it is crisscross
you are seeing things that appear to be real
and each crisscross is creating an illusion of matter
this is a point...this is a point...this a point...
all these points are merging together in the brain
and you think these are real objects

the moment you understand the vertical state
everything simply opens
and you see through all this horizontal mirage
the more mind...the more horizontal...the more complex
the less mind...the more vertical...the less complex
and in the very end...the state of no mind totally vertical
standing on a hair
nomind state
and everything becomes vertical

the whole universe is vertical
and you do not see objects anymore
but simply rays of light
the whole universe becomes beams of light
and you can read it vertically
just like a barcode

the seventh centre is your vertical crown
all the needles are coming vertically into the body
you see the world from above
you see the universe from the sky
and all you see is threads of light
and you can understand what is below
mind is only good for horizontal measurements
it only knows the crisscross...full of illusions...

the mind is simply doing its job
but there is a universe beyond it
there is a space beyond this mind
and that is the search
because if there is no space beyond the mind
then you are just a vegetable
then you have no future
you are just mud and you will go back to mud
what a pity !

what a pity if you are just the mind and the just the body
then you are destined to the dustbin
a nice dustbin called the coffin
nobody needs you anymore
you are simply dust

what is that vertical sky within you ?
what are those rays of light ?
this present moment is the search

all your centres are moving in the world
there is one centre that moves vertically
how to align to this ?
from the horizontal to the vertical
is the search of the meditator
find your vertical
and live it in the horizontal
and soon you melt and merge
and the vertical becomes present
and the horizontal simply dissolves

you are two worlds in one
when you reach the state of nomind you are absent
when you come back you become present
this is just the way it is

this is the whole understanding of the mystic
you have the world...you have the body...
and yet you have something within you that transcends both of it
and we are searching the transcendental
that is why i keep saying
do not decorate this body or this mind too much
do not try to unravel it because it is simply a mirage
do not try to understand it...dissolve it
do not seek answers
seek a way to dissolve it
through dance...through celebration...through meditateness...

anything that leads you to ecstasy and bliss
anything that transports you and you are nowhere
you cannot even say i am somewhere
because you need a reference point
this is the strange experience of samadhi
when you fall into the black hole
there is no point of reference
you are simply a being of light
hundred and eighty six thousand miles per second...boom !
now what are you going to measure it with ?
one hundred eighty six thousand miles per second...
light is travelling so fast...

enlightenment is a vertical explosion of light
to understand the vertical in you...
there is only one way...dance...
and move vertically higher and higher...
transcendental...

transformation versus change
we are not going to change anything
we are not going to attempt to do anything

we are not interested in any kind of psychotherapy...
psychoanalysis...conditioning...deconditioning...
ego...dropping the ego...understanding the mind...dropping the mind...
all this rubbish is for school children
you do not need to drop anything
how can you drop something that is not present ?
when you are in that ecstatic state where is the mind to drop ?
people who say...drop your mind...do not like you
they want to crush you !
do not drop anything please
do not drop the mind
do not drop the ego
raise the ego...raise the mind to the state of nomind

i never did any groups or childish therapies
dropping things and picking up things and analyzing things
and deconditioning things
i know how to dance...how to reach to that state...
i do not spend any time of my valuable life...
in trying to unravel the mess
it is a perfectly beautiful mess

it is very simple
and all that i have uncovered is in states of innocence
i found nothing in books or through learning...nothing
just dancing...dancing...silence and stillness...
everything is contained within you


you are carrying the whole knowing
the whole life source and life is a teacher itself
can you create life ?
understanding life you need to live life
you need to live life so totally...
that it becomes your understanding
through dissolving into that totality of life

that is why the word totality is the greatest key
when life is flowing
you dive into the river totally
and life will lead you and show you the way
it will not show you anything
you will be it and you will be consumed by it
and you will know the taste of life
knowing the taste of life is knowing all
because there is nothing greater than life
life has manifested everything that you see today
the source is life
how to dive into life through mind...
through analysis...through conditioning...through hypnotherapy ?
through going to the guru ? no !
live life so abundantly that you fall into the very innerness
the very inner of life

you simply know
and you cannot say to anybody what you know
you will say...aha
and you know that you know nothing
but you will radiate the presence of one who has lived
each cell and fibre of you will vibrate so totally...
that life is vibrating constantly around you
because life keeps searching life
life searches more life
like misery attracts misery
mind attracts mind...
life attracts life
and it keeps rushing towards you
searching expansion
you are a hollow bamboo
and life will pour onto you more and more

an open state of innocence gathers the light
life rushes to you and you are overwhelmed by light
and the deeper you will live the more it will overwhelm you
there is no misery
life is so abundantly flowing...
can you drink that much from the well ?
do you have that much space within you
to absorb what it can give to you ?
meditation teaches you how to absorb more life
how to become so transparent...so light...so sponge like...
that every fibre of your being can live more life
you become receptive and sensitive
and you will be filled with more and more and more life
and once you are filled with life
you start expanding...expanding...expanding...
it keeps gathering around you
and this is the experience of the awakened one

live life more intensely
and learn to absorb these treasures
when i had my first explosion
you know what was the most painful experience ?
very strange...
my heart could not absorb so much bliss
my heart simply could not absorb that much bliss !
it kept pouring into my heart...it was not used to it
it used to think that it did not deserve so much love
i did not deserve so much bliss...
that i need to do...i need to prove...i need to deserve...
but existence does not weigh you
by what you have and what you do
and what you prove to others
existence gives you life abundantly



the moment this rush of life happened within me
such an explosion happened within me
i was dumbfounded...paralysed...
not from the pain but from the bliss...
that my god...can i absorb this torrent ?
this showering is so immense
it is evaporating me completely
i cannot breathe...so vast...
i cannot contain this bliss...
it is uncontainable...
it simply ceased me
and i became paralysed out of bliss

this is a strange phenomenon
you cannot handle the downpouring bliss
you have to go slowly slowly into the bliss...
too much bliss...you will go mad...
the brain will completely collapse...
you have never known such ecstasy

and the years thereafter you have to absorb...
develop the capacity on how to absorb more bliss
because it continuously showers and continuously showers
you have to prepare the body for more bliss

this is the experience...you cannot contain so much bliss
you will go mad
do not try to avoid it when it comes to you
you simply dissolve and say yes...i am utterly mad
all the windows and all the skies will open
do not try to make any sense out of this madness
the moment you try to make sense out of this madness
the mind is coming in trying to understand something
that is far beyond its realm

simply do not understand it
just drown into it
keep your eyes closed
say thank you...it is coming...it is coming...it is coming...
accept it totally

just today somebody asked me
that this is happening to me...what to do with it ?
do nothing...just remain silent...
keep drinking...keep drinking...
get drunk...get totally drunk...
become totally mad !
you cannot touch a mad man
because he is so mad that he has fallen out of the mind
that he cannot go mad anymore !

those who are trying not to be mad they will go mad
just be totally mad...
i am a totally mad
i have dropped the idea of becoming sane
such madness...what to do ?
this world is so multi dimensional

you look for truth here...it is behind you
you look above...it is below you
you look to the left...it is to the right
a million directions...how can you understand it ?
you are the centre of the universe
everything around you is scattered in a million directions
in which direction are you going to search for truth ?
you are bound to go mad...

when the explosion happens you go mad
you do not know where to look
better not to look...simply drown and disappear

close your eyes...you do not know where you are going
this is the experience of samadhi
you fall into a black hole
you do not know what is up...what is down...
where is left...where is right...

everything becomes multi dimensional
everything becomes a circular spherical phenomenon
it is no more horizontal...
in a sphere sound comes from a million directions
you can feel it all around you
and you do not know what is up and what is down
all your five senses dissolve into the sixth sense
and the sixth sense is a pure sphere

you have no centre
you have no periphery because you have no ruler to measure
there is no light in it to measure
there is nothing to see
just a pure black hole
and that experience is so deep
it is the hara within you
the very source of life...unknowable within you
and that is the search

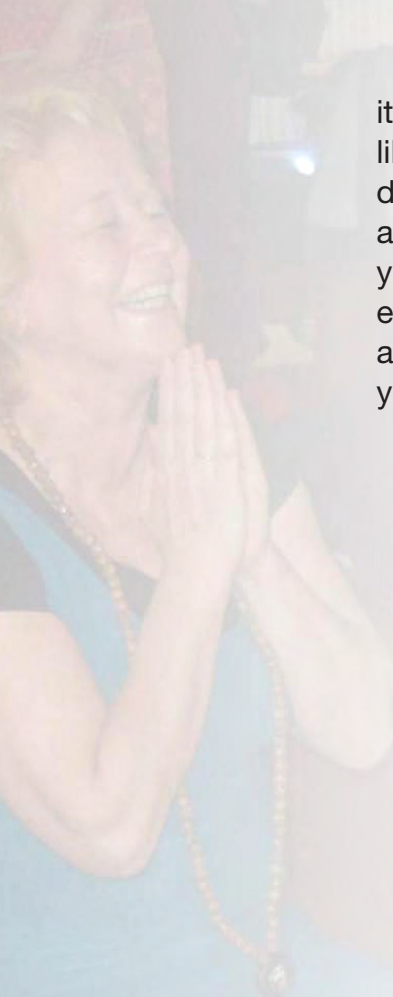
the moment you fall into the black hole
the first experience is the explosion of light
everything...even dark becomes light
there is no darkness anymore
because you have fallen into the black hole

from that dark space all you see is light
what you think is dark is immense light
because you have fallen into the black hole
from within the black hole everything simply explodes into light
psychedelic light

this light is so ecstatic
even orgasm is not the right word for it...it is too small
it melts you completely down
you melt...you become transparent...pure air...
it is so orgasmic you cannot absorb its ecstasy
most people who have experienced this have died of heart attack
their hearts have ceased
their skulls have exploded in delight
this is the experience of people who have fallen into samadhi
i nearly went mad
and actually i have become totally mad
i have stopped asking questions and i have dissolved myself
a new universe appears before me
nothing makes sense whatsoever

1 + 1 is 2...
then 1 + 1 is 5...ok
then you figure it out...it is 5...
1 + 1 becomes 22
now what to do with this ?
and then 1 + 1 is 66
now what to do ?
1+ 1 is 201...

all the answers are correct
because you are seeing the world in seven layers at once
you are seeing seven universes embedded in one
and each and every time it becomes more and more complex
in the end you do not know what to do
you simply give up
you become innocent
you say...i do not know anything
now show me the way



it keeps showing you different universes...different diagrams...
like crystals...a million and one directions...
different formations of life sources...
and it never ends
you do not see structures but light crystals
everything in the universe becomes crystalline and light
and everything has its own unique signature
you see the signatures of existence in light crystalline patterns

it is a different universe
like when you take a drug
you are living in holland
all of you are drug dealers and wheelers
it is a similar experience
everything is psychedelic
i have seen zillions of crystals floating in the universe
i am talking about human crystals...
animal crystals...plant crystals...trees...rocks
everything is a crystalline light wave
and i can say to you that no two look the same
they all have their own unique signature...
their own growth...their own pattern

you are bound to go mad because how you are going to identify
that this is a greater rock than the other one ?
that he is more miserable...he is less miserable ?
that he is the president and he is the prime minister ?
each soul has an individual unique light wave

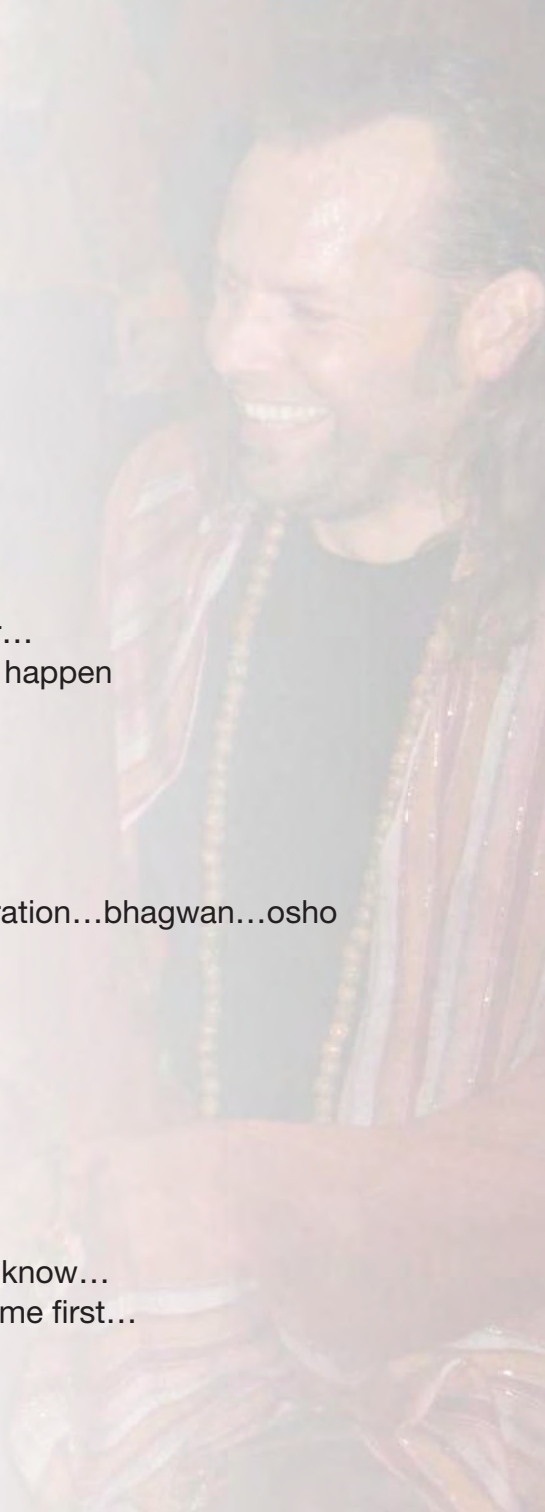
so i have dropped questioning
actually it dropped me
so whom am i to question ?
i am just a blind man seeing light wherever i go

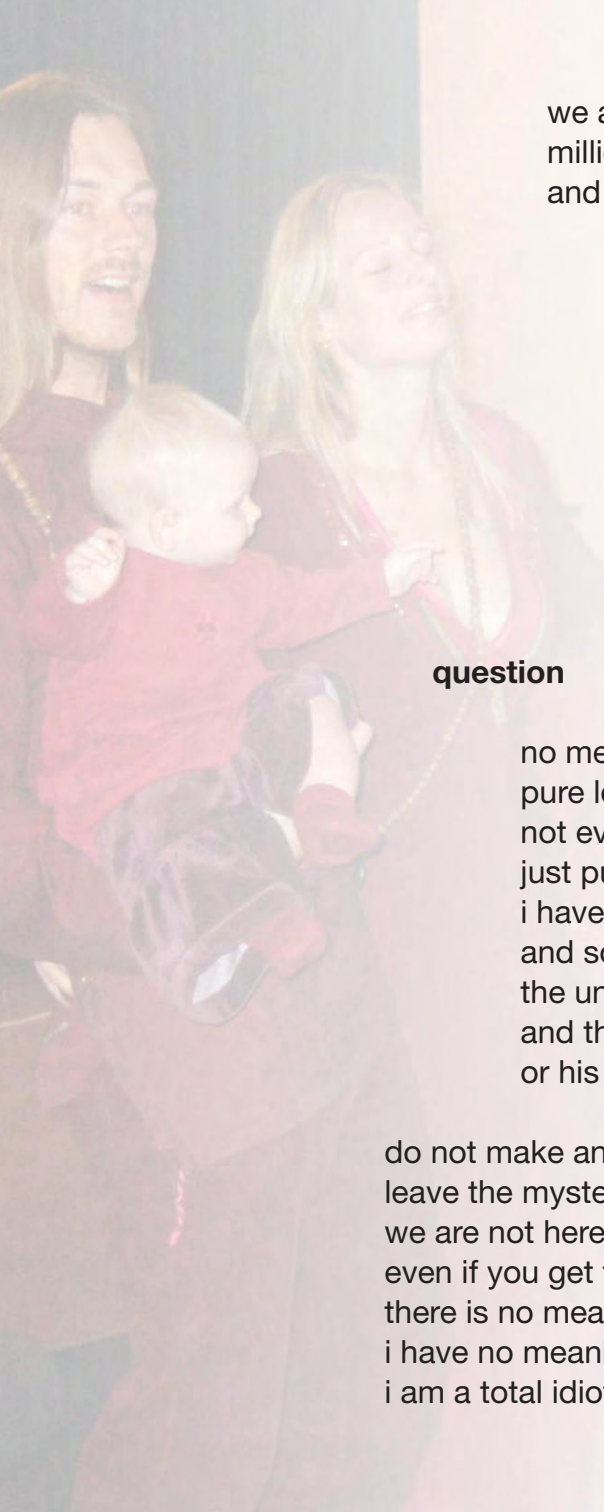
in the very beginning when i had these experiences
everything was so unique...day in day out...day in day out
but even that has become boring for me
now i understand

do not try to figure out anything
just find a way to get lost
how to get lost ?
how to dissolve ?
somehow get out of the way
and let truth take over
i am doing this every night
every night we are dancing
finding a way to get out and let it shower...
drowning...disappearing...and let things happen

we are going to celebrate...
a few new mad people are coming in...
we find mad people everywhere
we are drowned in this madness of love and life and celebration...bhagwan...osho
so beautiful to have this possibility not to know
can you see the eyes of the child ?
they know nothing...so beautiful
it makes you weightless

this whole weight of knowledge
is going to kill you
just say i do not know anything
i am utterly mad
this whole education system is training you to know...
to prove...to be worth...to do an exam and come first...
we come last
we want to go the other way





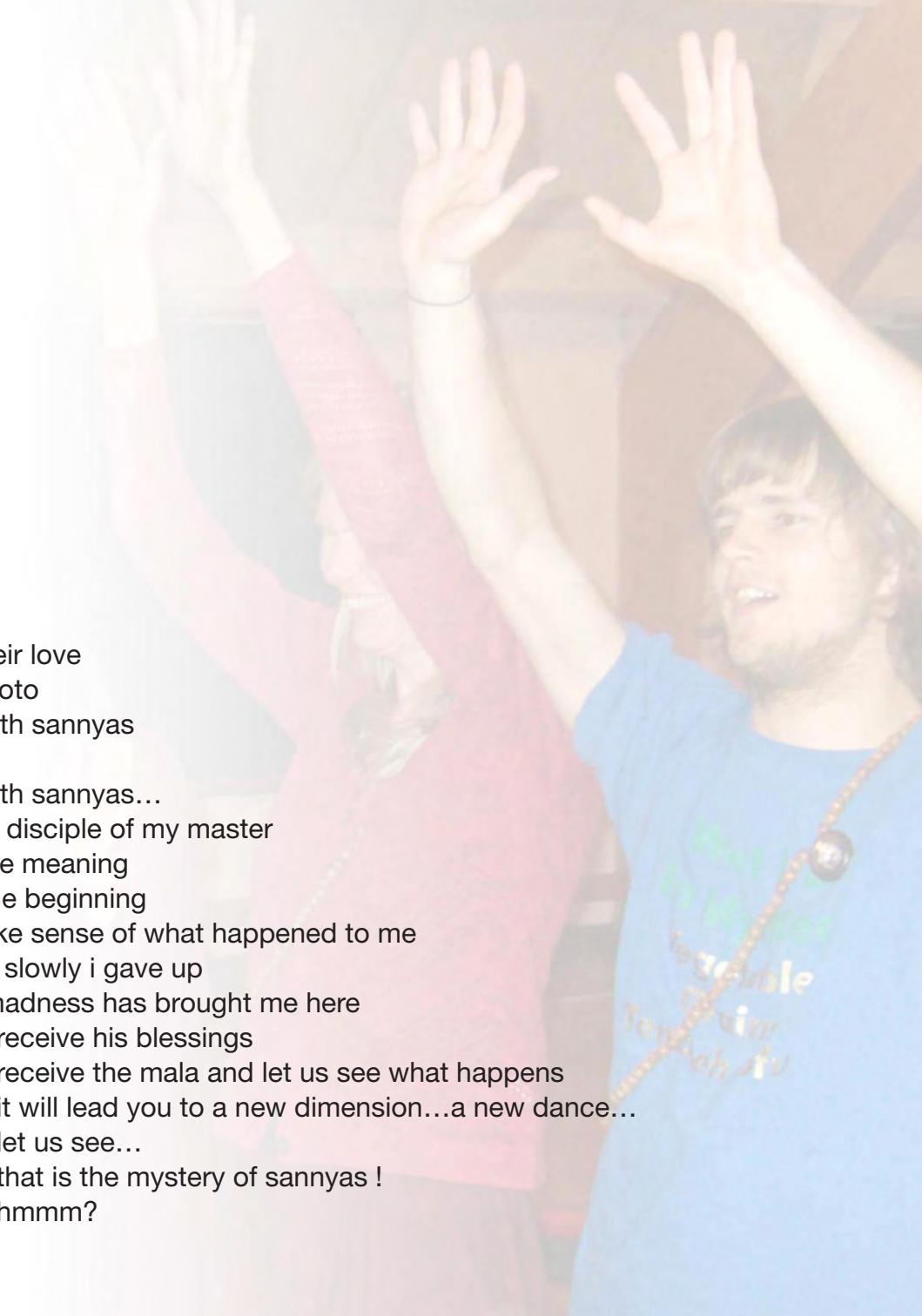
we are not moving like a herd
millions of people trying to attain...to achieve...to prove...
and what they will prove when they are in the grave ?
those who have not done anything
have found their immortal beings...their light
they look like innocent children...retarded...mad...
they are put into the lunatic asylum...
labelled insane...
this is the world

ishwara has a question...

question *what is the meaning of sannyas?*

no meaning
pure love...let us drop all meaning
not even searching for meaning
just pure love...madness...i just want to go mad
i have seen the eyes of this man
and something draws me to him
the unknown beckons
and this mala is going to remind me of his madness
or his sanity...whatever

do not make any meaning
leave the mystery open
we are not here to make any meaning in life
even if you get the meaning what you will do with the meaning ?
there is no meaning
i have no meaning
i am a total idiot...innocent...awakened...empty headed person



people come out of their love
they see bhagwans photo
i have nothing to do with sannyas
remember one thing
i have nothing to do with sannyas...
i myself am a drowned disciple of my master
i still have not found the meaning

i tried in the beginning
let me make sense of what happened to me
but slowly slowly i gave up
and that madness has brought me here
receive his blessings
receive the mala and let us see what happens
it will lead you to a new dimension...a new dance...
let us see...
that is the mystery of sannyas !
hmmm?

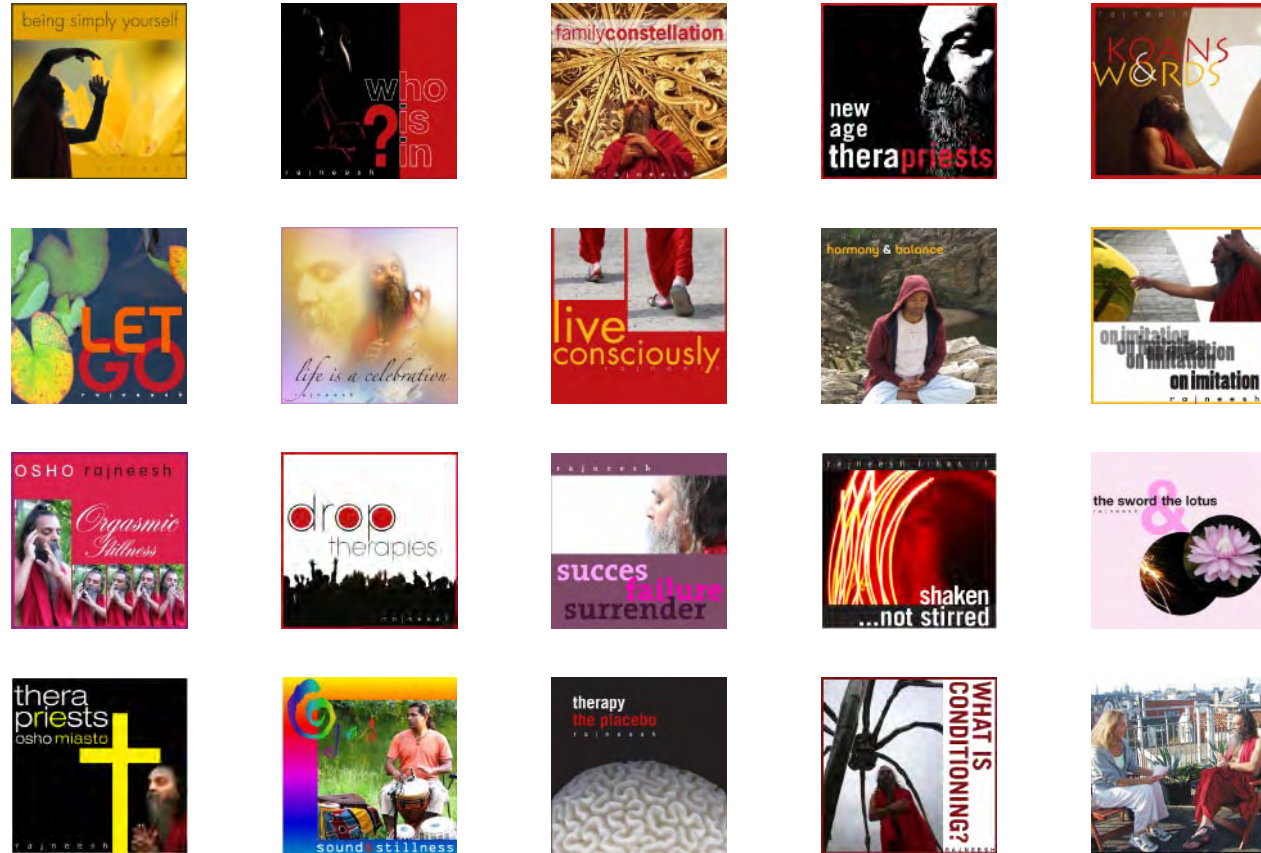
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